



YEAR 10 - 100 HOUR
INTEREST ELECTIVE
BOOKLET
2023

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YEARS 10 CURRICULUM 2023

Dear Parents and Students

GENERAL INFORMATION

We are pleased to provide details of elective courses for students in Year 10 at Coffs Harbour High School. This is an exciting time for students to explore their options and choose one of their subjects. Research conducted by the Department of Education around retention and engagement at school highlights the importance of electives and student choice when it comes to satisfaction at school.

There are intellectual and emotional benefits for students in choosing vocational and interest courses to gain variety and breadth in their education. Students are encouraged to **choose subjects which interest them** and which may contain areas of study and key skills in which they have shown ability. While there may be some advantage in the senior years to having studied courses in Years 9 and 10, the courses are not a prerequisite for senior study and students should not feel “locked” into a particular senior pathway while in Years 9 and 10.

This booklet contains a summary of course information and we encourage all parents to read these outlines with their children before deciding on their elective subjects.

NUMBER OF SUBJECTS

Students in Years 9 and 10 study compulsory or **CORE** subjects and were able to choose three **ELECTIVE** subjects in Year 9. The electives that run for two years are 200-hour courses and are a more detailed study of that subject. These two electives must be studied for both Years 9 and 10. The third elective, studied for 100 hours in Year 9, is then replaced with a new 100-hour interest elective for Year 10.

Students going into Year 10 will have the opportunity to select a new 100-hour interest elective while continuing with their 200-hour electives until the end of Year 10. This has been introduced to provide more choice for students in Year 10 and to encourage them to pursue their strengths and interests.

If you require further information about the elective subjects, contact the teachers indicated for each subject. Please contact the school on (02) 6652 3466 if you have any concerns.

Note: Any subject fees outlined in this booklet are anticipated costs and may be subject to minor alterations in 2021.

If a student selects a subject that has a fee, **it is expected** that the student will pay the fee.



How to select your electives

Steps:

1. Read descriptions of all elective options carefully.
2. Discuss your options with your parents/carers including any fees for these electives – these are **mandatory** to pay for materials used during the course.
3. If you or your parents/carers have any questions contact the school and ask to speak to the “contact person” for the elective.
4. Narrow down your options and select the following elective that you would like to study
5. All students will receive an individual e-mail (to their school account) with instructions on how to select your electives.



100 Hour Courses

The 100-HOUR courses will be studied during Year 10 in replacement of the 100-HOUR elective studied in Year 9.

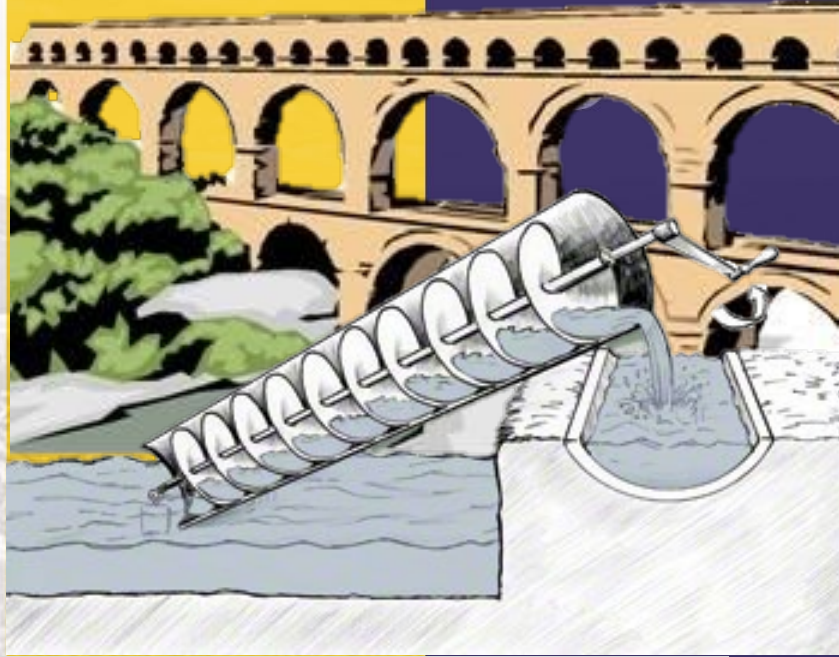


ANCIENT TECHNOLOGIES

100 HRS

ANCIENT TECHNOLOGIES will build understanding of the principles, evolution and sophistication of ancient technologies.

Key Learning Area: TECHNOLOGICAL AND APPLIED STUDIES



Topics: A selection of topics from the following list:-

- Da Vinci's World
- Roman Technologies
- Egyptian Technologies
- Mesoamerica Technologies
- Mechanisms and Security
- Mesopotamian Technologies



Additional information:

Students undertake theory and practical elements for this course



Course fees:

\$20/yr



Contact Person:

Ms A.Kay

Safety: All students must wear solid, covered shoes to participate in the practical work in this course.

Note: No weapons can be crafted or modelled in this course





COFFEE SHOP

100 HRS

Course aims:

Students will gain practical skills and experience working with foods suitable for coffee shops and special occasions.

This will be achieved by:

- Participating in practical activities
- Planning and developing foods suitable for serving in a "Coffee Shop"
- Serving beverages for morning teas

Topics in course:

Students will be covering:

- Choosing and making suitable foods.
- Costing out recipes and planning.
- Using the coffee machine.
- Presenting food and food photography.



Students will also need to have sturdy covered shoes, apron, tea towel and container to participate in practical lessons.

Key Learning Area: TECHNOLOGICAL AND APPLIED STUDIES



Additional Information:



Course fees:



Contact Person:

\$60

Mr Hardy



Safety: All students must wear solid, covered shoes to participate in the practical work in this course.





DRAMA

100 HRS

Course aims:

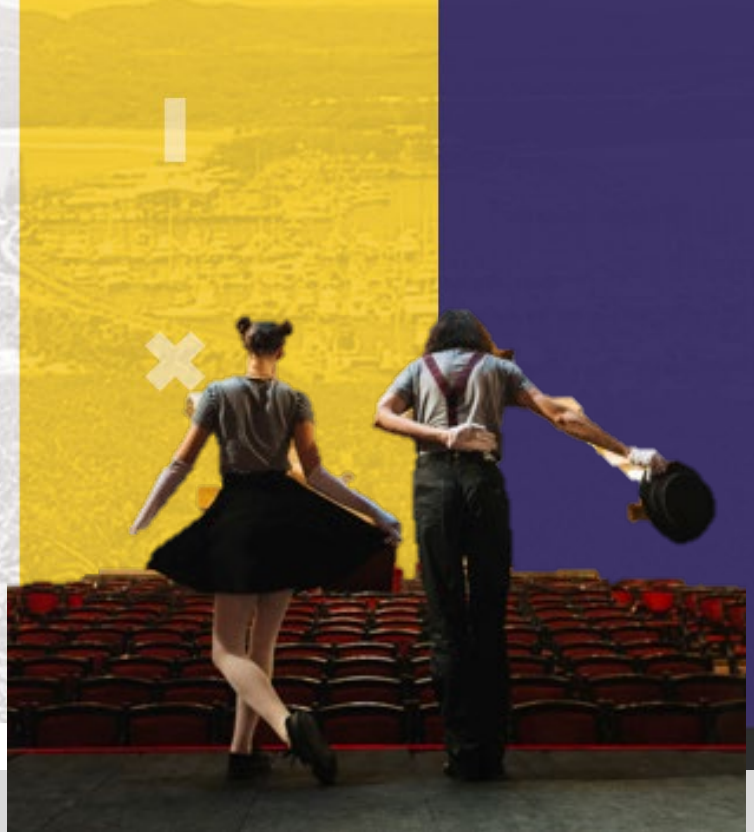
Drama is about fun, play, creativity and imagination. It allows students to embody characters from all time eras and from anywhere in the world. The major project for the 200-HOUR course is a student directed production.

Students develop knowledge, understanding and skills through:

- **Making** drama that explores a range of imagined and created situations in a collaborative drama and theatre environment;
- **Performing** devised and scripted drama using a variety of performance techniques, dramatic forms and theatrical conventions to engage an audience;
- **Appreciating** the meaning and function of drama and theatre in reflecting aspects of the human experience.

Topics in course:

- The Elements of Drama
- The Actor's Tools – body, breath and voice
- Improvisation and play building
- Dramatic forms, e.g. Comedy, tragedy, Street theatre, Indigenous theatre, mime, mask
- Performance styles, e.g. Realism and non-realism, musicals, melodrama
- Dramatic techniques and theatrical conventions
- Individual design projects such as set, lighting, costumes, advertising
- Drama Camps, Theatre sports Competitions and Excursions to see professional productions



Key Learning Area: CREATIVE AND PERFORMING ARTS



Additional Information:

Includes Drama T.Shirt



Course fees:

\$20



Contact Person:

Ms J.Rattenbury



FASHION DIVA

100 HRS

Course aims:

This course enables students to:-

- Build confidence
- Develop their creativity
- Acquire designing skills
- Improve manipulative skills
- Gain proficiency using commercial patterns

The first topic within Fashion Diva is an 'OpShop/Recycle Project' where an excursion is organised to local OpShop stores for students to purchase Textile items that they can re-create into something they desire. This topic includes gaining an understanding of the elements and principles of design and how designs can be both aesthetically appealing and functional. During this time students will refresh their knowledge of basic machine techniques and gain an understanding of creative and decorative techniques that they may choose to use within their 'OpShop/Recycle Project'.

The second garment, 'Pattern Project' allows student to choose a garment of their choice to construct. During this second unit, the students will focus on the Australian Fashion Industry. Learn to sew in a relaxed atmosphere with experienced teachers.

Key Learning Area: TECHNOLOGICAL AND APPLIED STUDIES



Additional Information:

Students will need to purchase their own fabrics



Course fees:

\$20 +



Contact Person:

Mrs J.South

Safety: All students must wear solid, covered shoes to participate in the practical work in this course.





FOOD FOOD FOOD

100 HRS

Course aims:

Students will gain practical skills in designing, producing and displaying food for specific purposes. This will be achieved by:

- Participating in practical activities
- Designing solutions for specific food purposes
- Researching and preparing foods from other cultures

Topics in Course:

Students will be covering:

- Food presentation and photography
- New food product development
- Celebrating with food



Key Learning Area: TECHNOLOGICAL AND APPLIED STUDIES



Additional Information;

The course is a combination of theory and practical tasks



Course fees:

\$50



Contact Person:

Mrs J.South

Safety: All students must wear solid, covered shoes to participate in the practical work in this course.



HISTORY HAPPENING

100 HRS

Course aims:

Students will develop the following skills:

- a knowledge and understanding of history and historical inquiry
- a knowledge and understanding of past societies and historical periods
- skills to undertake the processes of historical inquiry
- skills to communicate their understanding of history

This elective is offered for students who have a genuine interest in all things historical! It is designed to challenge inquisitive students and to extend their skills in preparation for senior history studies.

Through a series of case studies, we investigate the issues relating to how history is constructed and discover why the same event might be interpreted in different ways.

There is an opportunity for students to conduct their own historical inquiry into any topic of their choosing.

Topic 1

Constructing History
Can you trust historians?

Topic 2

Ancient, Medieval and Early Modern Societies.

Topic 3

Thematic Studies, *Controversial crimes, Ancient mysteries, Contemporary conflicts*



Additional Information:.

This elective is offered for students who have a genuine interest in all things historical!



Course fees:

\$0



Contact Person:

Mr S.Donald



JETTY GEOGRAPHY

100 HRS

Course aims:

This elective will focus on the study of local geography in the Coffs Harbour Jetty area. This will encompass two main sections: **Salt and Fresh**.

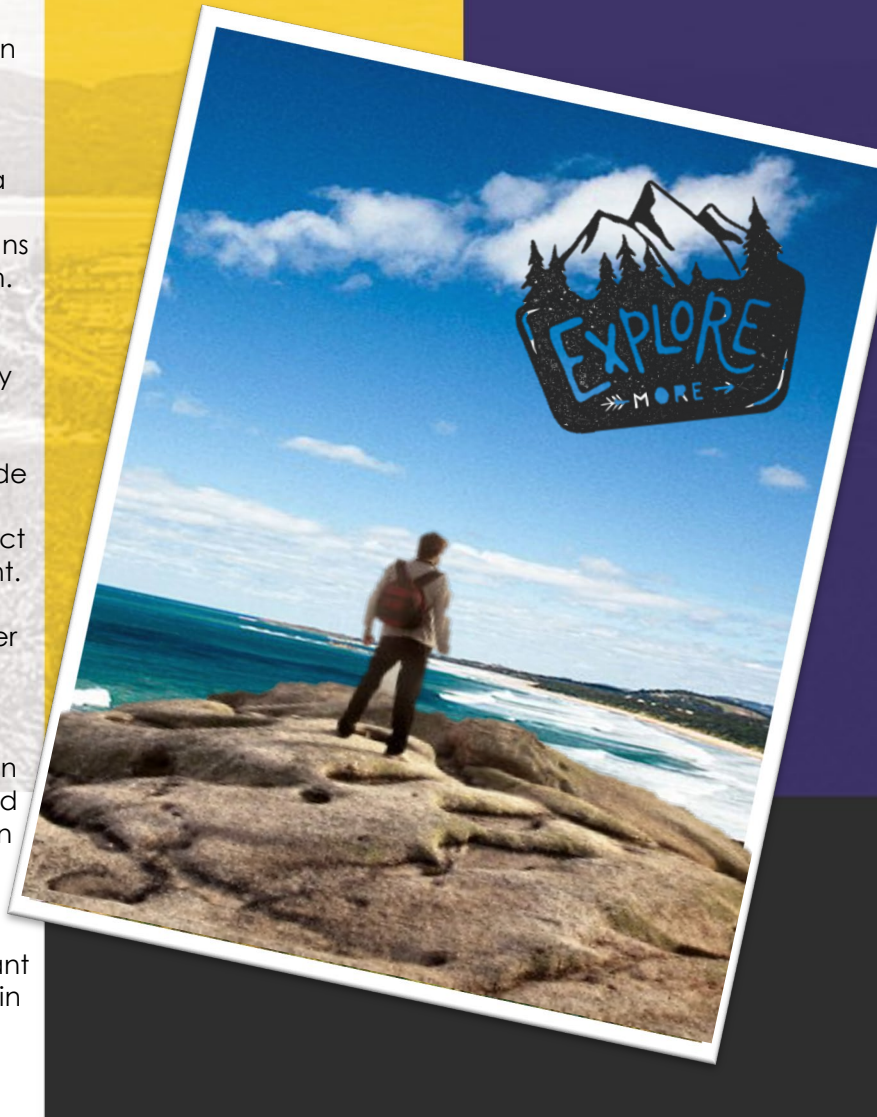
- **Salt** will look at the study of Oceanography where there is a focus on the features and importance of the world's oceans and issues associated with them.
- **Fresh** will investigate our local creek and river systems, primarily focusing on the Coffs Creek.

It is envisaged that this course will include a practical component, involving fieldwork that will give the students direct interaction with the natural environment. Field work will take a number of forms including the measuring/testing of water quality and assessing the health of coastal environments.

In addition, students will need to take an active citizenship role in getting involved in regenerating or maintaining a section of native vegetation within the local catchment area.

Guest presenters/instructors from relevant agencies will also provide a link to jobs in this field, for example NPWS, CMA, CHCC.

Key Learning Area: HUMAN SOCIETY AND ITS ENVIRONMENT



Additional Information:

A fee has been included to contribute towards facilitating geography related recreational activities.



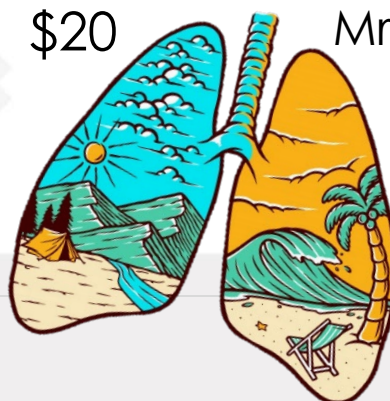
Course fees:

\$20



Contact Person:

Mr R.Hardie-Porter





METALWORK

100 HRS

Course aims:

Students will gain experience in -

- Efficient and safe use of hand tools, power tools and machines
- Modifying the design of a project to suit a particular purpose
- The completion of projects and related assignment sheets
- The cooperative and safe use of workshop facilities
- Computer aided drawing

Key Learning Area: TECHNOLOGICAL AND APPLIED STUDIES



Topics in course:

Practical projects are based around various metalworking processes. Processes taught include: Safe use of tools, sheet metal work, metal fabrication, metal machining (using the Lathe), OXY welding, and forge work.

Year 10 students will construct a number of selected projects using a range of materials and processes which includes a Coat Hook, G-Clamp, Tool Box, Carry Tray, Centre Punch, Garden Spade and the forged hook (blacksmithing).



Additional Information::



Course fees:



Contact Person:

\$50

Mr J.Myles

Safety: All students must wear solid, covered shoes to participate in the practical work in this course.



PAINTING AS AN ARTFORM

100 HRS

Students will create paintings using a variety of painting mediums and techniques. This will include -

- watercolours
- oils
- acrylics
- painting on board, paper and canvas,
- brushes and palette knives
- aerosols and airbrushing
- murals and school beautification projects

A variety of genres will be explored including –

- Portraits
- Landscapes
- Still lives
- Abstract
- Fantasy
- Interiors
- Fauna and Flora

In Term 4 students will produce a major Body of Work and create an exhibition of their work.

Theory:

Students will study various styles of practicing artists as a source of inspiration when planning and creating their work.

Course Aims:

Through the making and studying of art works this course will develop the students visual awareness and communication skills through investigation, observation, imagination, interpretation and evaluation in response to his/her environment.

The course is designed as an extension to the Visual Art and Visual Design course or anybody who has an interest in painting.



Key Learning Area: CREATIVE AND PERFORMING ARTS



Additional Information:

Includes Visual Arts Process Diary



Course fees:

\$50



Contact Person:

Ms J.Margetts
Ms A.Carr



PASS: Improving Performance

100 HRS

Key Learning Area: PERSONAL DEVELOPMENT, HEALTH & PHYSICAL EDUCATION

Course aims:

The aim of PASS: Improving performance is to enhance the student's understanding of the way the body works in relation to fitness and sports participation. This will be achieved through extensive fitness based practical activities that are designed to challenge even the fittest of student. Within theory lessons, students will learn how the body works and how to improve body function so an improvement in sports participation is achieved. **Full participation in all practical activities is a mandatory component of this course.**

Topics in Course:

Students will participate in fitness activities that will:

- Enhance Participation and Performance.
- Develop an understanding of physical activity versus physical fitness
- Develop physical fitness
- Utilise fitness measurement and evaluation



Activities will include:

High intensity practical based activities, Weight sessions at the gym, Plyometric activities at Jetty Beach and Continuous and Interval based training



Additional Information:

Appropriate sport uniform including sport shoes, drink bottle and towel.



Course fees:

There will be ongoing compulsory costs associated with attending outside sporting venues and activities. Approximately \$3 to \$15 depending on activities chosen.



Contact Person:

Mr C.Field





PERFORMANCE GROUP/MUSIC PRODUCTION

100 HRS

Course aims:

- This course is designed for students who would enjoy performing in small ensembles, as well as students with an interest in Live Sound and Lighting Production.
- Priority will be given to students who are enrolled in the 200hr Music Elective Course, however this is not a prerequisite.
- Students choosing this subject must either sing or play a musical instrument and/or have an interest in Live Sound and Lighting Production.
- Students will get the opportunity to write and perform any songs they wish, as well as their own compositions using technology. Students will also get the opportunity to set up and operate live audio sound systems as well as work with and maintain Lighting and Audio systems and equipment.

Key Learning Area: CREATIVE AND PERFORMING ARTS



Additional Information:

This is a course for students wanting to grow the performing arts capabilities of CHHS.



Course fees:

✕ \$0



Contact Person:

Mr S.Smith



PHILOSOPHY

100 HRS

Philosophy is essentially the study of ideas about knowledge, morality (right and wrong), and the value of things. It provides us with the tools to examine our lives and the world in which we live and deals with questions that have fascinated humankind for thousands of years. These questions include: What is Truth? What does it mean to be Human? What is Ethical? How do I know what is Real? What is the Meaning of Life? If a tree falls in the forest and nobody hears it, does it make a sound?

Course Aims:

This course is a challenging and stimulating study, which nurtures curiosity, problem-solving skills, open-mindedness and intellectual rigour and equips students with the ability to analyse and contribute to a range of twenty-first century debates about the world.

The course will provide opportunities to learn about key philosophical ideas and movements, and to study influential thinkers who have impacted history, culture, literature and life itself (such as Plato, Descartes, Locke, Nietzsche and Sartre).

Topics covered:

- Introduction to Philosophical Thinking
- Knowledge, Belief and Truth
- Philosophy of the Mind: Being and Reality
- Existence, Freedom and Choice
- Ethics: Rules, Consequences, Virtues

Key Learning Area: ENGLISH



Additional Information:

Students will also have the opportunity to undertake an independent research project exploring the philosophical area of their own choosing.



Course fees:

\$0



Contact Person:

Ms A. Montgomery





VISUAL DESIGN

100 HRS

Topics in course:

The course is predominantly practical with Units of Work being designed around ceramic and sculpture techniques. All units will allow students to express their own creative ideas and styles.

Key Learning Area: CREATIVE AND PERFORMING ARTS

- Ceramic garden Sculptures
- Slab pots such as lidded boxes and vases
- Functional ware e.g. teapots, bowls and platters.
- Slip casting
- Mosaics
- Carving Hebel Brick
- Found Object Assemblage
- Making pots on the pottery wheel
- Large Coil pots
- School beautification projects such as a Sculpture garden and mosaic murals.

Students will get the opportunity in Term 4 to design and create a 3D project of their own choice that displays the skills they have learnt throughout the course. Students will also work collaboratively in groups to create 3D projects for the school environment.



Course Aims:

This course will give students the opportunity to explore a variety of techniques and materials to create 3D Forms ranging from functional ceramic forms to creative garden sculptures.



Additional Information:

Includes Visual Arts Process Diary



Course fees:

\$50/yr



Contact Person:

Ms J.Margetts
Ms A.Carr



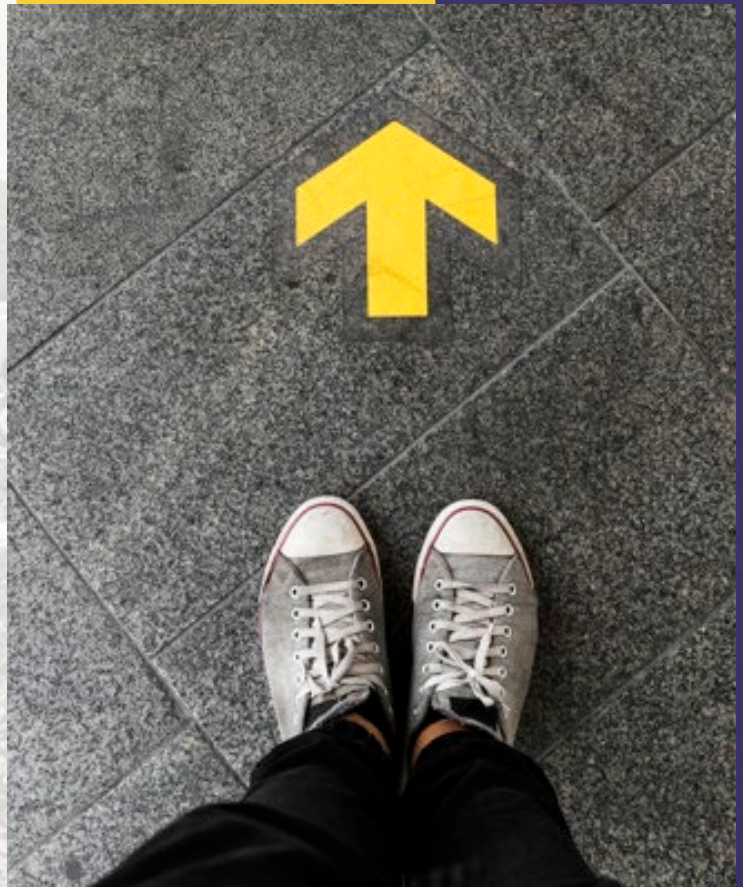


WELCOME TO THE REAL WORLD

100 HRS

This interest elective course is designed to give you a head start to all the stuff you will need to kick start your independent lifestyle. You will learn how to:

- Grow and cook your own food from scratch
- How to fix all sorts of stuff so you don't need to pay tradies and repairers
- How to make stuff so you don't need to buy it all the time
- Feed yourself awesome meals cheaply and easily and save heaps
- Keep you on the road by knowing how to repair and maintain your wheels (bike, car, etc.)
- How to start up and run your own business (which we will give you the cash to do!)
- Use instaFaceTubebook to raise your profile and make you rich



Key Learning Area: TECHNOLOGICAL AND APPLIED STUDIES

This is a practical, hands-on course to help you hit the ground running in your independent world. We will show you how to save money, live well and even how to make some cash at the same time! This is not for boys or girls, it's for anyone who wants a head start in life!

If you want to live well, be happy, save some money and learn some of the secrets to life, (not really, they aren't secret but they are not very well known!) this is for you. We will be active, we will be busy and we will be able to customise lots of the program to suit what interests you.



Additional Information:

Students will be expected to wear sturdy closed in shoes during practical activities.



Course fees:

\$20



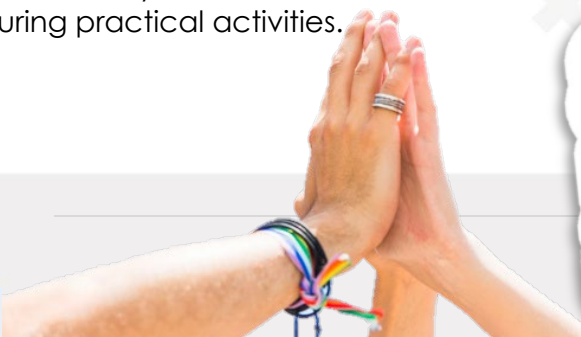
Contact Person:

Mr S.Hardy

adulthood

[ad-uhlt-ing] *noun.*

The practice of behaving in a way characteristic of a responsible adult, especially the accomplishment of mundane but necessary tasks.





How we form classes:

Wherever possible students will receive their elective choices,

HOWEVER:

1. Students who complete the Elective Subject Selection survey on time get first preference for the spaces in more popular classes.

GET YOUR CHOICES IN ON TIME!

2. If an elective does not have enough students to run or has too many, we will look at the other preferences that students have nominated.

MAKE SURE YOU HAVE CHOSEN
SECOND AND THIRD PREFERENCES

Should you require further information, please contact:-

Kai Lawson

YEAR 10 ADVISER 2023

Phone: 6652 3466

Email: coffsharb-h.school@det.nsw.edu.au