

COFFS HARBOUR HIGH SCHOOL

Cnr Edinburgh & Nile Streets, Coffs Harbour, NSW, 2450 Telephone: 02 6652 3466

QUALITY EDUCATION SINCE 1938

NEWSLETTER

TERM 1, WEEK 11

11 APRIL, 2025

FROM THE PRINCIPAL

Term 1 has now come to an end and so it is my hope that all our staff and students are now heading into a relaxing break, which will include the Easter and ANZAC long weekends, and so no doubt lots will be happening. Our school will be participating in the ANZAC march on the Friday of week 2 of the break, and I am looking forward to marching with our students again this year. Over the break, I will also be meeting with our asset management unit to undertake a handover of our new industrial kitchen facility, meaning that we will be returning next term with our Hospitality students able to access industry-standard learning facilities. Most parents would not be aware that our Vocational Education and Training teachers are required to maintain constant training and updating of their qualifications and experience to keep teaching these courses, including industry work placement and weeks of training away from their families in Sydney. It is only fitting that we match such a high standard of training and commitment with an equally high standard of facilities to deliver the best possible level of education for our students.



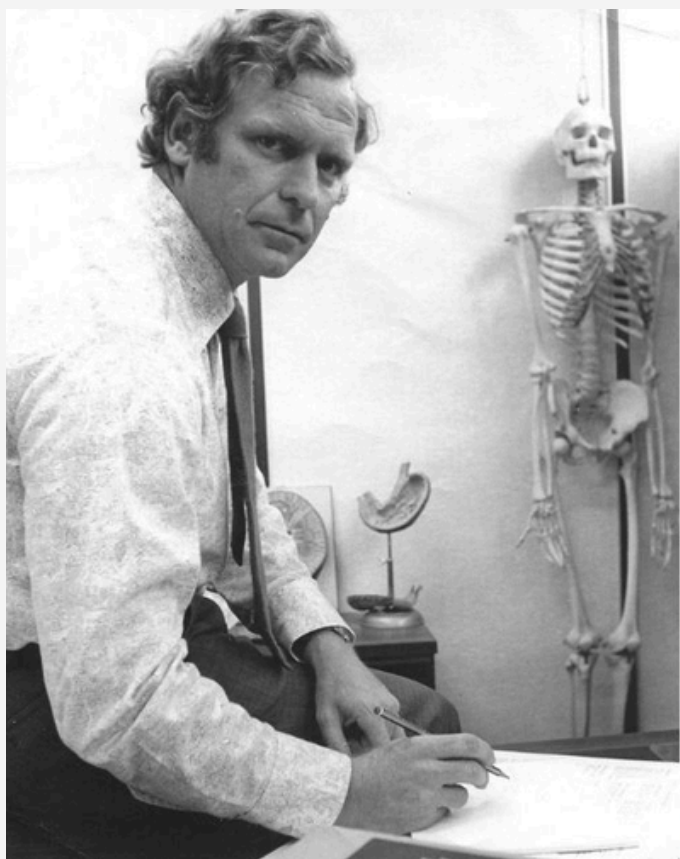
ANZAC DAY
Let's We Forget

Of course, one of the main outcomes of high-quality facilities and teachers is that we nurture and develop high quality students who go on to be highly successful adults. One such student is Rhiana Connors, our school Dux for 2024, and it was my privilege to acknowledge her achievement at our formal assembly earlier this term. Rhiana was the Dux of the Year 12, class of 2024. She topped all her courses at school, which included Advanced English, Mathematics Standard, Design and Technology, Community and Family Studies and Visual Arts. Rhiana went on to achieve our top results in the HSC and is going on to study to become a teacher – something we definitely need more of. Congratulations Rhiana!



FROM THE PRINCIPAL

In speaking of the achievements of our past students, our school has had several students move on to make significant contributions to our country and our society. The school maintains a “Hall of Fame” featuring several famous and successful ex-students, and so I wanted to make parents aware of another famous ex-student who will also be joining our Hall of Fame. Peter Reichenbach OAM, Dip PE, BSc, MSc, PhD (1934 – 2023) attended Coffs Harbour High School from 1949 – 1951 and went on to make a significant contribution to Physical Education and Sport. Peter became a teacher after leaving school before moving on to study at the University of Oregon in the US, where he eventually completed his PhD in 1972. He then returned to Australia to create and establish a degree course in Physical Education before being appointed as the Dean of Biomedical and Health Science and Head of Anatomy and Physiology at the Royal Melbourne Institute of Technology (RMIT). Peter went on to serve as the Chairman of the State Sports Council, the Olympic Park management Board, as Vice President of ACHPER and as a founding board member of the Victorian Institute of Sport. He was awarded the Order of Australia Medal in 1998 and the Centenary Medal in 2001 for contributions to Physical Education and Sports Science and the community. Peter is a fitting addition to our Hall of Fame.



Finally, a reminder to all students and parents/carers that all students return to school on Wednesday 30th April. We will begin the day with a whole-school assembly and roll call in the hall for Years 7 -11 (Year 12 will attend their normal roll call rooms).

Thank you

Peter South
PRINCIPAL

IMPORTANT DATES

11 April	Last Day of Term 1
28-29 April	Term 2 Staff Development Days-Pupil Free
30 April	All years, Return to School
9 May	Australian Geography Competition
12-14 May	Year 7 Camp
4 June	Yr11 Biology Study Day-Botanical Gardens
6 June	Athletics Carnival
12 June	Zone Athletics Carnival
16 June	Yr10 Vaccinations
1 July	MNC Athletics
4 July	Last day of Term 2
21 July	Term 3 Staff Development Day-Pupil Free
22 July	All years, Return to School

P and C Report

At Coffs Harbour High School, our P&C is dedicated to fostering a supportive and inclusive school community where every member can contribute to the success and enjoyment of school life of our students.

Our monthly meetings are held on the 1st Monday of each month at 7pm. Our next one will be Monday 5th May 2025.

We encourage all parents and guardians to attend these meetings to learn more about our activities, share ideas, and get involved in shaping the future of our school community.

Joining the P&C is a fantastic way to stay informed about school events and activities, connect with other parents, and make a meaningful contribution to our school community. Remember that we operate the school canteen with dedicated employees, ensuring that our students have access to healthy and delicious food throughout the day, so therefore we don't need to fundraise. Instead, we focus on creating opportunities for parents to get involved in decision making processes, provide input on school policies, and support initiatives that enhance the educational experience of our students.

For more information on how to join the Coffs Harbour High School P&C or to get involved, please contact CHHS front office or email P&C chhspandc@gmail.com

We wish Students and staff a relaxing break.



Place your canteen orders online with **Spriggy Schools**

We are excited to announce the introduction of a new online lunch ordering system called Spriggy Schools on 13 November 2023.

Spriggy Schools will make lunch orders more convenient for both families and the canteen.

Steps to get started:

1. Go to www.spriggyschools.com.au to register and download the app.
2. Add a profile for each of your children, making sure you select COFFS HARBOUR HIGH SCHOOL and your child's class.
3. Start placing lunch orders!

If you have any questions, please contact Spriggy Schools via their website.

Janet Austin
P&C PRESIDENT

CONNECTING TO COUNTRY



Connecting to Country is an Aboriginal community cultural awareness teaching program. This program provides a cultural conduit between the NSW teaching fraternity and Aboriginal peoples and communities. These staff were privileged to spend three days learning about many aspects of Gumbaynggirr culture including song lines and dreaming, local places of spiritual significance, bush foods, ancient tools, language and kinship. They also listened to personal stories of pain and devastation of past policies and practices of Governments and learning systems and were inspired by the strength and survival and hope for future generations. The staff that went commented that the experience was memorable, valuable and inspiring, learning from Uncle Tony on Gumbaynggirr land.



Staff members: Nathan Canney, Rachel Murray, Elka Ewings and Peter Uikelotu

MUSIC

A big thank you to former CHHS student Esther Ganer and her family for donating their upright piano to Coffs Harbour High School, before their big move to Germany. It is greatly appreciated!



Simon Smith
MUSIC TEACHER

Mid North Coast Science and Engineering Challenge (SEC)

On Tuesday the 8th of April, 2025, 27 CHHS students travelled to Woolgoolga to compete in the annual Mid North Coast Science and Engineering Challenge (SEC).

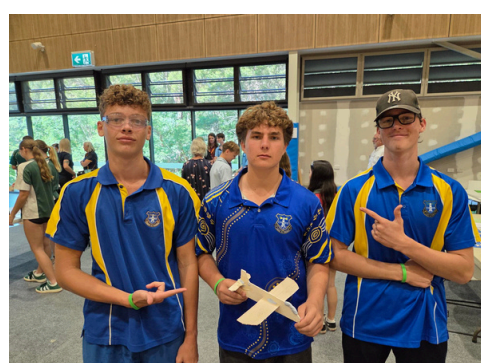
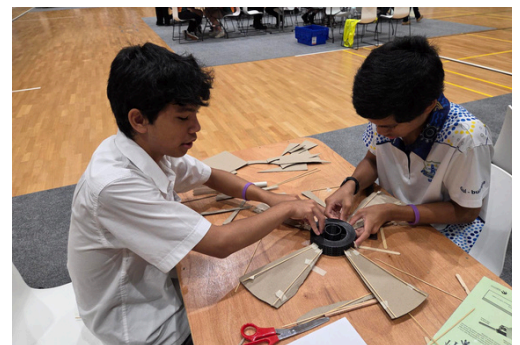
They were in a battle up against 7 other schools, including: Maclean, Grafton, South Grafton, Woolgoolga, Orara, Toormina and Bishop Druitt College.

The day started off as more than a challenge for some groups, but once they understood the tasks, they worked well as teams to be placed first at the half way mark after calculating the totals of 6 challenges until the lunch break.



The second half rotations saw even more confused students scratching their heads wondering what they had got themselves into at the SEC. Several groups excelling in efficiency and completed their tasks ahead of schedule and to a high standard.

At the end of the day there were two full day activities, the Eco-Habitat and the Bridge Building. CHHS's Eco-Habitat group faired well in the majority of the scoring categories to finish in the top three, but it all came down to the final bridge weight and strength testing.



Chris Hoza, Nathan Clarke, Gurtej Singh and George Fletcher were the engineering's who designed and built the "Jetty Bridge". They were the only group that succeeded to test the 4.5kg "bridge buster" weight, taking out the bridge building task.

But, it would all come down to the final combined calculations of all 14 tasks.

Coffs Harbour High School, once again, takes out the Science and Engineering Challenge for 2025!



It must be noted that many of the SEC volunteers commended CHHS students on their uniform, behaviour, teamwork, manners and overall general participation throughout the whole day. An absolute credit to all the students who represented CHHS at the 2025 Mid North Coast Science and Engineering Challenge.



On Friday the 21st of March the Opens Girls Touch Football team travelled to steamy hot South Grafton to play in the MNC Knockout and for selection for the MNC team.

In the first match the eleven-player squad came up against South Grafton High school and quickly put on a 4 try spree thanks to the great leadership from the captain Shalarra Craig. Coffs Harbour HS took out that game comfortably 7 tries to 4.

In the second game of the day, they came across a fresh Woolgoolga HS, a team made up of a squad of 14 girls, with more than half of them playing in the area's representative teams. The Woopi girls crossed for the first two tries. This made it difficult for the Jetty girls to make a come back, considering that they had already played a tough match previous to taking on the competition favourites. Woopi ended up taking out the match 6 tries to 2, with the Jetty girls showing true grit and spirit holding strong in defence, but missing a few scoring opportunities.

The final match of the day saw Jetty High take on Toormina HS. Thanks to sizzling tries from Selma and Tess, Jetty got an early two try lead. They had a few miscommunication errors which saw Toormina score two tries. But, that did not stop the girls running away with a nice win, beating Toormina 5 tries to 2.

Coffs Harbour High School came out third overall on the day and had five players chosen to play in the possible and probables match. A massive congratulations to Layci Teale, Savannah Stephens and Isabel Kelly in making through to the Mid North Coast Open's Girls team who will represent in South Grafton on Friday the 4th of April.

Congratulations must be given to every player from Coffs Harbour High School for displaying excellent behaviour, sportsmanship and commitment for the entire tournament.

It must be noted, that eight of the eleven girls in the team also played in the local touch competition grand finals on Monday the 24th of March. Each of the respective teams lost to more experienced teams two tries to three.

Mr C. Hundle
SCIENCE TEACHER/TEAM COACH



2025 Coffs Harbour High School Open Girls Touch Football Team



SRC Report

As Term One comes to a close, it's a great opportunity to reflect on the achievements of the term.

We recently held a BBQ fundraiser, raising \$282.50 for our chosen cause, Birthing Kits Australia. A huge thank you to Coffs Harbour High School (CHHS) for supporting the SRC and this incredible organization. We're excited to continue supporting this charity, as we did last year, and are committed to making a difference once again.

Birthing Kits Australia is a humanitarian organization that provides birthing kits and education on clean birthing practices to women giving birth in remote regions of the developing world. While we are fortunate in Australia to have access to hygienic and safe birthing practices, many mothers around the world face far greater challenges.



Our fundraising efforts will go directly toward purchasing and packing birthing kits, which will be distributed to areas in need globally. Zonta has informed us that the kits packed by SRC last year have already made a significant impact. These kits were sent to women in the Democratic Republic of Congo, Nigeria, Zimbabwe, and in the Pacific Islands, including the Solomon Islands, Kiribati, and Papua New Guinea. For these women, one kit can truly mean the difference between life and death.

This year, our goal is to raise at least \$1,000 over the next few terms, enabling us to purchase 200 birthing kits. We're excited to continue making a meaningful difference in the lives of women around the world.



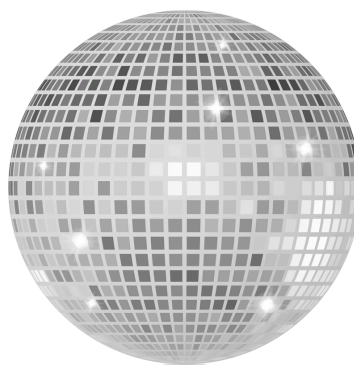
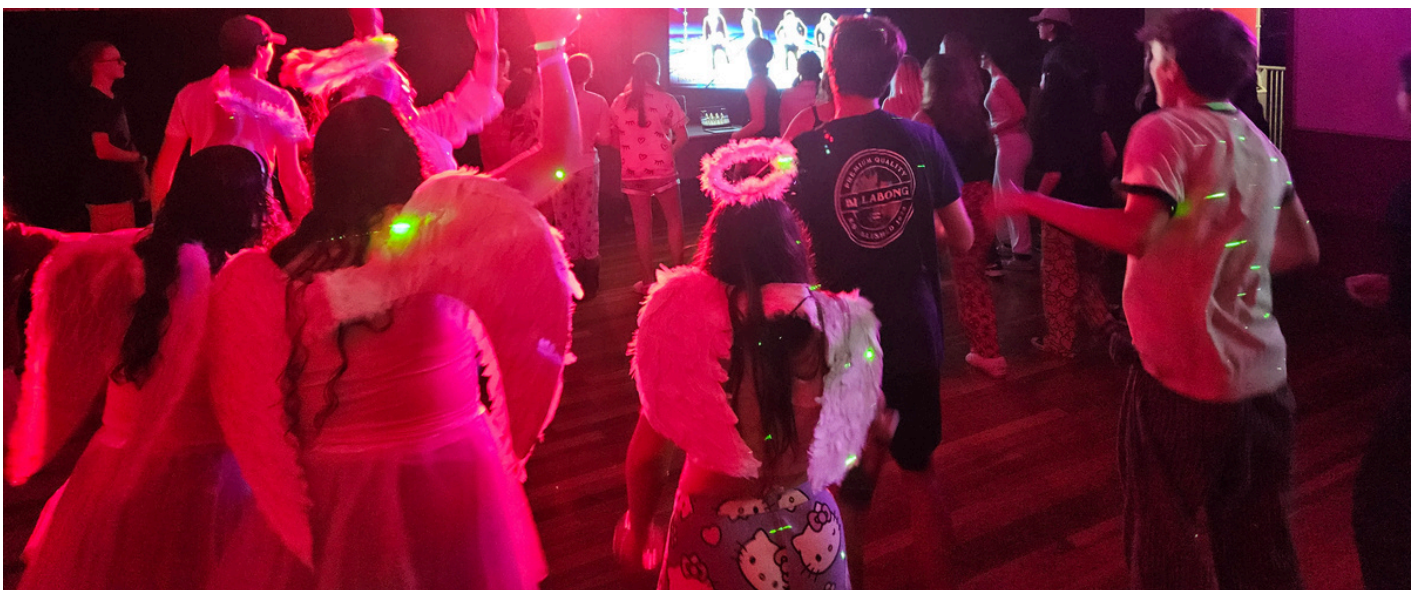
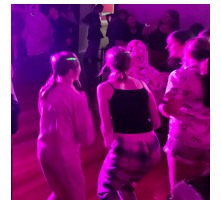
[Birthing Kit Foundation Australia](#)



SRC REPORT

In Week 10, we also held a School Social, with the theme “Pyjama Party.” It was fantastic to see both students and staff dressed in their favourite PJs. A huge thank you to the staff for their support in making the event a success. It was a wonderful evening filled with fun and memories.

We encourage all students to take part in the extracurricular activities offered at CHHS. These events are a great way to get involved, have fun, and contribute to causes that matter.



Harmony Day Assembly

On Friday 21st March we celebrated Harmony Day with a Harmony Day Assembly showcasing some of our diverse cultures at Coffs Harbour High School.

Harmony Week is a time to celebrate Australia's rich multicultural heritage and the successful integration of migrants into our society. As one of the world's most successful multicultural nations, Australia takes pride in its diversity, and Harmony Week reminds us of the importance of inclusiveness, respect, and belonging.

In schools and communities, we celebrate the shared values that unite us—honouring the traditional custodians of the land and embracing people from diverse cultural and religious backgrounds. The message of Harmony Week, "Everyone Belongs," encourages active participation in the community, respect for cultural diversity, and fostering a sense of belonging for all.

These celebrations provide an opportunity to reflect on how our differences make Australia a great place to live.

Did You Know?

- Nearly half (49%) of Australians were born overseas or have at least one parent who was.
- Australians identify with over 300 different ancestries.
- Since 1945, more than 7.5 million people have migrated to Australia.
- 85% of Australians believe multiculturalism has been beneficial for the country.
- Apart from English, the most commonly spoken languages in Australia are Mandarin, Arabic, Cantonese, Vietnamese, Italian, Greek, Tagalog/Filipino, Hindi, Spanish, and Punjabi.
- More than 70 Indigenous languages are spoken across Australia.



By embracing cultural diversity and promoting harmony, we strengthen the social fabric that makes Australia a welcoming and inclusive nation



International Women's Day Breakfast

On Wednesday 19th March a group of students and staff attended the IWD breakfast at Coffs Harbour Racecourse. It had postponed due to the impending arrival of Cyclone Alfred.

We were inspired by Keynote speaker Michelle McFayden to always keep moving forward to achieve your goals



Janet Austin
School Learning Support Officer
SRC Coordinator

NETBALL GALA DAY

On an exciting and action-packed day, Coffs Harbour High School proudly entered four teams in this year's Netball Gala Day, marking a first for our school as we participated in every division! We fielded a Year 7/8 girls' team, a Year 7/8 boys' team, a Year 9/10 boys' team, and a Year 9/10 girls' team—showcasing the talent and commitment across all year groups.

Our two junior teams—comprised of both Year 7/8 girls and boys—were made up of mostly new players. These teams gave it their all, learning and improving throughout the day as they gained valuable experience in the sport of netball. We are incredibly proud of their enthusiasm and determination!

Our experienced Year 9/10 girls' team had a standout performance, playing well in the carnival and securing a series of wins alongside a few narrow losses. These games provided them with the opportunity to play in the finals, where they faced off against the top-ranked school. After a hard-fought match, the girls narrowly lost despite leading at half-time, pushing their opponents to make significant changes in the second half. Their resilience and competitive spirit were truly impressive.

The highlight of the day came from our Year 9/10 boys' team. Their energy and enthusiasm were unmatched, and after several years of participating in this event, a few of the boys finally got the chance to compete as Year 10s, alongside some Year 9s. The team ended the day undefeated, securing their spot at the next level of competition. Their performance was nothing short of spectacular!

A massive congratulations to all the teams for their dedication, skill, and sportsmanship. Special thanks also go to our fantastic staff and volunteers—Olivia, Sarah, Annelies, and Colleen—whose support made this day possible. We couldn't have achieved such success without all your help, and we are incredibly grateful for everything you did to ensure the event was a success.

We look forward to more thrilling netball experiences in the future!

Well done, Coffs Harbour High! 🎉

Amanda Guthrie

LAST TEACHER/TEAM COACH

Netball Gala Day



Netball Gala Day



RIVER
YOUTHFEST
SAT 12 APR
3.00-6.00PM

*Get ready for an afternoon packed with live music, hands-on workshops, body art, a **FREE BBQ** and **400 trees to plant!***



Plus, you could WIN 4 x tickets to Treetops Adventure Park



Rockin' the stage



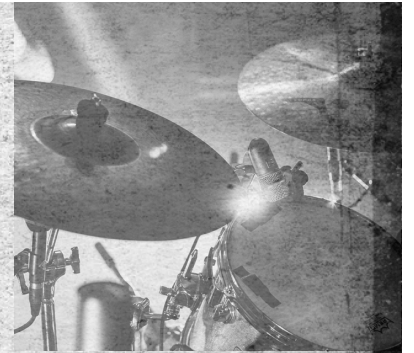
Purple Disturbance



Miscommunication



Lobotomized



Saturday 12th April 2025

3-6pm

Bellingham Skatepark

FREE EVENT/ ALL AGES WELCOME



**Grab your friends, get your hands dirty, and make some memories
this is one event you don't wanna miss!**



YOUTH WEEK 2025

B 3 ON 3 BASKETBALL TOURNAMENT



REGISTER NOW!



BBQ LUNCH

11YRS-17YEARS

WEDNESDAY

61 WEST HIGH STREET, COFFS HARBOUR

11AM-3PM

16TH APRIL

LOADS OF PRIZES



BASKETBALL NSW

key

achieve anything..



Invite an exchange student into your life!

Welcome a new culture into your home and make a friend for life!



Rediscover your backyard through new eyes!



Understand another way of life and a different way of thinking!



Gain a new family member and help make an exchange student's dream come true!

Who are our host families?

- Volunteers who open their home and hearts to a teenager from overseas.
- Families in all shapes and sizes and living anywhere in Australia, in small or big communities!
- Caring and open families, willing to integrate the student into their daily life and form strong bonds!



Coffs Coast YOUTH WEEK

April 2025



TUES
08
APRIL

MURAL PAINTING

Intro, planning

📍 Open Studio, 37 Little St
4-6pm

WED
09
APRIL

MURAL PAINTING

Practical painting & fine-tune design

📍 Open Studio, 37 Little St
4-6pm

THUR
10
APRIL

MURAL PAINTING

Begin mural

📍 Open Studio, 37 Little St
4-6pm

WED
16
APRIL

3-ON-3 BASKETBALL COMP

TBC

📍 Key Community Group
10am - 2pm

WED
16
APRIL

YOUTH HOMELESSNESS MATTERS DAY

WED
16
APRIL

MURAL PAINTING

Finalise mural,
photography, debrief

📍 Open Studio, 37 Little St
10am - 6pm

THUR
17
APRIL

PARKFEST!

Youth-led festival

📍 Brelsford Park
10am - 2pm

Free activities including
craft and sport
Live music!
All welcome
Youth awards

THUR
17
APRIL

SKATE COMP!

15 & Under
16 & Over
Girls (all ages)

📍 Brelsford Park Skate Park

TUES
29
APRIL

COFFS CREEK CLEAN-UP

All welcome
📍 Argyll Estate



To find out more, scan the QR code



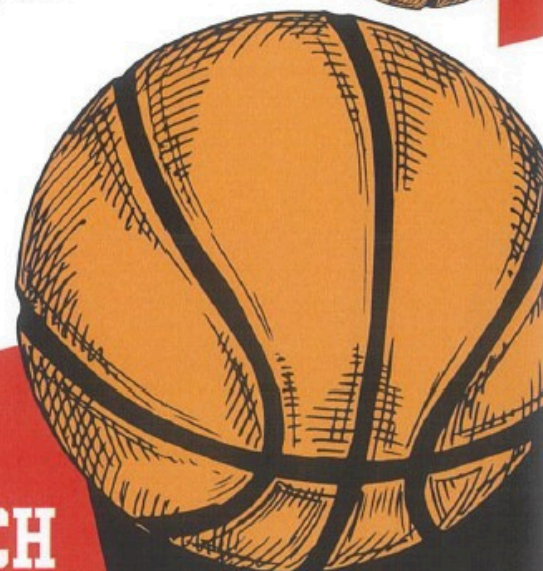
ALL EVENTS ARE FREE!

YOUTH WEEK 2025

B 3 ON 3 BASKETBALL
TOURNAMENT



**REGISTER
NOW!**



**11YRS-
17YEARS**



WEDNESDAY

**BBQ
LUNCH**

**61 WEST HIGH
STREET, COFFS
HARBOUR**

**11AM-
3PM**

**16TH
APRIL**

**LOADS
OF
PRIZES**



BASKETBALL NSW

key

achieve anything..

Easter Family Night

Bunnings Coffs Harbour



Thursday 10th of April

5:00pm – 7:30pm

Activities and fun for the whole family

Join us for a night of Easter celebrations.
Free event including sausage sizzle, clowns,
Easter craft, popcorn, facepainting, glitter tattoos,
fire trucks, mini golf, games, community group
stalls, Coffs critters, go kart display, chocolate &
a visit from the Easter bunny.

**Don't miss out,
register now!**



Scan
Me



BUNNINGS
warehouse



HAPPY EASTER

