



# COFFS HARBOUR HIGH SCHOOL

Cnr Edinburgh & Nile Streets, Coffs Harbour, NSW, 2450

Telephone: 02 6652 3466 Fax: 02 6651 4004

“Light out of Darkness”

## newsletter

QUALITY EDUCATION SINCE 1938

Term 2 — 2014/04

24<sup>th</sup> June 2014

### FROM THE PRINCIPAL

#### SCHOOL FUNDING

The additional funds the school received this year as a result of the Gonski funding model are making a difference for students in our school. We have created additional English and Maths classes, established the QuickSmart Maths program, supported programs for Aboriginal students in writing, delivered a Breakfast Club four days per week, established sports scholarships and increased the supply of school uniforms through student assistance. We have many more plans for innovative programs to assist all students to learn and achieve at school.

We are therefore dismayed by the confirmation from the Abbott Government in the Federal Budget that it will not honour the final two years of the NSW \$5 billion Gonski agreement. Fortunately, NSW Premier Mike Baird confirmed in the State Budget that the NSW Government is committed to maintaining its one third share of this vital Gonski funding, which is designed to help all schools reach an appropriate level of resourcing, however the shortfall will be greatly missed. We have grave concerns for the future where our most disadvantaged young people and families may fall further behind in social, emotional and educational outcomes. We can make a difference for the whole community by engaging all young people in learning and employment transition programs; however the most successful programs have an individual approach with shared commitment from our interagency partners. This does cost in terms of staffing ratios which need to be much lower with high needs students, however it costs much less to keep a young person in school than it does to house them in Juvenile Justice Facilities, if they fall outside the safety net of school.

Efforts to get the Federal Government to reconsider its position on Gonski are underway. This will include a National Gonski Week beginning Monday 28<sup>th</sup> July 2014. Please consider supporting our school by becoming involved and contacting our local members of Parliament.

## FROM THE PRINCIPAL (continued)

### YEAR 10 WORK EXPERIENCE

We welcome back Year 10 this week after their placement in over 150 local businesses last week during the Work Experience program. We thank the many employers and agencies for assisting the school with this valuable program. While many young people have part-time jobs, others do not have much experience in the adult world of work, and they gain a great deal from the mentoring and experience they receive. I wish to thank our Careers Adviser, Mrs Dionne Court, and our Transition Adviser, Mrs Trina Neville, for their hours of patience in assisting students to make phone calls and set up their placements.

### NAIDOC WEEK

As NAIDOC week falls within the school holidays this year we were privileged to celebrate with our students during a special assembly on Monday. We were treated to wonderful insights from our Aboriginal student leaders and guest speaker Uncle Terry Donovan; a terrific performance from the Orara High School Dancers with Ben Ferguson and some fabulous didge playing from Ian Mercy and Josh Pollard-Townsend. Congratulations to our team involved in Aboriginal Education, led by Mr Travis Mackay, Uncle Merv Bolt and the SLIKK leaders. May we continue to grow and learn together, improving educational opportunities for our Aboriginal and Torres Strait Islander students and leading the community in reconciliation and righting the wrongs of the past generations.

**Kathy Steward**  
**RELIEVING PRINCIPAL**

### IMPORTANT NOTICE

Please note that Coffs Harbour High School will close at 12.00 noon on Thursday 7<sup>th</sup> August 2014 and students will be required to go home early.

The school has been advised that the bus companies will operate the normal morning services to school but afternoon services are not guaranteed to run. Bus companies will contact the school at noon and ascertain how many students need to catch the bus home and they will schedule their afternoon runs accordingly. They will not collect students in the afternoon who have not attended school on the day.



## FROM THE DEPUTY PRINCIPAL

Term 3 is shaping up as a busy term, with some significant events occurring. In Week 2 our HSC students will be showcasing their musical, dance and textiles talents in the "On Show" presentation. Two evening shows will be held on 25<sup>th</sup> and 26<sup>th</sup> July. Also in Week 2, Year 8 students will be participating in fun activities and learning about Agriculture in the annual Agstravaganza Day (24<sup>th</sup> July).

Year 12 will sit their Trial HSC exams in Week 4 and 5 (4<sup>th</sup> to 15<sup>th</sup> August) and we wish all students the best for their exams. In Week 4, many Year 9 students will be heading to Jindabyne for their snow excursion. We hope that the alpine areas receive significant snowfalls leading up to their excursion. We finish off the term with Year 11 final exams and the end of Year 12 activities as they head towards their HSC.

Over the last few weeks parts of the school have been getting a minor facelift. The 75 year old administration building has been having its windows repaired and repainted. To date this has caused very little disruption to the school and during the holidays the painters will move to the eastern side of the building, where they will be painting the outside of the third-storey windows. This work should be completed by the beginning of Term 3.

Finally, a reminder and a request for assistance - on a daily basis we have students requesting permission to go to the Jetty Village shops to get money from the ATM. We understand that at times these students do not have access to money near where they live. The school policy, quite obviously, is for students to remain on the school grounds throughout the day; however we are happy to accommodate students who have permission from their parent/carer to allow them to leave for this purpose. It would be appreciated if you could provide a short note allowing your child permission to be out of school for that reason.

**Tony Wilson**



### BIGGEST MORNING TEA

Coffs Harbour High School was once again proud to be supporting the Cancer Council as part of 'The Biggest Morning Tea' fund raiser which was held on Friday 6<sup>th</sup> June. With a willing band of helpers in the form of Mickey Holwerda, Skye McRae-Mitchell, Lainey Prendergast, Jessica Hearn and Stephanie Hoad, many cups of tea, coffee and hot chocolate were shared. Along with a raffle held for the staff, the school managed to raise a staggering \$500 for this worthwhile cause.

A big thank you to everyone who supported the day - it was wonderful to see the school involved and to help create the community feel to the event. Together we have made a difference!



**Trina Neville**  
**ENGLISH TEACHER**

# IMPORTANT DATES

DATE	EVENT
23 <sup>rd</sup> June	Years 7 to 11 Reports posted this week
26 <sup>th</sup> June	<b>Years 9, 10, 11 Girls' In Trade</b> - CH TAFE
27 <sup>th</sup> - 29 <sup>th</sup> June	University of New England Excursion
27 <sup>th</sup> June	Last day of term
15 <sup>th</sup> July	Term 3 commences - all students return today
16 <sup>th</sup> July	University of Newcastle Open Day Excursion
23 <sup>rd</sup> July	Years 11 and 12 Post Options Expo - CHEC
25 <sup>th</sup> & 26 <sup>th</sup> July	<b>CHHS presents "On Show 2014"</b>
29 <sup>th</sup> July	ICAS English Test
30 <sup>th</sup> July	Year 8 Multicultural Day
1 <sup>st</sup> August	North Coast Athletics Carnival - Coffs Harbour
4 <sup>th</sup> - 15 <sup>th</sup> August	HSC Trial exams
4 <sup>th</sup> August	P&C Meeting - School Library - 7.00 pm
2 <sup>nd</sup> - 8 <sup>th</sup> August	Snow Excursion
7 <sup>th</sup> August	School finishes today at 12.00 noon Half Day Public Holiday for Coffs Cup
7 <sup>th</sup> August	Maths Competition
12 <sup>th</sup> August	ICAS Maths Test
18 <sup>th</sup> August	Years 10, 11, 12 Blood Donation Day 1.30 pm - 3.20 pm
26 <sup>th</sup> August	<b>CHHS presents "On Show 2014"</b>





## CHHS EISTEDDFOD DANCE GROUP

This year's group was our biggest so far consisting of 30 dancers from Years 7 to 9. The group was coached by Ashleigh Ross during Wednesday sport. This year's routine was a high energy contemporary dance inspired by Baz Luhrmann's Great Gatsby and the dancers looked fabulous in costumes made by Ms Chivas. The students should be very proud of their performance, receiving a highly commended in the Coffs Harbour Eisteddfod. They were up against some very stiff competition from senior elective dance students from other high schools. They also represented Coffs Harbour High School at the Central Dance Network Festival at the Coffs Cex Club later in the term.

The group will get another opportunity to perform at this year's 'On Show' in Term 3.



## 'ON SHOW 2014'

Coffs Harbour High School is staging 'On Show' again this year. 'On Show' gives our students the opportunity to showcase their talents to the school community. There will be many exciting and inspiring performances. Some of the standouts will be HSC music performances, a fashion parade from the elective textile classes, dance, drama, an electronics presentation, choir, school band as well as other musical items.

This will definitely be a show not to be missed and promises to be a great night of entertainment. There will be evening performances on Friday 25<sup>th</sup> July and Saturday 26<sup>th</sup> July at 7.00 pm.

Tickets will be on sale at the school's Administration Office from the commencement of Term 3 or at the door and prices are \$10.00 adults and \$7.00 for students/concession.

We hope to see you there – mark your calendar!



**Jan Chivas**  
**HEAD TEACHER CAPA**

**COFFS HARBOUR HIGH SCHOOL**  
presents

# ON SHOW 2014



**MUSIC, TEXTILES,  
DANCE, DRAMA,  
and lots more**

**Matinee:** Friday 25<sup>th</sup> July at 10.30am  
**Evening:** Friday 25<sup>th</sup> July at 7.00pm  
Saturday 26<sup>th</sup> July at 7.00pm

**Coffs Harbour High School Hall**

**Matinee:** \$5.00

**Evening:** Adults - \$10.00    Students / Concession - \$7.00

**TICKETS ON SALE AT THE COFFS HARBOUR HIGH SCHOOL  
OFFICE DURING TERM 3 OR ON THE NIGHT**



## GET YOUR FEET WET

Year 10 Elective “Get Your Feet Wet” is a practical exploration of fresh water systems in our local area. Students can be seen here conducting water quality tests in Coffs Creek, the Bellinger and Kalang Rivers. Students also measured stream bed/bank shape and flow velocity and calculated stream discharge. This was undertaken at four different locations along Coffs Creek, from the source near Red Hill to the mouth at Park Beach. A study of riparian vegetation and a habitat assessment gave a more comprehensive picture of the creek system. The main ideas are to establish the health of the creek throughout the catchment, to see how it varies over time and in different seasons and to identify actions that we can take to improve or maintain its quality. Mapping skills played an integral role in completing the study and a volunteer component, where students participated in a creek clean up, collected 13 shopping trolleys and a trailer load of mainly plastic waste directly from the creek bed between the Botanic Gardens and the Promenade.

Congratulations to the students for an excellent semester’s work. In Semester 2 we will continue the study, including a Landcare element and a comparative study of the Bellinger and Orara catchment areas.



## HSIE FACULTY (continued)



Finn recording data at  
Coffs Creek, Site 2



Coffs Creek Upper Catchment

**Andy Core**  
HSIE Teacher



### STUDY HELP FOR HIGH SCHOOL

It is often quite difficult for parents to assist their children with their high school homework and study. Even if we have professional experience in the subject area, children tend to find it difficult to take parental advice when it comes to school. (Do not feel bad, teachers' own children do exactly the same thing?)

[www.khanacademy.org](http://www.khanacademy.org) is an excellent, not-for-profit website which may help your child study and revise tricky concepts in science, maths and the humanities.



## WHAT'S HAPPENING IN LANGUAGES?

Languages will be extremely busy during Term 3. On Wednesday 23<sup>rd</sup> July, we will host 25 students from China. These students will participate in lessons across a range of faculties and enjoy morning tea with some of our elective students.

On 30<sup>th</sup> July, we will also host a group of 40 visiting Chinese students. This day also happens to be Multicultural Day which is a fun-filled enriching experience for Year 8 students. Students have already received a note outlining the details of Multicultural Day. This year proves to be the best yet, with fun activities such as: Tai Chi, Calligraphy, Fan and Lantern Painting, German Slap Dancing and Salsa Dancing. As part of Multicultural Day, all participating students will receive a free lunch. A mural will be painted on this day and Year 9 elective Chinese students will be taking footage to make short clips as part of a Confucius Institute competition.

We will also be hosting a group of 17 students and three teachers from our sister school in Jinan during September. Thank you to those families who have offered to billet a student. More information regarding these arrangements will be provided at the start of Term 3.

On 16<sup>th</sup> and 17<sup>th</sup> June, Mrs Dowler (Maths), Ms Brewer (English), Mr Dun (Languages/HSIE) and Mrs Burnham (Languages/HSIE) attended the Asia Education Foundation's Annual Conference in Sydney. Educators from all over Australia attended the conference, as well as delegates from overseas. This conference allowed educators to share ideas and resources. Schools were assessed against the AEF's Asia Literacy criteria. Coffs Harbour High School is performing well in this area and in the not too distant future, there are plans to improve our Asia Literacy across more faculties in the school.

Guest speakers on the day were the Governor-General His Excellency General the Honourable Sir Peter Cosgrove AK MC, as well as Bollywood actress, Pallavi Sharda and singer/diplomat, Fred Smith.

Students in Years 9 and 10 are still preparing for their trip to China which will occur in April next year. During Term 3, we will be obtaining travel insurance. All students who are attending this trip are reminded that they need to give Mrs Burnham a photocopy of the details page from their passport as soon as possible. Parents are also respectfully reminded to try to stay on track with payments. The trip will occur before we know it and like previous trips, it will change the way your child sees the world forever.

Mrs Burnham, Mr Dun and Ms Lin of the Languages Faculty wish all of our students a safe and enjoyable holiday. We look forward to greeting you back at school next term.

**Sheree Burnham**  
**RELIEVING HEAD TEACHER**  
**HSIE & LANGUAGES**



## BOOK REVIEWS



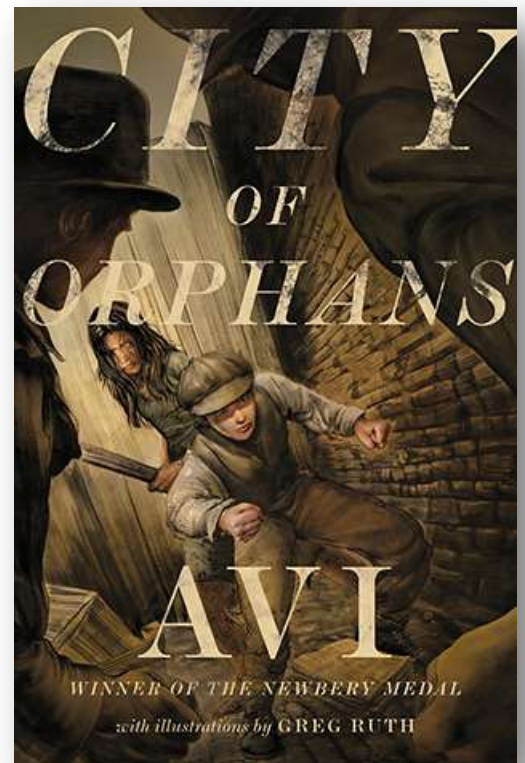
**“The Midnight Pianist”** novel was kindly donated in May 2014 by local author Julia Osborne. The book was written with young adults as the target readership but is a nostalgic hit for many baby boomers who remember country life in the 1960’s. I really enjoyed it (which possibly speaks volumes about my age and upbringing in a country town in the Central West of NSW)! The story is set in the 1960’s in an Australian country town and revolves around the central character Sandra who is 14 years old and a shy but ambitious piano student. Sandra is secretly in love with Nick Morgan, but he has already left school and hardly knows she exists.

Everything changes when she finally gets to know Nick at a polorosse carnival. Even her best friend Emilia and Sandra’s beautiful piano become less important than her preoccupation about Nick. Sandra is swept out of her depth by events which test the value of her friendships and challenge her in ways she could never have imagined.

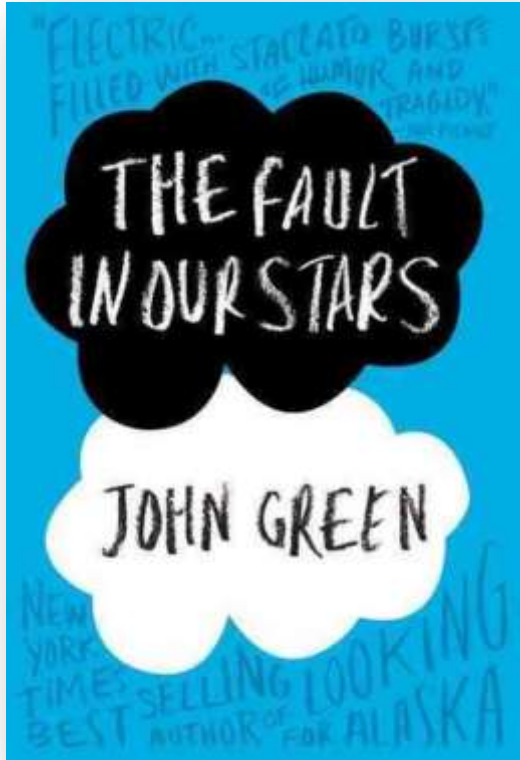
I thoroughly recommend this book — find it in the school library at F/OSB.

Catherine Jinks has been writing for young children and young adults for many years and has received notable awards for her work. Catherine has recently published a series **“City of Orphans”** titles include: *A Very Unusual Pursuit* (1), *A Very Singular Guild* (2), *A Peculiar Plague* (3). This series is set in London, England around 1870. The heroine of the story is Bridie McAdam aged 10, who teams up with successive helpers named Jem Barbary (aged 11), and Ned Roach (aged 12) who help Bridie to draw out the Bogles who have been infesting London’s dark places for centuries and eating any child who gets too close to them. Alfred (the Bogle catcher), Ned, Jem and Bridie need the assistance of Miss Edith Eames, an educated lady who’s studying the mythical beasts of English folklore, to defeat the Bogles and the leader of a gang of pickpockets, Sarah Pickles. The suspense builds in each novel as the children try to vanquish not only the Bogles but some nasty villains from their past.

I suggest that all three books be borrowed at the same time so that you can satisfy your need to read them all without waiting for the next one to be available. The Year 9 boy who read the series in a few days recommended them highly! Find them in the school Library as F/JIN.



## BOOK REVIEWS (continued)



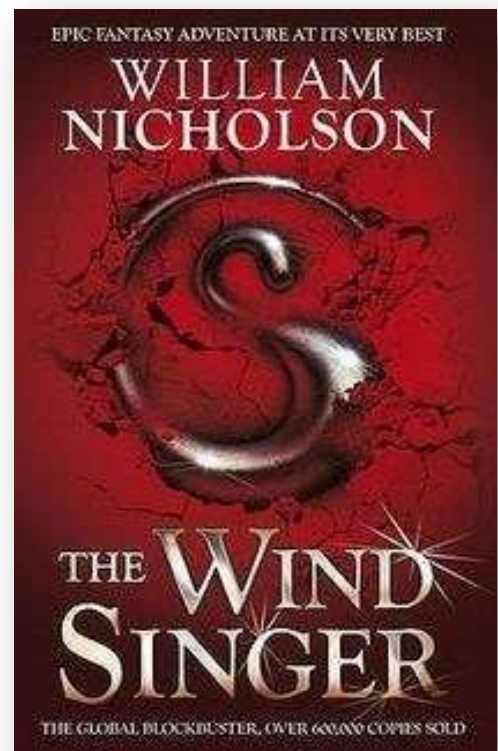
**“The Fault in our Stars”** by John Green is about Hazel Grace Lancaster, a 16 year old who is slowly dying of thyroid cancer. Hazel is bullied by her mother into attending a support group where she finds a soul mate her own age in Augustus Waters, a talkative show-off who has not allowed losing a leg to Osteosarcoma lessen his zest for life. Augustus loses his battle with cancer and Hazel tries to cope without him. Want to find out what happens next?

I have purchased two copies of the book – the movie version has stimulated reader interest. Find the book at F/GRE.

**“Wind On Fire”** is a fantasy trilogy written by William Nicholson. It is set in a realm similar to ours, but distinctly unrelated to it. Themes: Order and Control, Individuality, Fear.

The books tell the story of the Hath family, and the Manth people who go on a long, and harsh journey from their city-prison, to their homeland. The main characters, Kestrel and Bowman Hath, are twins that have certain powers that allow them to save their people, and friends, from an evil power called the Morah. The first book tells of the events unfolding near and inside Aramant, the second one talks about the lives of the Manth people as slaves in The Mastery, and the third book concludes with their voyage to the homeland.

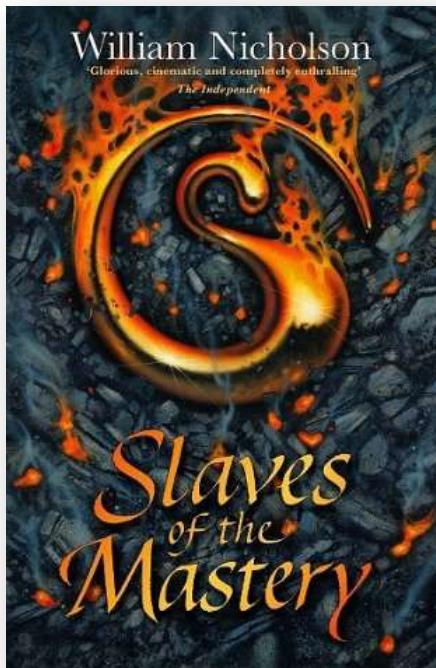
The trilogy begins with **The Wind Singer**, which introduces the protagonists Kestrel and her beloved empathy brother, Bowman. They live in a city called Aramant, where personal freedoms do not exist and success depends solely on performance in universal compulsory Examinations.





## BOOK REVIEWS (continued)

Kestrel is a strong-willed individual who fiercely loves her family and despises the Exams. So great is her hatred of them that she denounces all the values and principles of Aramanth, as well as denying the existence of the Emperor, the unseen ruler of Aramanth. This sets in motion a chain of events that eventually results in Kestrel, Bowman and a mentally challenged boy called Mumpo escaping from the city and going on a quest to save their people from an evil entity known as the Morah, which controls a numberless army of malevolent and deadly beings called the Zars. The children are successful, and a new era dawns for Aramanth.



In **Slaves of the Mastery** the people of Aramanth have become pleasant and passive, no longer in the grip of the Morah. This new meekness attracts the attention of the powerful Mastery, a realm built entirely by slave labour and ruled by the merciless Master. Aramanth is destroyed and survivors of the slaughter- including the Haths- are taken into slavery. Kestrel evades capture and sets off after her family, intent on revenge and the liberation of her people. In the course of the book Bowman finds his psychic powers growing, and discovers that he has a greater part to play in the destiny of his people than he originally knew. Ira Hath also begins to prophesise of the need of the Manth people to return to their homeland. Bowman eventually defeats the Master, destroying the Mastery and leaving his people free to seek out the homeland.

The trilogy concludes with **Firesong**, which sees the remaining Manth people follow prophetess Ira Hath to the Manth homeland. Contending with harsh weather, starvation and various other dangers of the wilderness, the band struggle to survive, whilst Ira grows weaker the closer they get. Bowman and Kestrel leave their family in order to train as Singer people and they finally understand their part to play in what is to come. Kestrel sacrifices herself, along with the Singer people, in a final battle against the Morah, causing the "wind on fire" to sweep the world and purge it of the evil entity. This allows the Manth people to finally reach the homeland, where they begin their lives again.

Find them on the shelves at F/NIC to get a big helping of everyone's favourite genre - fantasy!



## LIBRARY NEWS

### OVERDUE ITEMS PROPERTY OF COFFS HARBOUR HIGH SCHOOL.

Many families will receive a letter this week listing the outstanding Library and School resources and the replacement cost of items. There are always disputes about these matters and excuses offered – eg, I gave it back to the teacher (instead of having the item discharged by the Library).

**It is imperative that students come to the Library to discuss what action should be taken.** In many cases the explanation offered is accepted and no further action is necessary.

If you receive a letter, please direct your child to come to the Library to sort the matter out. The School Auditors have a requirement that any resources purchased from school funds have to be accounted for and can be located on request.

Thank you for your co-operation in this matter.

**Gail Latham**  
**TEACHER LIBRARIAN**



## COMMUNITY INFORMATION

### TEENAGERS SEEKING MORE INDEPENDENCE

Knowing how much freedom and responsibility to give your teenager is difficult, especially if they are your eldest or only child. To become capable adults, teenagers need to learn to make good decisions on their own and have opportunities to show you they can. The Raising Children Network website has a wealth of expert information and guidance for parents of teens and younger children. If your child is testing the boundaries and pushing for more independence, you may find the article '*Shifting responsibility to your child*' worth reading. Go to [www. bit.ly/1jCxKhe](http://www.bit.ly/1jCxKhe)



## YEAR 12 EXCURSION TO SYDNEY

On Thursday 12<sup>th</sup> June, Year 12 PD/H/PE students travelled to Sydney for three days to look at some practical applications of the content they have been studying in class.

Some of the activities included looking through the state of the art training facilities that the Canterbury Bulldogs have created at Belmore Stadium. This \$15 million facility has some of the most advanced training options in the NRL. Students were able to look at an altitude room which mimics training at higher altitudes than available in Australia, rehabilitation equipment and cryotherapy activities, video analysis applications and a look at how technology is now incorporated into every aspect of training which was demonstrated with the use of Suunto HR monitors and GPS tracking. They were also able to undergo physiological testing at the Sydney Academy of Sport.

Rory Tolhurst demonstrated his amazing cardiovascular fitness undergoing the Lactate Threshold Testing protocols that the Manly Sea Eagles players participate in and he more than held his own with some of the fittest men in Rugby League.

Throughout the excursion the group also had the opportunity to watch some elite level sport, taking in some NRL and AFL games throughout the weekend.

We would like to take this opportunity to thank Matt Crawley, AFL NSW Development Manager, for his support of this excursion and securing the group tickets to the sell out game between Sydney Swans and Port Adelaide. The students felt that they now have a deeper understanding of the links between theory and practice and that they were also able to have a very enjoyable experience looking at professional sport.

Rory Tolhurst on the treadmill



Alexi Grice about to undergo power testing activity



# PD/H/PE FACULTY



AFL experience

Students hard at work during the Sydney Academy of Sport lecture



Oliver Horspool & Connor McCoy experiencing a little down time during the heavy schedule

Nick Henry  
PD/H/PE TEACHER

## SCIENCE ON SHOW

On 28<sup>th</sup> May 2014, Questacon on their travels through the rural communities, made a pit stop at Coffs Harbour High School. Their presenters were extremely energetic and passionate about demonstrating Science at its finest.

Two workshops were held throughout the day, with Years 9 and 10 students taking the plunge first, and experiencing the possibilities with Science at their fingertips. Years 7 and 8 were dazzled with the experiments and full of volunteers.

Below are some pictures of the experimentations that students encountered.



**Natascha Gehrke**  
**SCIENCE TEACHER**

## SELF-SELECT EXCURSION — SYDNEY

Setting off Tuesday night 3<sup>rd</sup> June at 10.00 pm, students met the bus eagerly in the dark, with luggage by their side and ready to explore Sydney in a whirl-wind of three days.



*L-R: Connor Herring, Isabel Horspool, Lani Reynolds and Kodie Vandenberg*

Arrived at 5.30 am on the south side of Sydney Harbour Bridge we shivered in the cold and set out to walk across the Harbour Bridge while the morning workers were racing to work. Unfortunately we did not get to see the spectacular sunrise from the Bridge; however, we did walk down to the International Departures at the Wharf and experienced the majestic sunrise over the Opera House.



*Night lights of Circular Quay as we walked over the Sydney Harbour Bridge*



## SCIENCE FACULTY (continued)



The Powerhouse Museum was our first activity. Students wandered through the museum examining items on show, and even had the opportunity to be proactive with particular exhibits. Students also participated in a curricular program here looking at energy for the future.

*L-R: Max Corlett, William Dan, Hugh Davey, Jai Lyons, Matthew Cox and Connor Herring in the Space Section*

## SCIENCE FACULTY (continued)



What would it be like if we lived in the 19<sup>th</sup> Century and worked on a boat? Students learned that it was not all luxury sailing back in the day of the James Craig Tall Ship. Starting work at 14 in rough conditions was the way of life. Students toured the James Craig and learned about the history of the boat and the restoration process to its original picture.

*Left: James Craig Tall Ship*

Sydney Aquarium, one of Sydney's main attractions and sorted into zones ranging from the Great Barrier Reef, Shark Valley, Streams and Billabongs, South Coast, and the Bay of Rays. Students explored the diversity of marine life.



*Year 10 Science Self Select Class at the Sydney Aquarium*

## SCIENCE FACULTY (continued)

Was that a person? No, it's just a wax figurine at Madame Tussauds. Hard to distinguish from afar, the wax figures are extremely life-like that it does feel like you are walking amongst famous people.



*Charlotte Dodd contemplating life as a royal*



*Connor Smithers taking control of the White House*

Sydney University gave students a glimpse into possible options for after high school. They experienced the start of an Introductory Chemistry lecture, along with a Physics and Astronomy workshop. A tour around the university also allowed them to see the dynamics of a campus.



*Performing an ultrasound on Oliver George at the Physics Lab at Sydney University*



## SCIENCE FACULTY (continued)

Bondi Beach on a Winter's day is just as iconic as any other day and some students were lucky enough to even get a photo with one of the Bondi Rescue Lifeguards.



*Year 9 girls heading down to Bondi Beach*



*Florence Kalalo with Bondi Rescue Lifeguard*

How many stars can you count in the night sky? Unfortunately it was overcast the night we visited Sydney Observatory, however, we were not disappointed with the digital planetarium and saw just as much, if not more. The students did get to use the telescope towards the end as the clouds lifted.



*Dressing up for the observatory (from left) Chloe Seccombe, Max Corlett, William Dan, Cy Thompson, Jai Lyons, Charlotte Dodd and William Collier*

## SCIENCE FACULTY (continued)



*Students examining how the Earth has changed – particularly with the seasons and changing climate.*

Australian Museum was roaring to life as we entered it on our last day in Sydney. Students were transported back to millions of years ago when Tyrannosaurs were roaming the Earth.

*Let the fun begin*



*The dinosaur moved!*



## SCIENCE FACULTY (continued)

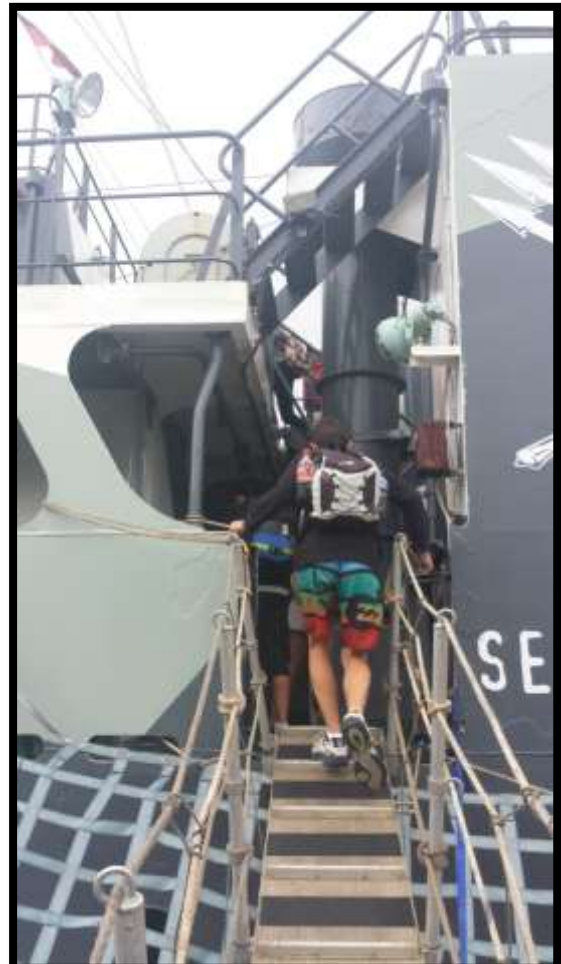
The students investigated a shipwreck at the Maritime Museum by using their archaeological skills. Students even had the experience of a lifetime to go aboard the Sea Shepherd on a tour throughout the vessel, and listen to the experiences and work they undertake in saving whales.



*Exploring the museum*



*Sea Shepherd docked in Darling Harbour*



*Finn Appleton entering the Sea Shepherd*



## SCIENCE FACULTY (continued)

Fancy a 360° view of Sydney? The Eye Tower which sits more than 260m above the city provided students with an astounding panoramic view of the night lights of the city. With Vivid in full swing, there were even more lights to take in.



*City lights from the sky*

An explosion of colour to Circular Quay awaited us as we made it to down to the water at the Vivid Light Festival. The Opera House was ignited with lights and changing themes and a brilliant sight to conclude our Self Select Excursion 2014.



*Hunter Smith promotina Vivid*



*Opera House at Vivid*

**Natascha Gehrke, Anthony Baker & Craig Hundle**  
**SCIENCE TEACHERS**

## YEAR 12 HOSPITALITY

The current Year 12 Hospitality class has been operating an in-class coffee shop over the past year. The current Year 10 Coffee Shop class is also starting to build skills and is looking to offer coffee to staff and senior students.

Whilst this is a great learning curve for the students and helps to build customer services skills, familiarity with financial transactions and product consistency, our productivity is hampered by equipment.

A few years ago Mrs Martin and her then Year 11 class, purchased a Sunbeam Café Series Coffee Machine to get the coffee shop started. Unfortunately the machine is now aging and is not coping with the demands placed upon it every week. In a 70 minute session, demand is around 20 cups, which the current machine is struggling to cope with.

Ideally we would like to have a two group head machine that is most importantly - reliable. We have managed to save some funds but are open to suggestions on how we may be able to update our equipment.

This is a positive experience for students that we would like to continue. If you have any ideas please call Denise Alchin on 6652 3466.



Year 12 Hospitality students  
Emily, Jed, Karly, Jamie, Jessica, Rhiannon & Jessica

## TAS FACULTY (continued)

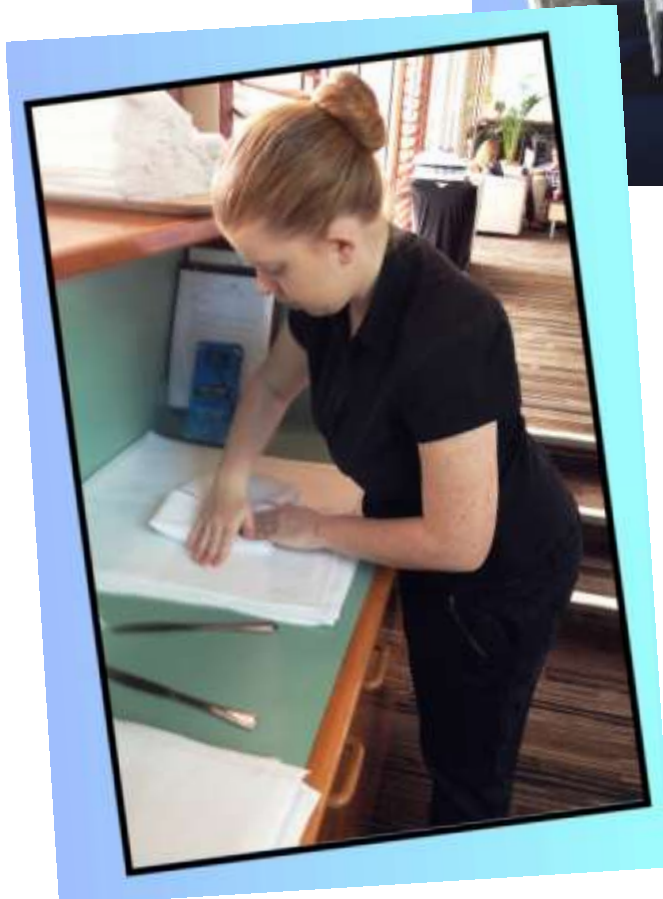
### NATIONAL NATIVE TITLE CONFERENCE 2014

Novotel Pacific Bay put the call out to local schools and TAFE Hospitality students to assist with the National Native Title Conference 2014 – *“Living with Native Title, from the Bush to the Sea”* held between 2<sup>nd</sup> and 4<sup>th</sup> June 2014 at the resort.

The challenge was accepted by Year 12 Hospitality turning up at 8.00 am on 4<sup>th</sup> June, not sure of what we were going to be doing on the day. The students rose to every challenge presented to them. Duties ranged from serving and clearing in Charlie’s Brasserie Restaurant, napkin folding, transporting equipment from area to area, general set up and take down. In the end we were setting up the marquee for the conference dinner being held on Wednesday evening. With 650 delegates this was no small feat. Not only did they build tables but dressed them and the chairs ready for the function.

I am very proud of the teamwork displayed and the overall effort of this small dynamic and resourceful team.

**Denise Alchin**  
**TAS TEACHER**





## TAS FACULTY (continued)

### YEAR 12 EXPLORING EARLY CHILDHOOD

Year 12 has had an adventurous semester. We started off visiting the Coffs Harbour Community Pre-School in Brodie Drive. Here the girls interacted with young children on a range of different activities.

We then visited the Early Childhood Intervention Program in Kane Crescent. Centre Manager Caryn explained educational and therapy programs for pre-school aged children (0 to 6 years) with disabilities/developmental delay, and their families. This was an enlightening and very informative visit for both the students and me.

Finally we finished off the term with a visit to Happy Days Pre-School and Long Day Care Centre on Harbour Drive. Once again the students really enjoyed interacting with both 3 to 4 year olds and pre-school aged children. Year 12 participated in a range of indoor and outdoor play to the delight of the children.

I would like to sincerely thank all the service providers for allowing us to visit their centres and share in their daily activities. It is a valuable experience for our students and it is greatly appreciated.

**Denise Alchin**  
**TAS TEACHER**



## SPORTS REPORT

### Squash

Four of our talented squash players took out the Open Boys' Squash Gala Day that was held in Grafton a couple of weeks ago. Experience, outstanding plays and strong performances from Andrew Ritchie, Connor Herring, Peter McKenzie and Jacob Ford saw all of them taking out convincing wins on the day. The team of four is now to face Maclean High School in the Regional Finals early next term.

All of the boys were also identified on the day as "talented players" and were selected to attend the North Coast Carnival that was held in Maclean. Jacob Ford and Andrew Ritchie's skill and ability stood out during the carnival and this saw them gain successful selection into the North Coast Team. They are now off to Sydney in the last week of school to represent our region at the State Carnival. We look forward to hearing about their experience and wish them a competitive and successful competition.

### Touch Football

Recognition goes out to Marly Parkinson for his selection into the Mid North Coast Open Boys' Touch Football Team. Marly travelled with the team to compete at the Regional Carnival in Bowraville earlier this term.

### Softball

Our Open Girls Softball Team successfully played their way to the Regional Finals for the fourth consecutive year. After convincing wins against Woolgoolga High School (20 - 1) and Melville High School (21 - 0) the girls were to face Richmond River High School in the Finals. Our outstanding Pitcher-Catcher combination of Callie Winsor and Taylor Vandenberg and consistent batting from all players, have been our stand-out strengths. This has been reinforced by players like Brianna Jamieson, who has capably stepped up into new fielding positions. The strong sporting backgrounds of our two new players Letitia Evans and Matilda Lugg have also brought fresh team dynamics and sufficient skills to cement the team's all-round game.

Richmond River ended up forfeiting the Regional Final, which meant no game for the girls. Instead, it cemented us with the Title of 'Regional Finalists' and guaranteed our place at the State Finals in Newcastle in June for the third year in a row.

Unfortunately, due to unforeseeable circumstances the girls were unable to attend the carnival this year. The whole team is to be congratulated for their on-going sporting achievements, positive attitudes and continued team cohesion. Well done on another fine year in Softball girls.

### Golf

Amelia Grohn is off to Dubbo at the end of June for the NSW Combined High Schools Golf Championships. Amelia will be attending the carnival as a proud representative of the North Coast team. Her consistent form and ability are sure to see her do well. Good luck Amelia!



## SPORTS REPORT (continued)

### Football

Congratulations to Zach Smith, Rory Tolhurst, Lorenzo Rigoni, and Jordan Andrews, whose outstanding football skills and talent saw them compete as part of the Mid North Coast Football Team earlier in the term. During this representation the boys were recognised further for their talents and gained selection into the Regional Team. Their selection recently had the boys' travelling to Rooty Hill in Western Sydney for the State Carnival. Here the boys competed as part of the North Coast Open Boys' Football Team, coming up against strong competition from some of the best teams across the State including Sydney, the Riverina and Western NSW.

In the Open Girls' Football, Alexie Grice has also had the same success. After being selected as part of the Mid North Coast Open Girls' Football Team, Alexie was identified as a stand out player and gained selection into the North Coast Team. The girls headed to Armidale for their State Carnival from 6<sup>th</sup> to 8<sup>th</sup> May.

**Amanda Munro**  
**PD/H/PE TEACHER**

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### CHS SQUASH

On Tuesday 13<sup>th</sup> May, Jacob Ford, Connor Herring, Peter McKenzie and I travelled to Grafton with Mr Paz to play in the Combined High Schools Squash Competition. It was a knockout round and we won our first matches against the Senior College. We then moved on to play Bellingen and everyone in our team won.

Our next match was the final against Woolgoolga High School and there were some close matches with Jacob Ford coming away with a great win which took us to win the event. We are now selected in the North Coast team to play in Maclean and then go to Sydney. Everyone played exceptionally well and the day was a lot of fun. Special thanks to Mr Paz for taking us up and giving us this opportunity.

**Andrew Ritchie**  
**YEAR 10 STUDENT**



## SPORT (continued)

### OPEN BOYS' FOOTBALL



On the morning of Tuesday 27<sup>th</sup> May, a few local lads from Coffs Harbour High School ventured to the town of Laurieton to fight for a place in the North Coast finals. It was a long bus trip full of excitement and joy as the boys knew the prize that lay at the end of the day if they were to win. The opposition (Camden Haven) was not to be taken lightly, as they too defeated tough competition on their way to this match up. Both teams were riddled with representative players. The game was going to be tough right from the whistle.

Kick off, the Jetty boys went hard from the start as did Camden Haven, sharing possession evenly between both teams. Opportunities for goals blossomed for both sides as each created wave after wave of attacking plays. The game finished in regular time at 0-0, with neither team able to find the net in regulation time. This forced the game into extra time with the golden goal rule coming into effect. Within the first few minutes, Coffs High pressured the Camden Haven defence through the pace of Edward Neave and Zack Smith. Not long into the first period of extra time, three minutes to be precise, Rory Tolhurst played a well weighted ball through to Zack, who took a touch and unselfishly passed the ball back across goal to Steven Shute for a simple tap in past the keeper. The entire team erupted in elation, celebrating because we had won the game, progressing to the final.

## SPORT (continued)

### Open Boys' Football (continued)



Particular mentions go out to Rory Tolhurst, whom orchestrated the midfield, Lorenzo Rigoni who was a rock in defence, saving many goal scoring opportunities and lastly to the teams strike force of Zack Smith and Steven Shute, who between them scored 13 goals in just four games. The boys now play Alstonville in the Opens North Coast Final, with the victors heading to Sydney to play in the State finals.

**Zack Smith**  
**CAPTAIN**

**Steven Shute**  
**VICE-CAPTAIN**



## SPORT (continued)

### NORTH COAST NETBALL

On 27<sup>th</sup> to 29<sup>th</sup> May, Coffs Harbour hosted the NSW Combined High Schools Open Netball titles. This event brought 11 NSW CHS Regional teams to SportZcentral for three days of high level Netball competition. Coffs Harbour High School was able to send 9 girls to officiate the carnival as umpires and time keepers.

Nerada Noble, the CHS Convenor, praised the girls' level of skill and professionalism in how they were able to conduct themselves throughout the carnival.

Well done to each of the girls and a big thank you for your efforts representing CHHS at such a prestigious event.

**Nick Henry**  
PD/H/PE TEACHER



Back row (L-R): Letitia Evans, Ashleigh Smithers, Lara Nicholls,  
Haneen Shatry, Fiona Whlan, Callie Winsor  
Front row (L-R): Caitlin Stuart, Olivia Stuart, Danielle Goulding



# SPORT (continued)

## 2014 CHHS ATHLETICS CARNIVAL

Friday 30<sup>th</sup> May 2014

What a fantastic day for an athletics carnival! The sun was shining and Coffs High students set out in droves to compete at our annual carnival. Students were out in force supporting their school house with banners, ribbons, balloons and outfits. Many students competed in a number of events and achieved fantastic results, after training in PD/H/PE lessons over the last month. The Year 11 Hospitality class cooked up a storm, supplying scrumptious slices, cookies, cupcakes and dips, soup and hot drinks. Thank you to Year 11 and Judi Martin for coordinating the morning tea. Congratulations to all students who have made the school athletics team to compete at the Mid North Coast Carnival on the 18<sup>th</sup> June. I would also like to thank our dedicated staff who attended the carnival and were willing to take on a new job and develop their skills out on the track and field events.

**Jenny Pearce**

### AGE CHAMPIONS

<b>BOYS</b>		<b>GIRLS</b>	
<b>12 YEARS</b>	ZANE MISIOS	<b>12 YEARS</b>	KATELYN EAGLES
<b>13 YEARS</b>	OSCAR CHURCHWELL	<b>13 YEARS</b>	JASMINE MURRAY
<b>14 YEARS</b>	NOWEL MUSA	<b>14 YEARS</b>	ALLISSA TATE
<b>15 YEARS</b>	JACK CHURCHWELL	<b>15 YEARS</b>	GRETA SMITH
<b>16 YEARS</b>	BRYCE BAFF	<b>16 YEARS</b>	KODIE VANDENBERG
<b>17 YEARS</b>	STEVEN SHUTE	<b>17 YEARS</b>	ALEXIE GRICE

### RECORDS FOR 2014

<b>BOYS' 15 YEARS</b>	800M	<b>HUGH CHURCHWELL</b>	2.16.79
<b>GIRLS' 16 YEARS</b>	SHOT PUT	<b>CALLIE WINSOR</b>	10.95CM
<b>BOYS' 16 YEARS</b>	HIGH JUMP	<b>ADIE RENWICK</b>	1.80M

# SPORT (continued)

## 2014 CHHS Athletics Carnival (continued)

### POINT SCORE

1 <sup>st</sup> place	Sapphire	669 points
2 <sup>nd</sup> place	Macauleys	629 points
3 <sup>rd</sup> place	Gallows	546 points
4 <sup>th</sup> place	Emerald	379 points



# SPORT (continued)

## 2014 CHHS Athletics Carnival (continued)





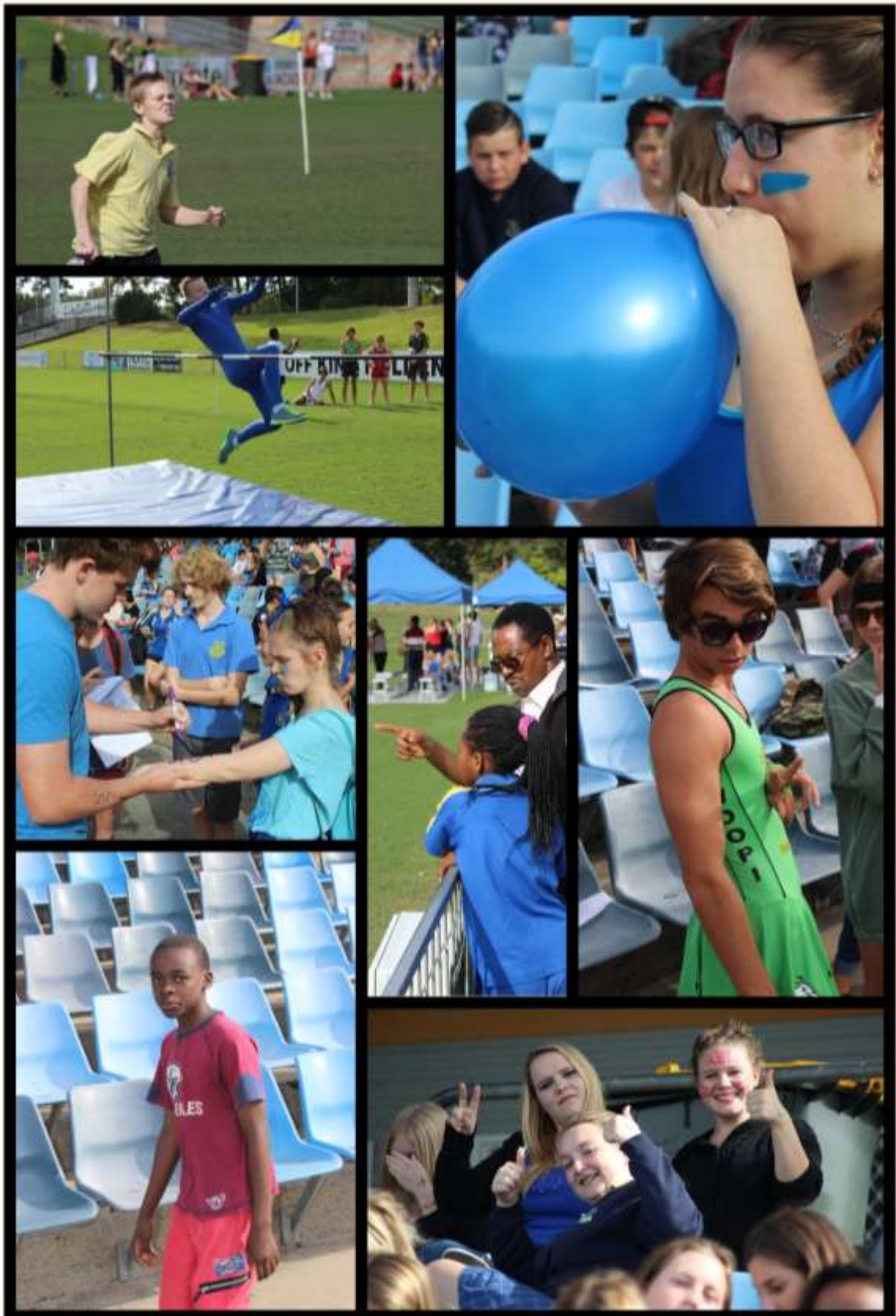
# SPORT (continued)

## 2014 CHHS Athletics Carnival (continued)



# SPORT (continued)

## 2014 CHHS Athletics Carnival (continued)





# SPORT (continued)

## 2014 CHHS Athletics Carnival (continued)





## SPORT (continued)

### UNDER 14 BOYS' AFL SWANS CUP GALA DAY

On 4<sup>th</sup> June our Under 14 Boys' played a round-robin between the four local schools and they played well throughout the day and displayed great sportsmanship.

Our first game was against John Paul College and the boys' skill level improved as the game progressed. Unfortunately we were unable to make the most of our possession and put a score on the board, and John Paul College was able to score a couple of goals from our mistakes. Despite our best efforts we lost by 11 points.

This meant we would have to win our remaining two games to have any chance of playing in the final. Our next game was against Orara. Our boys were running hot from the start, dominating possession and turning it into a slender lead at the main break. The second half began in similar fashion with our boys winning the contested footy and working the ball forward. Unfortunately our scores were only behinds, five in total. Our missed opportunities would come back to haunt us as Orara were able to capitalise on their entries via some excellent goal-kicking from their full-forward and found themselves in front by just two points at the final siren.

Our second loss meant we would not be contesting the final later in the day but it meant that our last game against Bishop Druitt College would be a battle to avoid the wooden spoon. This was not a trophy we wanted to win and the boys used this as motivation to play a great brand of footy and completely outclassed them. Despite a slender lead at half time, the boys never really looked like losing this one and ran out convincing winners.

All boys played well and showed significant improvement in skills and game-sense and they should all be congratulated on their conduct on the day.



**Back row:** Latrel Dabinett-Widders, Rhys Buckley, Michael Ylinen, Angus Chauncy, Tai Donelan, Julian Stocks, Hunter Perks, Nathan Hillier.

**Middle row:** Joseph Miller, Finbar Thomas, Jeremy Chambers, Adon Thompson, Brad Chambers, Jacob Riley-Hills.

**Front row:** Amanial Tesfamichael, Jack Gardner, Will Chadwick, Beau-Dea Lindsay, Ty Hamilton.

## SPORT (continued)

### UNDER 16 BOYS' AFL SWANS CUP GALA DAY

On 11<sup>th</sup> June the Under 16 Boys' AFL Swans Cup Gala Day was held at Leisure Park, Coffs Harbour. We played in a round robin format against John Paul College (JPC), Toormina and Bishop Druitt College (BDC).

Our first game was against BDC and we were too strong across the park and ran out comfortable winners 31 to 10. Our boys showed impressive attack on the loose ball and some excellent ball movement across the entire ground.

Next we played an under-manned Toormina side which was bolstered by three of our players volunteering to play for them. It was a great display of sportsmanship by our three boys. At half time the game was still in the balance with Toormina only 8 points behind, and with a sniff of victory their players lifted their efforts. The improved ball movement paid dividends for Toormina as they managed to score two goals to one in the second half to ensure the game would go down to the wire. In the dying seconds of the game we clung to a two point lead but Toormina had a chance to steal victory on the siren with a shot at goal. Fortunately for us they scored a single point handing our boys the victory by the smallest of margins, one point. The win meant that we would face JPC in the final, as we were the only two undefeated teams.

The final was a one-sided affair with JPC having too much talent across the park and were just too strong. The half time margin was 18 points, but the second half was a blowout as JPC ran away with the game and the tag of champions on the day. Credit must go to our boys as they never gave up and managed to put together some quality passages of play, which resulted in shots on goal.

All boys should be congratulated on their sportsmanship and conduct throughout the entire day. They represented Coffs Harbour High School extremely well.



Back row: Jesse Van Den Boogaard, Clancey Dickson, Gabe Ellicott, Connor Perks, Luke Symons, Max Quinlan, Daniel McLaughlin, Casey Egar, Liam Stocks, Brandon Skewes, Matt Thompson, Marcus Woschitzka.

Front row: Kai Onley, Hugh Churchwell, Marko Kiose, Jack Churchwell, Peter McKenzie, Donovan Taylor, Kyle Schultz, Joel Harris, Lachlan Burns, Kurt Atchison.



## SPORT (continued)

### UNDER 15 GIRLS' AFL

The Under 15 Girls' AFL team put up a fantastic performance in the local AFL Gala Day. With only two female teams down to compete, the morning was spent with the girls showing off their expertise and skills in the training clinic. Afterwards, the girls had the chance to compete in a muck-around game against Orara, putting their new found skills to the test. Our girls showed persistence and stamina, outperforming the other side in the midfield. Once the girls had a chance to rest and talk tactics, it was time for the deciding game. Our girls put up an outstanding performance but unfortunately we went down to the strong Orara team 24 - 6.

Congratulations to all the girls for an outstanding effort.



**Kate Williams**  
PD/H/PE TEACHER



# SPORT (continued)

WE ARE THE CHAMPIONS!

## MID NORTH COAST ATHLETICS CARNIVAL

Wednesday 18<sup>th</sup> June 2014

Coffs Harbour High students are at it again, with the highest point score in the Zone! Congratulations to all students who attended the carnival and gave 100% in their events. Your dedication paid off with Coffs High beating nine schools in the point score. Fantastic results were seen again at this level with many students receiving places in their events and qualifying for the Mid North Coast Athletics Team to compete at the North Coast Carnival Term 3, Week 3.

Well done to the following Age Champions for the Mid North Coast. Thank you to Connel Field, Nick Henry, Natascha Gerkhe and the Year 7 helpers for assisting on the day.

### AGE CHAMPIONS

**GIRLS' 12 YEARS**

**BOYS' 12 YEARS**

**GIRLS' 15 YEARS**

**KATELYN EAGLES**

**ZANE MISIOS**

**GRETA SMITH**

The most exciting part of the day is always the relay events. Coffs High students ran their fastest and received amazing results.

### RELAY RESULTS

**GIRLS' 13 YEARS – 2<sup>ND</sup> PLACE**

Paris Goff, Katelyn Eagles,  
Jasmine Murray, Jackalyn Pittman

**GIRLS' 14 YEARS – 1<sup>ST</sup> PLACE**

Lilly Winter, Lainey Prendegast,  
Lauren Winter, Allissa Tate

**GIRLS' 16 YEARS – 1<sup>ST</sup> PLACE**

Madison Prendegast, Taylor Williams,  
Kodie Vandenberg, Greta Smith

**GIRLS' 17 YEARS – 2<sup>ND</sup> PLACE**

Samantha Thacker, Alexie Grice,  
Taylor Blay, Taylor Vandenberg

**BOYS' 13 YEARS – 2<sup>ND</sup> PLACE**

Robert Baird, Oscar Churchwell,  
Israel Degle, Earth Ngohset

**BOYS' 15 YEARS – 1<sup>ST</sup> PLACE**

Hugh Churchwell, Jack Churchwell,  
Swayne Lund Beveridge, Casey Eagar

**BOYS' 17 YEARS – 2<sup>ND</sup> PLACE**

Peter McKenzie, Dylan Marcer,  
Zack Smith, Steven Shute

# SPORT (continued)

## MNC Athletics Carnival (continued)

The following students also achieved great results and applied themselves all day, showing great sportsmanship:-

Allissa Tate placed 3<sup>rd</sup>, Lily Winter placed 4<sup>th</sup>

Lauren Winter placed 5<sup>th</sup>

Nowel Musa placed 2<sup>nd</sup>

Taylor Blay placed 5<sup>th</sup>

Jack Churchwell placed a very close 2<sup>nd</sup>

Kodie Vandenberg placed 2<sup>nd</sup>

**14 YEARS GIRLS'**

**14 YEARS BOYS'**

**15 YEARS GIRLS'**

**15 YEARS BOYS'**

**16 YEARS GIRLS'**

**Jenny Pearce**  
**CHHS TEAM MANAGER**



## SPORT (continued)

### MNC Athletics Carnival (continued)



**Under 16 Girls' Relay – 1<sup>st</sup> Place**



**Under 17 Boys' Relay – 2<sup>nd</sup> Place**



## SPORT (continued)

### UNDER 15 BOYS' FOOTBALL THE BILL TURNER CUP

The Under 15 Boys' Bill Turner Cup team comprised Casey Egar, Jesse Gibson, Jeremy Hannaford, Jai Kachel, Jack Kadwell, Peter McKenzie, Samson Mite, Earth Ngohset, Kai Onley, Jacob Riley-Hills, Liam Stocks, Donovan Taylor, Matt Thompson, Jake West and Marcus Woschitzka. Jack Schafer officiated in games involving this team.

The boys had a bye in Round 1 followed by a brilliant team win 6 - 0 over Orara High School. Round 3 saw a hard fought and gutsy come from behind win over Bishop Druitt College 3 - 2. Round 4 saw Coffs Harbour High School play Grafton High School for the Mid North Coast Final. Despite giving it their best effort, the boys were beaten 4 - 1, two goals coming in the last 10 minutes, by a bigger, taller and faster team.

While all boys played good football in all games, stand out performers over the competition were Peter McKenzie in mid-field, Jacob Riley-Hills in attack, Marcus Woschitzka in goal and Casey Egar in defence.

These boys will be the backbone of our school's football teams over the next few years.



**Colin Graham**  
**COACH/MANAGER**

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### UNDER 15 GIRLS' FOOTBALL THE BILL TURNER TROPHY

The Under 15 Girls' Bill Turner Trophy team comprises Jasmyn Atkins, Taylor Blay, Paige Channells, Natasha Clancy, Avalon Donovan, Greta Smith, Kira Heiler, Matilda Lugg, Cassie Mourin, Maddie Seccombe, Tamara Skinner, Allissa Tate, Paige Thornber, Taylor Williams, Lauren Winter and Lilly Winter. Emily Joseph and Sophie Madigan played in the early rounds of this Knockout Competition.

Jack Shafer and Kieran Long officiated in games involving this team.

The girls defeated Bishop Druitt College 3 - 2 in a hard fought round 1 game followed by a 6 - 0 demolition of John Paul College in Round 2. Round 3 was played in wet, windy and cold conditions at Polworth Drive Football Fields with Coffs Harbour High School defeating Bellingen High School 2 - 1 in a hard fought game.

Last week saw us host Maclean High School in the area final. The girls were extremely focused and, in the best game they have played to date, looked winners from the 10 minute mark of the first half. Crisp passing and excellent team play coupled with a very safe defence, and with Tamara Skinner and Kira Heiler at their brilliant best, supported admirably by ALL girls, we came out 1 - 0 winners.

## SPORT (continued)

### UNDER 15 GIRLS' FOOTBALL (continued)

We are Mid-North Coast Area Champions



These girls will be the backbone of Coffs Harbour High School football teams for the next few years.

Early in Term 3, the girls play the winner of Western/New England Area at Polworth Drive fields.

At this time, it is also important to thank the parents for their continued support in getting the girls to games and the Coffs Coast Tigers Football Club for the continued use of their football field. Also thanks to the staff at Coffs Harbour High School for their support of me and the girls.

**Colin Graham**  
**COACH/MANAGER**

## CAREERS

### YEAR 12

### 'WHAT NEXT'

### INFORMATION SESSIONS

In Term 3, Year 12 students will be encouraged to attend weekly sessions at school on a range of topics relevant to post school options. Topics include the university application process, applying for university Early Entry, searching and applying for scholarships, TAFE courses and applications, résumé writing, employment applications, and the use of various websites that assist with career decision making.

Some sessions will also include guest speakers from local employers and universities. All sessions are held during lunchtime and run by the Careers Department as a service to assist students. A session brochure will be distributed to students at the beginning of Term 3. We also hope to hold a parent information evening outlining the university application process for parents in late August. Parents are also welcome to request an interview with our Careers Adviser for further clarification of the process.

# CAREERS (continued)

## YEAR 10 WORK EXPERIENCE

Year 10 students and their parents should be congratulated for a highly successful Work Experience week between 16<sup>th</sup> to 20<sup>th</sup> June this year. With a record number of 160 students out in the one week from Coffs Harbour High School this takes a great deal of co-ordination and careful planning. For some students this is the first time they will be faced with the challenge of talking to employers. For others it is just another part of the jigsaw puzzle that is the journey of life.

Students have learnt employment skills such as problem solving, time management, personal organisation, telephone skills and effective communication. Work experience is not only a great stepping stone to a paid job, but is also a fantastic way to find out if reality matches expectations.

Feedback from employers was commendable and some students have been offered casual employment and opportunities for future employment as a result of their work. The success of this program relies heavily on the goodwill of local employers, many of whom continually demonstrate their commitment to our program. On behalf of the school we would like to thank local businesses and parents for all their assistance in making this program a success. Included in this newsletter is a selection of photographs of students in the work place.

Bryce Baff at Coastal Exhaust



Khye Creaven at Multitask Day Care



Caleb Nelson at



Corrine Corfe



Bronte Warskitt & Kodie Vandenberg  
Narranga Public School



# CAREERS (continued)

Casey Beattie  
Narranga Public School



Kirra Wright



Amy-Leigh Parker & Keisha Amos at  
Goodstart Early Learning Centre



Sage Midson  
at WE Smith



Suzannah Williams at Rose Ave Vet



Coen McCulloch at Narranga Public School

# CAREERS (continued)



Mikyla Croft & Jalea Dickson  
at Blush Beauty



Freya Tedeschi at 2 Birds Design



Jilly Knudson & Charlotte Dodd



Skye Rattenbury, Isobel Horspool &  
Ella Smith at Coffs Harbour Health Campus



Torin West at Red Phoenix Photography



## CAREERS (continued)

### AUTOMOTIVE TRADE READINESS COURSE

Whilst most Year 10 students were out on Work Experience a fortunate group was able to spend the week developing their skills and knowledge about what it takes to undertake an Automotive Apprenticeship.

Thank you to the TAFE Automotive faculty for offering such a valuable opportunity to our students.



**Left:** Brad Mercer & Charlie Burnett. **Middle:** Charlie Burnett & Kevin Hardaker.  
**Top right:** Clancey Dickson, Zach Goodwin, Brad Mercer & Nick Zancanaro.  
**Bottom right:** Kevin Hardaker, Brad Mercer, Nick Zancanaro & Charlie Burnett.

### UNIVERSITY OF NEWCASTLE EXCURSION WEDNESDAY 16<sup>TH</sup> JULY



Year 12 students are invited to attend an excursion to visit the University of Newcastle Callaghan Campus on Wednesday 16<sup>th</sup> July. As it is only a one day excursion it does involve both an early start and late return, but it is well worth the visit.

Cost is \$45 per person. There are a limited number of places still available. Please contact Mrs Court for final details.



# CAREERS (continued)

## POST SECONDARY OPTIONS EXPO FOR YEARS 11 & 12 STUDENTS AND THEIR PARENTS

<p>Wednesday 23<sup>rd</sup> July 2014</p>	<p>CHEC Multipurpose Centre</p>	<p>9.00 am – 12.00 noon</p>
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This Expo is a must attend for all Years 11 and 12 students considering further education after secondary school. Representatives from more than 50 education facilities, employers, government and employment agencies will be available to talk to, discuss options with and assist with applications and enrolments. Parents are also welcome and encouraged to attend. Students are responsible for arranging their own transportation.

Following is a full list of organisations and representatives that will be attending the Expo:-

*Academy of Information Technology*  
*Academy of Interactive Entertainment*  
*AICM - Australian International*  
*Conservatorium of Music*  
*Australian Institute of Music*  
*Australian Taxation Office*  
*Avondale College of Higher Education*  
*Bedford College*  
*Blue Mountains International Hotel*  
*Management School*  
*Bond University*  
*Charles Sturt University*  
*Charlton Brown*  
*Chartered Accountants Australia*  
*Defence Force Recruiting*  
*Dunmore Lang College*  
*ETC*  
*Griffith University*  
*HVTC North Coast*  
*Indigenous Youth Mobility Program(IYMP)*  
*International College of Management*  
*Sydney (ICMS)*  
*JMC Academy*  
*Key Employment*  
*Macleay College*  
*Macquarie University*

*Mid North Coast Local Health District*  
*My Health Career*  
*North Coast TAFE*  
*Novaskill*  
*QIBT*  
*Queensland University Of Technology*  
*Raffles College of Design*  
*Robert Menzies College*  
*SCU Village*  
*Southern Cross University*  
*St Andrews College*  
*Teach NSW*  
*The Hotel School Sydney*  
*The University of Notre Dame*  
*Tocal College*  
*Trendz Beauty and Training*  
*Universities Admissions Centre*  
*University of Canberra*  
*University of New England*  
*University of New South Wales*  
*University of Newcastle*  
*University of Sydney*  
*University of Technology Sydney*  
*University of Wollongong*  
*UNSW Rural Clinical School*  
*William Angliss Institute*



## CAREERS (continued)



What preparation have you done to help your child with subject choices for Year 9 and beyond?

Do you know all the career options available?

PACTS Workshops have been running in Australian secondary schools since 2002, with parents saying they are really helpful in understanding the different options.

Workshops are run in a set of three and include the following topics:-

- ★ How to assist your teen with career exploration.
- ★ What is HSC & VET pathways?
- ★ How to use the Job Guide and other resources.
- ★ Understanding TAFE, Apprenticeships and University.
- ★ Tackling the Employment Market.
- ★ Preparing for employment – Understanding the Options.

Coffs Harbour High School will be hosting PACTS workshops over the coming months to parents of Years 8 and 9 students. Further details will be posted in upcoming Coffs Harbour High School newsletters. For more information please contact Dionne Court on (02) 6652 3466.



**Dionne Court**  
**CAREERS ADVISER**



## Mining Engineering: A career that rocks! Come and find out why...

Never Stand Still

Faculty of Engineering

School of Mining Engineering

### UNSW Mining Engineering is the optimum gateway to:

- > One of the most diverse and rewarding career paths for graduates
- > Excellent travel opportunities in Australia and around the world
- > Learning from world-class academics using innovative technologies
- > Robust industrial training with leading mining companies
- > A unique learning environment with a strong community feel

The UNSW School of Mining Engineering is hosting a

## Mining Engineering Information Dinner

A great opportunity for Year 10-12 students in the Coffs Harbour area to meet with current UNSW students, staff and industry professionals to get the dirt on Mining Engineering. Find out about entry options, campus life, study, career options and what it's really like to work in the Minerals Industry. The dinner will be held at:

**Coffs Harbour: C.ex Coffs, 1 Vernon Street  
on Friday 22nd August, 2014 (6:30 PM for a 7:00 PM start)**

Space is limited so book early – *Parents and Teachers welcome.*

**RSVP by Friday 8th August** by emailing [mining@unsw.edu.au](mailto:mining@unsw.edu.au) with your name, school, year, number of seats required and any dietary requirements.

**For further information please contact:** School of Mining Engineering:  
e: [mining@unsw.edu.au](mailto:mining@unsw.edu.au) or by p: 02 9385 5006 [www.mining.unsw.edu.au](http://www.mining.unsw.edu.au)

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## In this edition

- Creative careers highlighted on myfuture
- Generation Success
- Help for mature-age workers
- How can I help my child?
- New scholarships
- ICT Labour Market Indicators report, 2014

### Creative careers highlighted on myfuture

Today's age of technology allows creative individuals more opportunities than ever. A new series of videos, ['I Want In' – Supporting Creative Careers](#), has been added to myfuture. The series showcases occupations and opportunities available to young people interested in pursuing a creative career. These videos have been developed in partnership between the NSW Government, I-Manifest and NSW creative industry leaders.

'Choose your Own Creative Career' gives you the chance to explore nine creative career opportunities. The interactive video centres around a music video production that features What So Not (a collaboration involving Flume), MTV's Kate Peck, 2DayFM's Maz Compton, General Pants Co's Pip Edwards and Pedestrian.TV's Rachel Tinney.

Eight young NSW design innovators, including an Interior Designer, Industrial Designer, Lighting Designer and Graphic Designer, are also showcased in a series of career videos.

### Generation Success



Some of Australia's largest employers have teamed up with the Department of Employment to assist young people to move into the workforce via the [Generation Success – youth employment initiative](#). Employers such as Woolworths and News Corp Australia lead the industry-driven initiative, with the aim of increasing awareness of youth unemployment issues across the country, encouraging employers to consider the employment of young people, and supporting young people already in the workplace.

A number of resources for job seekers and employers can be found on the [Generation Success](#) webpage.

An [Employer Breakfast and CEO Roundtable](#) was held in Sydney on April 16th, bringing together the Prime Minister and top executives along with young workers. The event highlighted the value young Australians gain from their first job, the challenges that young people experience and possible solutions that companies could consider.

myfuture's [Getting started](#) provides further support for young people just beginning their career journey.

### Help for mature-age workers

With the recent news that the pension age is to rise to 70 by 2035, mature-age workers need to know how to turn their years of experience into a plus.

[Help me stand out against younger job applicants](#) gives practical advice on how to make the most of your skills, knowledge and experience to make your job applications stand out.

Don't be shy about developing new skills. [Undertake further study or training](#) supports you in searching for study and training opportunities, including mature-age apprenticeships, Adult and Community Education courses, and financial and other support services to help improve your career through learning.

[Change direction](#) highlights the many options available to you, as well as key links to useful support services. For people aged 45 years and over, [Experience+](#) supports mature-age people to participate in the workforce.

# CAREERS INFORMATION



## How can I help my child?



It's not unusual for young people to be unclear about their direction in life. Many do not even gain a sense of who they are and what they want to achieve in life until their early twenties.

[My child has no interest in careers – what next?](#) outlines strategies to help your child to start thinking about what they would like to do, and how you can support them in their career choices.

Sometimes, just thinking about what interests and skills they already have can be helpful in making career decisions. [My career profile](#) takes you through activities to find out which occupations or career fields match their interests and skills.

[Talk to them about careers](#) also contains many articles to help you introduce your child to the world of work, and take them through the first steps on their career journey.



## New scholarships

myfuture has just been updated with an additional 105 scholarships to join over 4000 current undergraduate and post-graduate scholarships available to students across Australia. The type of support ranges from course fees, accommodation grants, and travel within or outside of Australia, and covers fields of study across all Australian universities.

Scholarships are available for all manner of people, so if you're looking into post-school study it's definitely worth checking out. Scholarships recently added include the Big Fat Smile Scholarship for final year Education students at the University of Wollongong, Aboriginal Scholarships for eligible students at the Durack Institute of Technology, and the Anna Chmiel Memorial Travel Scholarship for Monash University students wishing to study music abroad.

You can find the [scholarship search](#) in the 'Tools and resources' section of myfuture. You can search for awards and scholarships by keywords or refine your search by region, field of study, level, type of support or target group.

## ICT Labour Market Indicators report, 2014

This report replaces the annual Information and Communications Technology (ICT) Skills presentation which the Department of Employment has published in the past. The report provides an overview of issues and indicators relating to the ICT sector in Australia.

The report has been published on the Department of Employment's Labour Market Information Portal website at <http://lmp.gov.au/default.aspx?LMIP/Publications/OtherReports>.

## What's next?

- [Subscribe to myfuture news](#)
- [Tell us what you would like to see in myfuture news](#)
- [Unsubscribe from myfuture news](#)

Find us on social media:    

This newsletter may contain references to Aboriginal and Torres Strait Islander people who have passed away.  
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myfuture is a joint initiative of the Australian Government and state and territory governments.

[Terms and conditions](#)

## JUNE 2014 REPORT

### Meetings

You're welcome to come along and join us at our next meeting on Monday 4<sup>th</sup> August. Our meetings are held in the library at 7.00 pm on the first Monday of each month, except during school holidays. It is an excellent opportunity to be part of your child's school and learn about the day to day running of the school, positive achievements and other relevant issues. We look forward to your input.

### Canteen

The vast majority of our fundraising comes from our canteen. Our amazing canteen staff, Michelle, Tracey and Deanna, is always looking for volunteers to help during their busy days and we appreciate the help of those who give their valuable time each month. If you are a parent, guardian or other family member who is able to spare some time please call them on 6652 4637. We appreciate the help of the many people who already volunteer.

Thank you also to the volunteers who helped out over the recent long weekend when we opened the canteen for the Dance Eisteddfod and to the organisers for giving us the opportunity to open the canteen during the performances.

### Education Affordability

The Federal Government's recent budget foreshadows many changes to the future funding of education. Our P&C is concerned not only about high school funding but also the opportunities for our children to progress onto higher education. It will be diabolical if they decide not to pursue a university degree or TAFE qualifications because of concerns of how we or they can pay for it. We are in the process of writing to our local elected Members of Parliament, Education Ministers and party leaders to express these concerns. You too can help by contacting these representatives and adding to our voice. One place to start is the "*I Give A Gonski*" website [www.igiveagonski.com.au](http://www.igiveagonski.com.au). Our local Federal Member is Luke Hartsuyker and his office is located at 39 Little Street, Coffs Harbour. You can also reach him by phoning 6652-6233 or email [luke.hartsuyker.mp@aph.gov.au](mailto:luke.hartsuyker.mp@aph.gov.au).

**Paul Covington**  
**PRESIDENT/PUBLICITY OFFICER**







# KIDS' WINTER CAMPS 2014

### Learning and fun outdoors!

Looking for a fun and healthy school holiday activity that won't break the bank? Get your kids off the couch and unhooked from the iPad with a Sport and Recreation Centre holiday program.

Sport and Recreation Centres are government-run facilities. These overnight and day adventures are offered in great Australian bush and coastline locations for kids aged 5 to 16.

### See your child blossom

Our programs use challenging, adventurous activities to help kids develop independence, self-esteem and social skills.

Under the supervision of friendly and qualified staff, conquering these age-appropriate challenges can help kids develop confidence as they master new skills and make new friends.

Our affordable school holiday packages include all activities, accommodation, nutritious meals and 24-hour supervision. Supervised transport is also available to and from most camps.

**Sport and Recreation Centres: getting kids active outdoors for over 60 years.**

*Active Learning for Life...*

# COMMUNITY INFORMATION

Location	Camp name	Code	Date	Age	Cost 12 years and under	Cost 13 years and over	Transport available
<b>1-DAY CAMPS</b>							
Berrig	Kid's Club (day only)	67874	1 Jul	7-8 years	\$45.00		No
		67875	2 Jul	7-12 years			
		67876	3 Jul	10-12 years			
Lake Ainsworth	Kid's Club (day only)	67951	30 Jun	5-12 years	\$45.00		No
		67952 67953	1 Jul 2 Jul	5-12 years 5-12 years			
Myuna Bay	Kid's Club (day only)	67946 67867	10 Jul 11 Jul	7-12 years 7-12 years	\$45.00		No
<b>2-DAY CAMPS</b>							
Broken Bay	Duke of Edinburgh Qualifying	67814	10 - 11 Jul	13 years & 9 months - 16 years		\$180.00	Yes
<b>3-DAY CAMPS</b>							
Broken Bay	Duke of Edinburgh Practice	67811	6 - 8 Jul	13 years & 9 months - 16 years		\$210.00	Yes
<b>5-DAY CAMPS</b>							
Borambola	Snow Combo	67859	7 - 11 Jul	9-12 years	Ski - \$493.55 Board - \$507.90		Yes
	Sports Crazy	67770	7 - 11 Jul	10-13 years	\$295.00	\$295.00	No
Broken Bay	Adventure Camp	67800	30 Jun - 4 Jul	12-15 years	\$285.00	\$320.00	Yes
	Hooked on Fishing	67804	30 Jun - 4 Jul	12-15 years	\$341.00	\$376.00	Yes
	Adventure Camp	67808	7 - 11 Jul	7-12 years	\$285.00		Yes
	Sky High	67810	7 - 11 Jul	12-15 years	\$285.00	\$320.00	Yes
Lake Ainsworth	Adventure Camp	67948	7 - 11 Jul	7-12 years	\$285.00		
Lake Burrendong	Mountain Biking	67895	30 Jun - 4 Jul	12-15 years	\$237.00	\$267.00	Yes
	Hooked on Fishing	67896	7 - 11 Jul	7-12 years	\$277.00		Yes
Lake Keepit	Kreative Kids	67924	30 Jun - 4 Jul	7-12 years	\$265.00		No
Milsom Island	Hooked On Fishing	67798	30 Jun - 4 Jul	7-12 years	\$341.00		Yes
	Adventure Camp	67806	30 Jun - 4 Jul	7-12 years	\$285.00		Yes
	Adventure Camp	67807	7 - 11 Jul	7-12 years	\$285.00		Yes
	Cooking 4 Kids	67809	7 - 11 Jul	7-12 years	\$315.00		Yes
Myuna Bay	Adventure Camp	67848	30 Jun - 4 Jul	7-12 years	\$305.00		Yes
	Cooking 4 Kids	67850	30 Jun - 4 Jul	7-12 years	\$345.00		Yes
	Kreative Kids	67851	30 Jun - 4 Jul	7-12 years	\$345.00		Yes
Sydney Academy	Kids' Club (day only)	66063	30 Jun - 4 Jul	8-12 years	\$267.50		No
	Kids' Club (day only)	66064	7 - 11 Jul	8-12 years	\$267.50		No
	Environmental Art (day only)	67792	7 - 11 Jul	5-7 years	\$267.50		No
<b>7-DAY CAMPS</b>							
Jindabyne	Snow Sports	67414	28 Jun - 4 Jul	10-16 years	\$1,066.75	\$1,076.75	Yes
		67418	5 - 11 Jul	10-16 years	\$1,066.75	\$1,076.75	Yes

For full details including program descriptions, head to our website at [www.dsr.nsw.gov.au/kidscamps](http://www.dsr.nsw.gov.au/kidscamps). Please note, age restrictions do apply for some activities.

## Introducing online enrolments

Your enrolment can be submitted online 24/7! Enrolments close on the Monday one week prior to camp. Book early to avoid disappointment.

## How to enrol

Call 13 13 02 to book and pay over the phone, or submit your enrolment with full payment online.

Visit [www.dsr.nsw.gov.au/kidscamps](http://www.dsr.nsw.gov.au/kidscamps) for details.

[www.dsr.nsw.gov.au](http://www.dsr.nsw.gov.au)



Find us on Facebook [www.facebook.com/NSWSportandRecreation](http://www.facebook.com/NSWSportandRecreation)

Our friendly staff are always ready to help with your booking and answer any questions. We recommend you book as early as you can to ensure your child doesn't miss out.  
Tel: 13 13 02 Language assistance phone: 13 14 50  
Email: [sportrec@communities.nsw.gov.au](mailto:sportrec@communities.nsw.gov.au)



Office of  
Communities  
Sport & Recreation



# DEADLY FACTOR



*Grand Final*

*Our TOP 8 face off THIS NAIDOC WEEK for the CASH prizes and title of the DEADLY FACTOR WINNER for 2014*

*All happening on Tuesday the 8<sup>th</sup> of July 2014 kicking off at 6pm @ The Jetty Memorial Theatre*

*ENTRY COST is GOLD COIN DONATION*

*ALSO the biggest twist will be announced!*

*With Special Performances including the WINNERS of the last 2 years Narnia Fergusson and TAKTIX*

*HOPE YOU'RE READY FOR A ROLLERCOASTER NIGHT!*



*FOR MORE INFORMATION  
CALL Lockie Skinner on 0401 607 577*





## Tick eHealth off your parent 'to do' list

**A**s a busy parent, juggling the needs of your children with a hundred other tasks, remembering your family's health information can be a challenge. Registering for an eHealth record is a simple, secure way for you to manage and track your family's health. With an eHealth record you and your child's health providers will be able to access their health information when it is needed, even if they get sick in the middle of the night.

Australians can now choose to register themselves and their children for an eHealth record. The National Personally Controlled Electronic Health (eHealth) Record system, developed by the Australian Government, is an online system designed to make it easier for you to track and manage your children's healthcare. It provides participating healthcare professionals treating you and your children with better and faster access to your important health information.

### Access whenever and wherever you need it

Currently, health records are either paper based or stored in different places and systems so doctors and nurses often have to spend time chasing paperwork. An eHealth record brings together a summary of you and your child's key medical information, drawn from records already held in different parts of Australia's healthcare system. Having an eHealth record means you can access your health information online, whenever and wherever you need it. You can also share this information with healthcare professionals you authorise. It won't matter how many doctors you and your child see; if you give them permission they will all be able to view the same health information.

This means that you or your healthcare professionals will be able to see an up-to-date summary of your child's medical information straight

away, helping your child to get the care they need more quickly.

"Registering was so simple," said Amanda, mum of two, "I did it online and it only took around 10 minutes. Now I have access to both my children's eHealth records." The eHealth record stores key health information such as allergies, current medications, immunisations records, details of recent medical history and any previous adverse reactions to treatments. "It is so useful and one less thing to worry about. Now I know that my children's medical information is all online and in one place and I can access it at any time", Amanda said.

### Safe and secure

Records are protected by strong security and privacy safeguards to prevent any unauthorised access; so you know that all your family's health information is safe and secure. You will be able to access you and your child's records using a secure password and login.

### Going mobile

The eHealth record is now mobile; if your child has an eHealth record you can download a free app onto your iPhone or Android phone which allows you to view and add information to your child's eHealth record when you are on the go. The child's eHealth record mobile app lets parents view a range of information such as growth charts and reminders about health checks and immunisations. Ellie's mum, Hannah, said "I love having my daughter's information on my phone. It was so useful having her immunisation information to hand when I registered her for daycare



rather than remembering where it was all written down, or requesting it from her GP."

### Getting bigger everyday

The eHealth record system is continuing to grow as more healthcare professionals across Australia register and contribute to the system. Medicare Locals are working with health professionals to assist them in being ready to access the eHealth record system and support their patients in adding key medical information into their eHealth records. The Medicare Locals are also out and about, informing the public about the eHealth record system and providing assistance to help people register.

### Registration is easy

If your child is under 18, you have parental responsibility for them and they are on your Medicare Card you can register them for an eHealth record. Registration is easy and you can do it in a variety of ways:

- At your next GP appointment ask if they are set up with the facilities to assist you with registering.
- Online by visiting [www.ehealth.gov.au](http://www.ehealth.gov.au)
- By phone 1800 723 471
- In person, by visiting your local Medicare Australia Service Centre
- In writing, by completing the registration application form available from Medicare Australia Service Centres or from [www.ehealth.gov.au](http://www.ehealth.gov.au).

For more information visit the eHealth website at [www.ehealth.gov.au](http://www.ehealth.gov.au)

Story provided by Central Coast NSW Medicare Local and Hunter Medicare Local



NORTH COAST NSW

Keeping people healthy and well is our goal

# Disability Expo

## 2014

### Toormina High School Library



**Date: Friday 29<sup>th</sup> Aug**

**Time: 10am – 2pm**

Some of the Service Providers present will include:  
Accommodation Network, ADHC, Break Thru People Solutions, Carina Enterprises, CHES, ETC, Headspace, Life Without Barriers, Nambucca Valley Phoenix, Nortec, On Track Community Programs, Key Employment, TAFE NSW, Northcott Disability Services, ACI - NSW Health Transition Care, Coffs Harbour Support Services, Australian Hearing, Valley to Plateaus, Lifestyle Solutions, Mid Coast Communities, New Horizons Enterprises, Open Arms Care

Information will be available for young people with a disability (aged 15 – 18 years) and their parents/guardians to assist with the transition from school to a range of post school options which may include the pursuit of further education, employment, volunteering and/or prevocational training.

**Including schools from Maclean to Macksville**

**Contact Organiser – Robyn West**

**Transition Adviser Toormina High School**

**0266533077**

[robyn.west@det.nsw.edu.au](mailto:robyn.west@det.nsw.edu.au)

*until next time*