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"Light out of Darkness"

newsletter

QUALITY EDUCATION SINCE 1938

Term 4 — 2015/07

2nd November 2015

FROM THE PRINCIPAL

Our Year 12 students have brought to a conclusion their secondary school studies as they sat their Higher School Certificate examinations over the past few weeks. We are very proud of the manner in which the students have managed their school, home and work commitments throughout this time. Congratulations to all of the parents who have assisted their children

through the senior years of school, and for helping them to prepare well for the exams. Students will now pursue different pathways, and we wish them all the best in their future endeavours. HSC results are released by BOSTES on Wednesday 16 December, 2015.

This year Coffs Harbour High School has participated in the Youth Frontiers program. This government-funded program is aimed towards Year 8 and Year 9 students, allowing them to research and propose strategies to aid youth and/or social issues. The students are provided with training and a mentor from the community, and during November they will showcase their projects.

november | contents

- 1 principal's report
- 2 deputy principal's report
- 3 påc report
- 4 important dates
- 6 legacy junior public speaking award
- 7 capa faculty
- 10 english faculty
- 13 hsie faculty
- 14 language faculty
- 15 library news
- 17 tas faculty
- 19 gonski gives us "girls on t<u>he go"</u>
- 21 sport
- 23 careers
- 25 community information

FROM THE PRINCIPAL

The program aims to develop problem-solving skills in students, and a greater awareness of the issues confronting our society. Whilst being a new program, the value to the students has certainly been evident, and has helped to develop the skills needed of our future leaders.

Congratulations to students in Year 8 who have worked hard on their group project throughout the year as part of the enrichment program. These students identified a challenge, or an area of interest, then devised a plan to develop a product. It was wonderful to witness the diversity of ideas and the commitment that the students made. The projects demonstrated the values that young people hold in regards to social justice and the environment, and how creative they can be in their use of technology. Thank you to the teachers and the parents who supported these students. All of the students who participated should be very proud of their achievements.

Our Principal, Ms Patti Kearns, has been on leave for the first four weeks of Term 4. Thank you to parents, students and teachers for your support of the school over that time. Ms Kearns resumed duties on Monday, 2nd November.

Tony Wilson RELIEVING PRINCIPAL

FROM THE DEPUTY PRINCIPAL

Parents, community members, governments, interagency health and welfare groups and schools all have an important role to play in promoting health and wellbeing among our young people. During the hours our young people spend at school, in addition to academic learning, they learn about respectful relationships, conflict resolution, social skills and taking care of their health. The best outcomes for young people occur when they get the same messages at home and in the community and are supported through challenging times and have access to quality local services.

We currently benefit from a Headspace Youth Worker, Elaine Stanmore, and an early intervention drug and alcohol counsellor from Mission Australia, Cassie Critten, who visit our school each week to provide support for students. We also work with Bec White from "In It Together", a family support service who is able to support families to work through conflict with their teens.

We have been advised of a new service which has been established by the Commonwealth Government through the Office of the Children's eSafety Commissioner. The service relates to protecting young people online and provides a process of complaint and intervention for serious cyber bullying which targets Australian children under 18 years. Parents, with the consent of their child, or young people themselves, can make a report online at www.esafety.gov.au. The service will assist with the removal of offensive material within 48 hours. Many of these complaints relate to weekend or late night posts which are unrelated to the school and this service may be useful to help to resolve issues.

Kathy Steward

P&C REPORT

PUBLIC EDUCATION FUNDING

Coffs Harbour High School P&C is urging every parent and carer to get involved in the "I Give a Gonski" campaign to ensure that every Australian child, no matter what their background, can get a high quality education. Additional Gonski funding was recommended by the independent Gonski Review which warned that too many children were missing out on the education they need due to a lack of resources.

Under the Gonski plan all schools are funded according to the individual needs of the students, this funding can be used to reduce class sizes, employ additional specialist teachers, provide greater assistance and support for students with disabilities or behavioural problems and build the skills and knowledge of teachers.

The Federation of Parents and Citizens Associations of New South Wales has congratulated Malcolm Turnbull on his accession to the Prime Ministership. The Federation is hopeful that the new government will take this opportunity to review some of the previous decisions that put the Abbott government in its current malaise. Starting with honouring the promises made at the last election and immediately committing to the full implementation of the Gonski reforms, including the crucial later years, would place this government ahead at the outset.

It's time we stand up and let the Federal Coalition Government know that we want to invest in our children's futures and give them the best chance possible in life. To do this we need a fully funded Gonski.

CANTEEN AND UNIFORM SHOP

Unfortunately due to price rises from our suppliers we have had to review our uniform and canteen price lists. Uniform costs are now as follows: Boys shirts \$30.00; girls blouses \$30.00; skirts \$43.00; sports shorts \$25.00, polo shirts \$33.00 and grey shorts \$35.00. The new canteen price list will be displayed in the canteen.

A reminder to parents and students that the canteen and uniform shop are cash only and do not have EFTPOS facilities.

The vast majority of our fundraising comes from our canteen. Our amazing canteen staff, Michelle, Tracey, Deanna and Maryanne, is always looking for volunteers to help during their busy days. If you are a parent, carer or other family member who is able to spare some time, please call them on 6652 4637. We appreciate the help of the many people whom already volunteer.

MEETINGS

We are always pleased to see new parents, carers and family members at our meetings held in the library at 7.00 pm on the first Monday of the month during school terms. It is an excellent opportunity to be part of your child's school and learn about the day to day running of the school, positive achievements and other relevant issues. A special invitation is extended to parents of Year 6 students enrolled for 2016 to attend our next meeting on Monday 2nd November. It would be great to get to know you before the new school year commences.





IMPORTANT DATES

DATE

EVENT

6 th November	HSC Exams (last day)
2 nd November	P&C Meeting 7.00 pm – School Library
4 th & 5 th November	Year 10 Agriculture Dairy Excursion to Bellingen
5 th November	Last day to purchase Year 12 Formal tickets
10 th November	2016 Year 7 Parent Information Evening
	5.30 pm – 7.00 pm – School Hall
	(students are welcome to attend)
	Tours of the school will commence at 5.00 pm
13 th November	Year 12 Formal
13 th - 21 st	Year 11 Heron Island Excursion
November	(departing school Friday 13 th November at 11.00 pm sharp
	from Edinburgh Street and returning to school on Saturday
	21 st November at around midnight)
	<u>Note</u> : Year 11 students not attending Heron Island will go to normal classes.
$16^{\rm th}-20^{\rm th}$	Year 12 Primary Industries Work Placement
November	
18 th November	Year 10 The Smith Family "Preparation for the Workforce" day CEx Club – all day
$23^{rd} - 27^{th}$	Year 10 Tallebudgera Excursion
November	Year 10 Work Experience – Week 2
	<u>Note</u> : Year 10 students not going to the Tallebudgera excursior or Work Experience, <u>must attend</u> normal classes.
26 th November	Small School Orientation Day Year 6 into Year 7 — 2016
	(for students from Coramba, Karangi, Lowanna, Nana Glen,
	Orara Upper and Ulong Primary Schools).
30 th November –	Year 12 Hospitality Work Placement
4 th December	
3 rd December	All Schools Orientation Day Year 6 into Year 7 — 2016
	(including small primary schools)

IMPORTANT DATES

DATE

EVENT

3 rd & 4 th December	Year 11 Queensland Universities Excursion
7 th December	Year 9 End of Year Assembly – periods 3 & 4
	(11.20 am to 1.00 pm)
7 th December	P&C Meeting 7.00 pm – School Library
8 th December	Year 7 End of Year Assembly – periods 1 & 2
	(9.20 am to 11.00 am)
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8 th December	Year 11 End of Year Assembly – periods 3 & 4
	(11.20 am to 1.00 pm)
9 th December	Year 10 End of Year Assembly – periods 1 & 2
	(9.20 am to 11.00 am)
9 th December	Year 8 End of Year Assembly – periods 3 & 4
	(11.20 am to 1.00 pm)
11 th December	End of Very Presentation Day School Hell
II" December	End of Year Presentation Day – School Hall
	11.00 am – 1.00 pm
14 th – 16 th	EOYIE Activities
December	(End of Year Interest Electives)
16 th December	Last day of Term 4 for all students
17 th & 18 th	Staff Development Days (pupil free days)
December	
16 th December	HSC results released
17 th December	ATAR's released

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MARK YOUR CALENDAR!

LEGACY JUNIOR PUBLIC SPEAKING AWARD

Angus Tedeschi of Coffs Harbour High School spoke confidently in the state semi-finals of the NSW Legacy Junior Public Speaking Award, described as the most impressive round in recent years.

The Legacy Junior Public Speaking Award, a national public speaking event, continues to be in high demand with 440 entries received from more than 200 schools in NSW.

Angus was among 24 students who competed at this year's semi-finals at Scots Church, Wynyard, with a speech on Social Injustice.

Founded in 1995, the Legacy Junior Public Speaking Award, a national event, was established to develop the confidence and self-esteem of students aged 12 to 14. It aims to help students develop their oral communication skills and promote the effective use of spoken English and research skills.

"Legacy is proud to be involved in the Junior Public Speaking Award and is proud to showcase and nurture the potential of so many young Australians," said Sydney Legacy President Eric Easterbrook.

"The quality of this year's speakers proved outstanding. Speakers demonstrated their skills with a five minute prepared speech on a broad range of topics and a two minute impromptu speech on a set topic.

"It is always intriguing to listen to the speakers; they cover a broad range of topics with passion and enthusiasm.

"In past years this round has been held at NSW Parliament House but perhaps our politicians are becoming a little nervous at the incredible competency of these student speakers."

Judges assessed each student's use of language to convey their message, while also evaluating their clarity, organization of the speech, sincerity as well as intonation, articulation and pace.

The NSW final of the Legacy Junior Public Speaking Award was held on 16th October at the Art Gallery of NSW. The winner and runner up from this event will represent NSW at the national final to be held in November in Melbourne.



The eight students selected for the NSW finals are Yi Xiu Tan, Kambala; Daniel Selvadurai, James Ruse Agricultural College; Sophie Mok, Pymble Ladies College; Charlee Sutherland, Crestwood High School; Claire Yin, SCEGGS Darlinghurst; Jennifer Barnott-Clement, Camden High School; Shoryu Das-Zaman, North Sydney Boys High School and Daniel Yim, Sydney Grammar School.

Liz McDougall MEDIA & COMMUNICATIONS SYDNEY LEGACY

CAPA FACULTY

NSW PARLIAMENT/TELSTRA PLEIN AIR WORKSHOP

As part of Telstra's sponsorship of the NSW Parliament Plein Air Prize for outdoor painting, the company is staging a series of workshops throughout NSW to introduce students from Years 9 and 10 to this form of art which first originated in Europe in the early 1800s.

Coffs Harbour High School was chosen as the school from the North Coast area. 20 students participated and were all given an art kit donated by Telstra. This included a set of paints, canvas, brushes, pallet, pencils and apron.

The students went off to Coffs Creek to do their paintings. Matilda Julian, a recognised Plein air painter, drove from Dubbo to mentor them on the day. Her job was also to choose the best three artworks. These will then be further judged with other students' works from around NSW and the best will be hung in the NSW Parliament alongside the major Plein Air Prize in July 2016.

Joining the students on the day were Andrew Fraser MP, Member for Coffs Harbour, Mr Rod Bruem, Telstra Corporate Affairs Manager NSW and Mike Marom, Telstra Area General Manager, North Coast NSW.

Our three finalists were Vanessa Eagles, Rebecca McGaw and Sophie Madigan. Bec Makai won the local prize. We wish them the best of luck and hope that one of these artists gets to have their work hung in Parliament House.



L-R: Sophie Madigan, Vanessa Eagles, Bec Makai and Rebecca McGaw

CAPA FACULTY

NSW Parliament/Telstra Plein Air Workshop



CAPA FACULTY

LIGHTHOUSE COMMUNITY OF SCHOOLS CONCERT



The Community of Schools Concert is held each year and showcases performances from Coffs Harbour and Orara High Schools along with Korora, Coffs Public, Tyalla and Narranga Public Schools.

This year it was our school's turn to compere and Darcy Turner (Captain) and Georgia Bonser (Vice-Captain) (*photo left*) did an excellent job. Darcy and Georgia also performed alongside our other talented Year 12 Music students. A group from the Year 10 Performance Class under the guidance of Ms Zillah Hawley also performed.

All these students should be congratulated on their outstanding performances and were certainly great role models for the many primary school students in attendance.

Jan Chivas HEAD TEACHER CAPA



ENGLISH FACULTY

YEAR 8

GROUP CHALLENGE

In 2015, 51 Year 8 students were involved in the enrichment program. This year, in a departure from previous years, the students were involved in a group challenge where they worked together to develop a project on one of 11 open-ended topics. They worked in groups of between three and six to research their chosen topic and then devise a "product" to show what they had learnt.

On Thursday 8th October, after two terms of work on their various projects, the students took over the school hall and presented their projects to the school, family and the judges. Each group set up a station to display their work – posters, pictures, models, computer displays and even lasers and helium balloons were all utilised to showcase their work.

The judges were Mrs Paula Madigan, Mr Gary Lyne and Mrs Julie Roberts. They were very impressed with the depth of knowledge displayed as well as the creative ways the students went about to create their project. The students were articulate, thoughtful and rightfully proud of their endeavours.

Projects were incredibly varied. "Fresh Vibes" created tie dyed t-shirts with positive affirmations to sell via school, Instagram and e-Bay. The girls are certainly on the path to being successful entrepreneurs with this venture, selling \$300 worth of t-shirts on the first day! Another group developed working aquaponics systems to suit a variety of households and uses. Their passion for a more sustainable future was clearly evident and they are now working with Mr Parish to develop an aquaponics setup at the Ag Plot. Two other groups also looked at sustainability, one designing an intricate vision of the future through Minecraft while the other looked at sustainable housing and presented their finding with a model. One group devised a game app called "Bacon Bolt", learning code and game design along the way, and the game was a hit with students and is available online on GameSalad. Other groups focused on important social issues including abuse, poverty, bullying and depression – creating powerful websites, videos, songs, poems and models to explore their issues. Two groups worked on designs to develop Room 9 into the ideal classroom. They will present their designs to Ms Kearns and we will hopefully see a refurbished classroom in the near future.

The students found the project challenging in many ways, especially working as part of a team, but all agreed that they were happy with what they had achieved. Some of the skills they learnt along the way included using Google Forms and Docs, making videos, room design, coding, song making, website design, time management, creative and critical thinking and compromise.

Congratulations to all participants!

Paula Madigan ENRICHMENT PROJECT COORDINATOR

ENGLISH FACULTY



ENGLISH FACULTY



Kiara Nielsen, Claudia Kelsall, Jessica Cheers & Katelyn Eagles



"Poverty" Annabelle Smith, Danielle Barry, Lily Neef & Nikki Larsen







L-R: Thomas Hain, Luke Kocon-Fredericks, Ethan Sechi, Angus Tedeschi & Angus Croak



Keeleigh Ower & Chevy Pink

HSIE FACULTY

UNIVERSITY OF NEW ENGLAND BURNING BUSINESS IDEA CHALLENGE PRESENTATION

The University of New England came to visit students from Year 10 Commerce and Mad Money Elective classes on 19th October 2015 to encourage students to enter a competition called "Burning Business Ideas" with the top 20 ideas chosen to attend UNE's version of a Dragon's Den, Shark Tank-like "Top 20 Challenge". Students can work on a shared problem (it may be that students brainstorm ideas for an existing business they know) or come up with business ideas that have been building in class or at home.

Wish them luck as they enter and if they are successful, they will be invited to develop an elevator pitch with expert coaching from young, dynamic entrepreneurs.

John Mellalieu RELIEVING HEAD TEACHER HSIE





Year 10 students Bryce Haigh & Jonathon Watson

Ms Sally Strelitz, Business Unit, UNE addressing Year 10 Commerce & Mad Money students

LANGUAGE FACULTY

A small group of Year 8 and 9 students were introduced to one of the perks of studying Chinese this term when they were interviewed at school by Channel 9. The interviews were background for a program on the upcoming Schools Spectacular and were focussed on our role as a Confucius school in a globalising world. Mrs Burnham and our teaching assistants, Ms Wang and Ms Guan, also took part. The interviews should be broadcast in the next couple of weeks so keep an eye out for them on Channel 9!

We will be taking a group of Year 8 students to Sydney in late November to take part in the Confucius Activities Day. The day will see students from Confucius Schools around the state taking part in language and culture activities. This will be a wonderful learning opportunity for students looking to study elective Chinese next year. Places are limited so look out for permission notes coming out shortly if you are interested.

We have also had our bilingual signs installed over the school holiday as part of a movement to get Chinese out of the Chinese classroom and into the whole school. Special thanks go to Mr Whiting for his assistance with installing the signs — they look great.

The weeks keep ticking over towards next year's China excursion. A whole host of notes and forms have gone home with students recently. These forms need to be completed and returned this term, and any student who does not have a passport should be starting the application process now. As always, any questions or issues should be raised with me.

David Dun CHINESE TEACHER



LIBRARY NEWS

Oliver is coming!!!. Oliver is the new web-based library system that will replace the 20 year old OASIS library system. The beauty of the new system is that it will give students and staff interactive engagement with digital and physical resources. It can rate resources, save searches, set up alerts, make reservations, request resources, students can write their own resource reviews and it can create bibliographies of resources used. The homepage will allow Library news to be changed frequently, the covers of newly purchased resources can be seen and online resources can be found via Scootle. New releases from publishers as well as author of the month features can be seen on the homepage.

The system will be up and running by mid-November and while it will take some time to get used to it, the library staff are really looking forward to the new library management tool. Students and staff will be instructed on its use as soon as possible.

I have been visiting students in their roll call rooms to request the return of library items that are overdue. Many have responded by returning items or arranging payment to replace the resource. I will be sending out letters in two weeks so please assist by urging students to return items before this time.

The library now has a pod of 10 laptops and chargers which are available to students on a period, daily, weekly or fortnightly loan. This can be handy in case of emergencies when the pressure is on to complete assignments or assessment tasks.

The new "Bleach" MANGA titles are in heavy demand, another 10 in the series have been ordered to bring the total to 33 (only 40 or more to go as funds allow).



LIBRARY NEWS

The MANGA competition received 17 entries into the various categories. The winners were Praveen Chetty, April Creer, Taylor Blay and Teighlor Draper. Congratulations to the winners and all those who participated. Thanks to Mr Butler who assisted with judging.



Gail Latham LIBRARIAN

TAS FACULTY

YEAR 7 MONSTERS UNIT

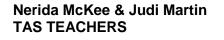
Year 7 Technology Mandatory Textiles have been immersed in a new unit called "Monsters". This is a design unit based around the concept 'Think, Design and Create". It is a unit designed to stretch the boundaries of the imagination, turn these ideas into conceptual patterns and allow students to create their own individual monsters. Students learnt a lot about themselves, pattern templates, machine sewing skills and conceptual design. This was a very successful unit that was a lot of fun and produced great results for all students.

Judi Martin TAS TEACHER



YEAR 8 POLAR FLEECE HATS

Year 8 Technology Mandatory Textiles students were given the opportunity during our winter months to design and create a polar fleece hat for themselves or a client. Enthusiastic students created hats based around cartoon characters, their favourite football codes or some just decided on their chosen colours. The choice was up to them.







TAS FACULTY



L-R: Jackalyn Pitman, Matthew Knight, Angus Tedeschi, Jessica Cheers, Claudia Kelsall (hidden), Annabelle Smith, Annabel Easson, Elvis Mbozomutima, Katelyn Eagles, Eliza Chaffey and Jann Read



L-R: Jackalyn Pitman, Katelyn Eagles and Jessica Cheers

GONSKI GIVES US "GIRLS ON THE GO"

This term we have utilised some funding provided by the NSW Government using Gonski allocations to fund a transition to work program for Year 9 girls. The Girls on the Go program involves visits to local businesses and employment agencies to learn about the world of work and training. The program also involves learning about budgeting and grocery shopping, purchasing and preparing local food into a healthy lunch, visiting a beauty salon and surfing. Participants need to earn their place on the excursions by improved attendance and commitment at school and the response has been very positive from the students. We now have lots more students who would like to participate in the program.

Our thanks to the following local business organisations who have assisted with this program and been very generous with their time and service for our students.

Bunnings, Brontesaurus, Coles, Key Employment, Trends Hair and Beauty, Cafe Splash, North Coast Surf School, Coffs Coast Growers' Market.

Kathy Steward DEPUTY PRINCIPAL



L-R: Chloe Bunney, Kirsty Matthews, Joelee Vines, Taylor Favell & Thelma Mercy

GONSKI GIVES US "GIRLS ON THE GO"



Thelma Mercy, Kirsty Matthews, Joelee Vines, Chloe Bunney and Taylor Favell



L-R: Kyla Rochford, Taylor Favell, Joelee Vines, Tracey Ross, Jessica Hussell, Nyakol Malith, Thelma Mercy, Kirsty Matthews, Makayla Elks-Wade, Chloe Bunney



ZOE & HER FRIEND CHICKA PLACE 4TH IN AUSTRALIA IN THE UNDER 15'S

Congratulations to Zoe Campbell and her horse Chicka, who attended the Australian Youth Show Jumping Championships in Sydney over the long weekend. This was Zoe and Chicka's first major event and they both performed extremely well. They came fourth in the following events and overall placed 4th in Australia in the Under 15's:-

Child Grand Prix

International Bronze Level Show Jumping Power and Speed



SPORT

JACOB WINS UNDER 15'S AUSTRALIAN CHAMPIONSHIP



Coffs Harbour High School Year 9 student Jacob Ford recently won the Under 15 Australian Boys Squash Championship.

Jacob was playing in his first national final playing among 250 of the world's best in the Australian Junior Open at Willoughby.

Congratulations Jacob. We wish you all the very best for your future sporting career.

NATASHA SELECTED FOR UNDER 18 GIRLS USA FUTSAL TOUR

Congratulations to Natasha Clancy (Year 10) on her performance at the 2015 National School Futsal Championships. Due to Natasha's exceptional play, she has been selected in the Australian 18 Girls Futsal team to tour the USA in July 2016 to compete in the 31st US National Futsal Championships.

We wish Natasha all the very best in her sporting career.

Col Graham CHHS GIRLS FUTSAL COACH



CAREERS

OPTIONAL WORK EXPERIENCE WEEK – YEAR 10

Year 10 students have the opportunity to complete an additional week of work experience between 23rd November to 30th November. Interested students will need to collect insurance paperwork from the Careers Office. Please note that if a student wishes to undertake a placement at a local primary school they are required to talk to Mrs Court about it. Please do not contact the primary schools directly. All completed forms are to be returned to the Careers Office no later than 14th November 2015.

QUEENSLAND UNIVERSITY EXCURSION 3rd & 4th December

This is a two day regional school excursion that visits a selection of NSW/Gold Coast and Queensland based universities. Tours will be conducted at SCU on the Gold Coast, Griffith University, University of Queensland, as well as a number of smaller institutions. Invitations are open to all 2016 Year 12 students. Cost for the excursion is \$140. Places are limited so students are encouraged to submit payment and permission slips as soon as possible.

CALLING ALL BUDDING BARISTAS!

Coffs Harbour High School, in association with TAFE, is offering 20 students the opportunity to complete a Beginner Barista course at no charge. Only students in Year 10 are eligible to participate. The course will be offered on two different days — Monday 30th November and Tuesday 1st December. Applications close 20th November and can be obtained from the Careers Office.

BIG W WORK EXPERIENCE PROGRAM

Once again Big W have offered a fabulous work experience program for students in Year 9 and 10. 15 students have undertaken one day per week for five weeks and learnt a range of valuable employability skills.

Some students have been offered casual employment as a result of their hard work. Photo of students from Big W Coffs Central.



CAREERS

EXPANSION OF THE

SCHOOL-TO-WORK TEAM

Coffs Harbour High School is committed to making a difference in young people's lives, especially at key transition points to work inspirations and career explorations.

This year a three day Transition Adviser Training course was provided to Mr John Mellalieu to join the Careers and Transition team and be a part of next year's programs at our school. The training is an initiative of the NSW School-to-Work Program.

The new team working with school staff, students, the community and industry, will be Mrs Dionne Court, Mrs Trina Neville and Mr John Mellalieu. The key initiative will be to build further capacity at our school to meet the needs of students, community and industry in an ever changing world of work and pathways to employment.

SOUTHERN CROSS

SENIOR SCHOOLS DAY

16 Year 11 students attended the recent SCU Senior Schools Day to learn more about university courses available for future study.



CAREERS

CONGRATULATIONS

Congratulations to Grace Crawley of Year 12 who recently was awarded the Louise Morgan Scholarship from Southern Cross University. This \$2,000 scholarship recognizes Grace's commitment to the SCU Headstart Program and can be used next year when she commences midwifery at Southern Cross University.

We would like to acknowledge SCU's commitment to our students and thank them for giving Grace this wonderful opportunity.

SCHOOL BASED TRAINEESHIPS AVAILABLE

School Based Traineeships are available at Subway. There are positions open at Coffs Harbour and Toormina stores. Please see Mrs Court for a registration form.



Dionne Court CAREERS ADVISER

COMMUNITY INFORMATION

SCU INFORMATION DAYS 2015

Southern Cross University is pleased to extend an invitation to attend one of our Information Days at the campus of your choice. SCU Info Day will provide the opportunity to find out more about our courses, university life and the types of services and support SCU offers to help students achieve their potential. You are welcome to bring along friends and family to explore our beautiful campuses and facilities, meet our staff and student ambassadors.

Coffs Harbour Campus	
Lismore Campus	
Gold Coast Campus	

7th December 9th December 11th December

More information is available on the SCU webpage: <u>http://scu.edu.au/scuinfoday</u>

RRISK — ALCOHOL & OTHER DRUGS FREE PRESENTATION

For details of this free presentation, please see page 29 of the newsletter.



To the Library at recess, lunch or before school, any day before Friday the 13th of November



WHOOPING COUGH ALERT

There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children.

Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies.

Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night.

- Children with these symptoms should see a doctor.
- If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken five days of antibiotics. Keep coughing children away from babies.
- Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up-to-date with their vaccines, due at six weeks, four months, six months, four years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age.

A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents. Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.

Your local public health unit can provide advice about whooping cough on **1300 066 055** or visit the NSW Health website for information for childcare and schools about whooping cough.



FAMILY RELATIONSHIP SKILLS PROGRAM

Free Workshops for Parents



 Toormina – Public School Who's in Charge? (4 sessions)
How to deal with aggressive teens and preteens
Tuesdays 20th, 27th October & 3rd, 10th November (9.30am to 12.30pm)
Urunga – Neighbourhood Centre

Toddler Tantrum Toolbox (1 session)

- Thursday 26th November (9.30am to 12.30pm)

Ulong – Public School Understanding Your Child's Brain (1 session)

- Tuesday 17th November (9am to 1pm)

Free childcare available

BOOKINGS ESSENTIAL To register contact the FRSP team at CRANES on 6642 7257

or email admin@cranes.org.au

Spaces are limited so book early!

Full course calendar available at www.cranes.org.au



Alcohol and other drugs - An update for those who work with young people

FREE PRESENTATION

Paul Dillon is the Director of Drug and Alcohol Research and Training Australia (DARTA) and works with young people across the country and internationally. With a broad knowledge of a range of content areas, Paul regularly appears in the media and is regarded as a key social commentator, with interviews on television programs such as Sunrise, TODAY and The Project. Paul is the keynote speaker at the 2015 RRISK seminars. This information session aims to provide those working with young people some basic information on current youth AOD trends in Australia. Attempting to sort out 'fact from fiction', information on a range of both legal and illegal drugs, as well as current 'hot topics' of the day will be provided. Some of the issues that will be examined include:

- Methamphetamine and the 'ice epidemic'
- New trends in ecstasy
- Changes in the ways people are purchasing drugs i.e., the internet as a drug dealer
- Roadside drug testing (RTD) and implications for the Mid and Far North Coast of NSW

Where: Southern Cross University, Coffs Harbour, Auditorium (D block) Date: Thursday 19 November 2015 Time: 4.00pm-6.00pm

Bookings are essential Please RSVP by Friday 13 November 2015 Contact (02) 5622 8504

Health Promotion, Mid North Coast Local Health District

www.rrisk.com.au

Proudly sponsored by Southern Cross

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Are you looking for a qualification that will take you places?

The tourism, hospitality and events industries are fast paced and fast growing. If you are unsure of your next step, why not try courses in Tourism, Hospitality and Events.

They will provide you with the foundation skills, knowledge and experience you need to go further in your future. Wherever that may be

North Coast TAFE are taking enrolments for 2016. You could be on your pathway to work at the Commonwealth Games in 2017.







There are courses waiting for you in Tourism, Hospitality, and Events.

Certificate II in Kitchen Operations (SIT20312-01V02) Gain a basic insight into kitchen operations and prepare yourself for potential future apprenticeship opportunities.

Certificate III in Hospitality (SIT30713-01V01) Develop your skills in hospitality operations. This course is a great place to start if you're looking for a future in a fast moving customer focussed industry.

Certificate III in Commercial Cookery (SIT30813-01V01)

Do you have a passion for food and would like to work as a cook in hotels, restaurants, hospitals or any commercial catering establishment? This course could be for you.

Certificate III in Holiday Parks and Resorts (SIT31212-01V02)

Would you like to work in an industry where a holiday mood prevails? This course will provide you with the operational skills to ensure everything runs smoothly.

Course delivery methods:

North Coast TAFE provide provide customised training and flexible training delivery. Choose from delivery to support your workplace, by distance, or in the classroom using our state-of-the-art facilities at Coffs Harbour Education Campus.

Fees and charges:

North Coast TAFE offer flexible payment options including payment in full, monthly or weekly instalments and direct debit. Course fees vary depending on your individual situation and eligibility for government subsidised training. Contact us to discuss your eligibility and options.

810: 90010. For the matt up-to-date information on courses, fees, recognition of prior learning, student augport services, student rights and separational department of Education and Communities Code of Conduct with our webrite nonfoceatisfic aduces of phone 1300 NCTAFE (1300 628 233).

Call us on **1300 NCTAFE (1300 628 233)** or visit northcoasttafe.edu.au



Whilst waiting at interchanges for our bus company, we ask children to wait in their initial bus wherever practical, until their next bus arrives. This ensures the safety of all children. If a child departs their initial bus for whatever reason, it is important that children stand well clear of the kerb/side of the road of the interchange point. This will ensure that they are clear of incoming buses at the interchange.

There have been reports of children walking behind buses and on the road at the Korora Bus Interchange.

Unfortunately our company cannot be held responsible if children are walking on roads or behind buses when they should be standing on the pavement away from the kerb at this interchange point.

We ask for education from schools and parents to the children about the danger of standing behind buses or on the road at these interchanges. However, the safest method is to wait in the bus until the next bus arrives whenever possible.

Thank you for your cooperation.

Nigel Tooth OPERATIONS MANAGER RYANS BUS SERVICE

until next time