Cnr Edinburgh & Nile Streets, Coffs Harbour, NSW, 2450 Telephone: 02 6652 3466 Fax: 02 6651 4004

"Light out of Darkness"

newsletter

QUALITY EDUCATION SINCE 1938

Term 2 — 2017/05 26th June 2017

FROM THE PRINCIPAL

Today we celebrate NAIDOC and welcome back to our school as guest speaker former student of Coffs Harbour High and School Captain of 2002, Gumbaynggirr man Clark Webb. Clark has a deep understanding of the importance of language in ensuring healthy culture and is doing significant work in our local schools and community to ensure young Aboriginal students develop their Gumbaynggirr language skills.

Well done to all students who participated in the Mid-North Coast Athletics carnival last week. Coffs Harbour High was the most successful school and four of our students were age champions. Hearty congratulations to Ama Mite, Jorja Welch, Jack Sheehan and Cassidy Ronalds.

Approximately 150 Year 10 students were out and about in the Coffs community last week gaining an appreciation of workplaces that may be related to their future career choices. We are enormously grateful to the businesses and organisations that open their doors to our students and share their insights and expertise. Teachers who visited students at their place of work reported that students appeared both happy and industrious. Coordination of the work experience week is a mammoth undertaking and I am extremely thankful to our careers teachers, Ms Dionne Court and Ms Trina Neville for their tireless efforts in making this opportunity available to students.

In a large school like our own, there are inevitably some staffing changes during the course of the year. We have recently farewelled temporarily ESL teacher Ms Raija Chapman and PDHPE teacher Ms Amanda Munro each awaiting the birth of a third child. We wish Raija, Amanda and their families much joy in the coming months and we will be pleased to welcome them back during 2018.

email: coffsharb-h.school@det.nsw.edu website: www.coffsharb-h.schools.nsw.edu.au

FROM THE PRINCIPAL

Ms Lara Wilkinson joins us to teach ESL and Ms Natascha Gehrke moves across from Science to PDHPE to fill Ms Munro's position. We are fortunate that many of our teachers, as is the case with Natascha, have dual qualifications, which gives us flexibility in staffing. The vacancy in Science created by Ms Gehrke moving to PE, will be filled by Mr Anthony Baker, who returns after a period of leave. Students will be very pleased to know Mr Baker is returning as he has an excellent capacity to ignite the spark of our budding young scientists.

Congratulations to Head Teacher Mathematics Mr David Taylor who has been successful in his application to serve during Semester 2 as relieving Deputy Principal at Bowraville Central School. David will bring strong leadership skills to the role and will draw on his experience teaching in K to 12 schools in Western Australia. Ms Angela Kellahan, who has a great deal of expertise teaching the highest level Maths course at her previous school in Sydney - Carlingford High - will take on the demanding Year 12 Extension 2 Maths class. Leadership of the Maths faculty will be shared between Ms Paula Stanton and Ms Kellahan. We have advertised for a Maths teacher to replace Mr Taylor and expect to have all staffing in place for the beginning of term 3.

Patti Kearns

P&C REPORT

PROPOSAL TO AMEND THE P&C CONSTITUTION

All members of the CHHS P&C Association are advised that a proposal to change the by-laws of the CHHS P&C Association will be voted on by paid up members of the P&C at the next General P&C Meeting to be held on 7th August 2017. The current by-laws read:-

5. A general meeting of the Association will be held **on the first Monday of each month during term time at 7.30 pm.** Other meetings shall be called as appropriate.

The proposed change is as follows:-

5. A general meeting of the Association will be held **on the first Monday of each month during term time at 7.00 pm.** Other meetings shall be called as appropriate.'

MEETINGS

The P&C invites you to come along to any of our meetings held in the school library at 7pm on the first Monday of the month during school terms. Our next meeting is on Monday 7 August and then Monday 4 September. We look forward to seeing new parents there! We will be losing 4 of our regular P&C members next year as their kids finish year 12, so we would love to see lots of new faces with an injection of fresh ideas.

GONSKI

Thank you to everyone who has been helping to push the current Federal Government to honour the current six year Gonski agreement. Recently we have had a visit from the Gonski mobile billboard and Gonski rally outside of our local Federal member's electorate office.

Monday 19 June was another day of action. The Senate is due to start debating Malcolm Turnbull's plan to cut Gonski funding and if the plan passes, children across the country will miss out on the support and assistance they need. We need the Senators who hold the balance of power to know why they must oppose these cuts so parents are urged to call a cross bench Senator and call on him/her for their support.

Mr Turnbull's 10 year plan is not what the Gonski Review recommended, it's not needs-based funding and it's not fair. It locks in the overfunding of private schools and the under-funding of public schools.

In 2018 Coffs Harbour High School was meant to get an additional \$393,981. Under Turnbull it is \$152,300 which is \$241,681 less. For 2019 we were meant to get an additional \$771,305 in Gonski funding but under Turnbull it will only be \$159,610 which is \$611,695 less. All up, over the next 2 years the difference is a staggering \$853,376 less. Please visit www.igiveagonski.com.au and register your continued support for a fair, needs based funding formula for education funding.

P&C REPORT

CANTEEN

The new Girls Sports Shorts are now in stock at the School Uniform Shop. \$25 each.

It is always a pleasure to wander into the canteen each week and see so many smiling, happy people. The staff, Michelle, Amanda, Ros and Maryanne work hard to keep it running smoothly. As always, an extra hand or two is appreciated so if you are a parent, guardian or other family member who can spare some time volunteering in the canteen please call Michelle on 6652 4637. We appreciate the help of the many people who already volunteer.

EXCURSION REMINDER

It's another busy period for excursions. These often leave the school very early in the morning and return late at night. It's easy to forget when picking up or dropping off that the school is in a residential area. Please try to be mindful of our neighbours and keep noise to a minimum.

Have a wonderful winter break and recharge those batteries for the second half of the year. Special good luck wishes to year 12 students as they approach the trial and HSC exams and an extra special thank you to the year 12 teachers who always go above and beyond the call of duty to assist our kids achieve their best at this very important time.

Paul Covington
PUBLICITY OFFICER



FROM THE DEPUTY PRINCIPAL

Term 2 has been another busy term for students and staff and we have again seen some wonderful achievements throughout the school.

Our school Cross Country and Athletics Carnivals were both exciting for all involved and many students achieved excellent results in their chosen events. Additionally, these results were carried in to the Zone and Regional competitions and I especially look forward to hearing about student success at Combined High School State Championships. Our CAPA department has assisted students in achieving amazing results in a variety of competitions and creative opportunities around the area. Many of these you will read about later in the newsletter. Also, our Year 10 students are currently in the process of completing their Work Experience week which is a great opportunity for each of them to experience working life in a variety of fields.

From a curriculum point of view, the end of term 2 will also see each family receive their end of semester reports. Each is a snapshot for how the students are currently performing and are a great starting point for conversations at home and between staff and parents. Additionally, for our Year 10 students, the end of term 2 is an exciting time as each of them has had the opportunity to select subjects for senior school. To support this process, our 10-11 Market Day and evening were great events and it was so positive to see so many families involved in the event. We have trialed a new process for selections this year and our initial feedback has been positive for all involved. This process will see student selections drive our senior school offerings and should see more students being able to study the first preferences.

Have a safe and happy holiday and I look forward to working with you next semester.

Nick Henry RELIEVING DEPUTY PRINCIPAL (YEARS 7, 9, 11)

MATHS FACULTY

As part of next term's work for years 7 and 8, we have proposed World of Maths Roadshow to visit our school. The World of Maths Roadshow is an ideal opportunity for students to see how mathematics is applied to some real life situations.

Students will gain insight into problem solving, working in teams, and also various mathematics principles which are part of their curriculum this term. This will be held on Wednesday 11 October and more information will be sent out next term.

Paula Stanton MATHS Teacher

IMPORTANT DATES

DATE	EVENT				
26 th June	NAIDOC Assembly				
29 th June	UON – Newcastle Senior School visit				
	TERM 3				
17 th July	Staff Development Day				
18 th July	Students Return				
24 th – 26 th July	ESL Canberra Excursion				
25 th July	Aboriginal Health Expo – Kempsey				
26 th July	Multicultural Day				
	Senior Drama Excursion				
27 th – 28 July	Year 11 Advanced Drama Belvoir Excursion				
1 st August	ICAS English				
3 rd – 4 th August	Shakespeare Macbeth Excursion to Sydney				
7 th – 11 th August	Snow Excursion				
7 th – 11 th August	SES Cadet Program Year 10				
7 th – 18 th August	Year 12 Trial Exams				
15 th August	ICAS Maths				
23 rd August	SRC School Social				
25 th August	ADFA Open Day Canberra				



Coffs Harbour High School

Principal: Ms Patti Kearns BA (Hons) M.Ed.

Cnr Edinburgh & Nile Streets PO Box 4021 COFFS HARBOUR NSW 2450

> Tel: 02 6652 3466 Fax: 02 6651 4004

email: coffsharb-h.school@det.nsw.edu.au www.coffsharb-h.schools@det.nsw.edu.au

ABN No: 74 847 241 814

Dear Parents and Carers

Coffs Harbour High School will transition to the new NSW Public Schools' finance system and a new bank account on 4 September 2017.

To ensure a smooth transition, there will be changes to the way we accept payments from parents and carers.

- Direct deposits: As of 25 August 2017, we will no longer accept direct deposits
 into our current school bank account as we prepare to close this account and
 transition to the new one. Any payments made using direct deposit after this date
 cannot be properly allocated to a student's account in a timely manner. Please
 ensure you have made any outstanding direct deposits before 25 August 2017.
- EFTPOS payments: We will not be able to accept EFTPOS payments between 29 August and 4 September 2017. Please ensure that you have made any outstanding EFTPOS payments before 29 August, 2017. From 4 September 2017, EFTPOS payments will be accepted as before.
- 3. Cash and cheque payments: Between 29 August 2017 and 4 September 2017, we will also not be able to accept payments by cash or cheque as we prepare to close our current bank account and transition to the new one. Please ensure that you have made any outstanding cash or cheque payments before 29 August 2017. From 4 September 2017, cash and cheque payments will be accepted as before.
- 4. Online payments (POP): As of 25 August 2017, payments to our current online payment facility will cease. You will not be able to use the Department of Education's Parent Online Payment (POP) system until Wednesday 6 September.

Thank you for your patience and understanding as we transition to our new finance system. If you have any questions, please contact Coffs Harbour High School on 6652 3466 or email

coffsharb-h.school@det.nsw.edu.au

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CONNECTING WITH THE COMMUNITY

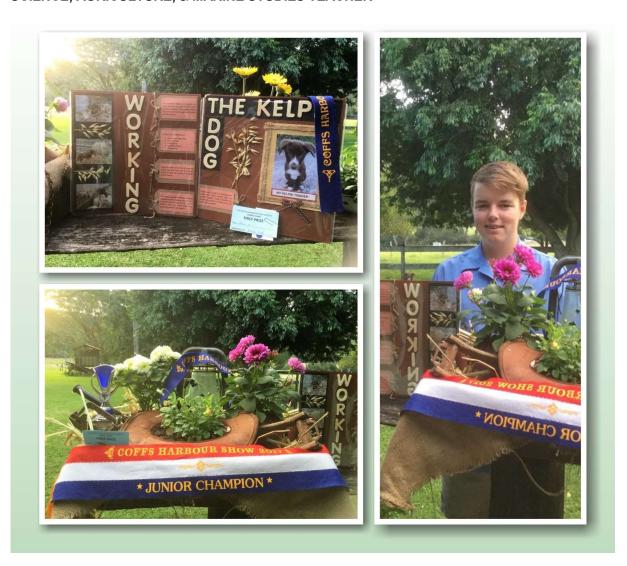
COFFS HARBOUR AGRICULTURAL SHOW

Both the Years 9 and 10 Agriculture classes participated in the Coffs Harbour Agricultural Show this year. Year 9 Agriculture student Liam Snell took out the Junior Pavilion Champion (see photos below). His submission for the scrapbooking category, which required him to create a page about his favourite farm animal was outstanding and gained first prize. Liam also submitted a fantastic upcycled pot plant container, which also took out first in that category. Both submissions were assignments that he, and the rest of the class, had to complete as a part of the Agriculture course.

Katie Soderlund, also Year 9 Agriculture student, gained second place in the upcycled category.

The CHHS Agriculture Department are so proud of both Liam and Katie for these impressive achievements.

Amanda Joyce SCIENCE, AGRICULTURE, & MARINE STUDIES TEACHER



YEAR 12 STAR PROGRAM

STAR PROGRAM 2017 – TERM 2

Term 2 sees the continuation of the new STAR Program that has been offered to our HSC students at Coffs Harbour High School this year. The STAR Program stands for Students That Are Reaching. It also represents Students Taking Academic Responsibility. The STAR Program is a way of helping all of our senior students to achieve their full potential.

Students and their mentors met up to enjoy a luncheon and have the opportunity to discuss their midsemester examination results. They are encouraged to organise to meet their STAR teacher on a regular basis to put in place study strategies and timetables, discuss any academic issues that may have arisen for them, and their general wellbeing.

It is not too late to sign up. Interested students can talk to Miss Joyce to arrange a STAR teacher today.

Amanda Joyce SCIENCE, AGRICULTURE, & MARINE STUDIES TEACHER









YEAR 12 STAR PROGRAM









IN CONCERT CHOIR GOES TO SYDNEY TOWN HALL

On 13th May a vocal group led by Mrs Zillah Hawley left for Sydney to perform in the Sydney Town Hall with 800 students from public schools across NSW. We caught the night train down and spent the following day sightseeing, shopping and watching a fantastic musical called 'Kinky Boots' at the Capitol Theatre.

The following day consisted of a long rehearsal and a magnificent concert. The guest artist was Felix Riebl, the frontman of the popular Australian band 'The Cat Empire'. The choir and orchestra performed an exciting program made up of classical, contemporary and popular music. It was a wonderful experience and afterwards we treated ourselves to lots of chocolate at Max Brenner's. It was a fantastic excursion and we look forward to participating next year.

Zillah Hawley MUSIC TEACHER



JETTY4SHORES PROJECT

As part of the upgrade of the Jetty Foreshores, Coffs Harbour City Council ran two workshops for local youth as part of the public art project.

Thirty students from Coffs Harbour High participated in these workshops. Our students worked alongside local artists sharing and generating ideas. The brief given was to interpret and represent our coastal environment in designs that could be used to stencil into new concrete walkways and cut into timber paneling in the Jetty Foreshore upgrade.

Over 150 designs were submitted for selection. The Council selection panel were amazed with the standard of work created. The Council panel selected 12 designs, and 11 of these came from Coffs Harbour High School students! The selected designs will be paid a licensing fee of \$500. Council were not only amazed by the standard of work created, but also by the professionalism and enthusiasm of our students.

A fantastic effort by all students involved and congratulations to the following students who had their designs selected:-

Lillian Degens, Tara Donohue, Lucas Navarrete, Joe Vallance, Dionne Burnett, Monessa Williams, Megan Dodd and a special mention to Ruby Bax (Year 10) and Riya Miller-Naidu (Year 9) who had two designs selected.

Mikaela Johnston described the experience, "Brentyn Lugnan and Alana Shorter taught me that everything doesn't have to be perfect and it is ok to be different. I became closer to everyone and made new friends. I feel so happy that I was one of the students that got to go on this amazing trip."

We look forward to seeing these works come to life when the Jetty Foreshores upgrade is complete.





Natasha Heinrich CAPA TEACHER







SALTWATER FRESHWATER ART WORKSHOP

A group of nine Aboriginal students attended a workshop run by the Saltwater Freshwater Arts Alliance as part of a public art project at Fitzroy oval. The students spent two days with local Elders who told stories of the old camp at the Fitzroy Oval site and shared memories of their childhood with the students. From this knowledge, students worked with local Gumbaynggirr artist Brentyn to represent the stories in simplified drawn designs. Students were guided through the art making by Brentyn and were supported by the Elders throughout the process.

Our students were excited about connecting with local Elders and the history of the site in such an interactive manner and brought an enthusiastic energy into the creation of their designs. Congratulations to the following students who attended the workshops and contributed fantastic works to the project: Mikaela Brown-Hickson, Tyrahn Vorhauer Craig, Angel Croft, Jacobi Cini, Janelle Riley, Kahlara Lacey, Mikayala Skinner and Mikaela Johnston. These students were excellent representatives of our school.







Natasha Heinrich CAPA Teacher

DANCE EISTEDDFOD

This year's Dance Eisteddfod group consisted of 23 students from Years 7 to 11. They performed an energetic and challenging contemporary dance routine. The group also represented Coffs Harbour High School at the recent Central Dance Network Festival at the Coffs CEX. They are to be congratulated on their fantastic performances, dedication and team effort.



Jan Chivas CAPA Head Teacher

KILLARA HIGH CONCERT BAND PERFORMANCE

On Thursday 8th of June, our school hosted a visit from Killara High Concert Band and String Group. Our two schools rehearsed together and then presented a lunchtime concert in the Lighthouse Studio. It was exciting to see the studio bursting with musicians and instruments. When the doors

opened and the music began, there was a real 'buzz' amongst the audience in the outdoor amphitheatre. We hope that we might collaborate again next year.







Maryann Montgomery CAPA Teacher

BUDDHA'S BIRTHDAY













HSIF

BUDDHA'S BIRTHDAY CELEBRATIONS

At the beginning of term 2, Year 8 students made the trip to Brisbane to participate in the Buddha's Birthday celebrations. The long trip was worth it as our students enjoyed a variety of activities including; Gongfu exercises, a tea ceremony and percussion music. The smell of spiced potato dumplings permeated the central grounds. The event accumulated with the well worth it Lion Dance show. However what left us awestruck was the Diablo performers from Taiwan with their gravity defying skills.







Brittney Scriven HSIE Teacher

TAS FACULTY

BIG DAY IN EXCURSION

30 technology loving Year 9, 10 and 11 students recently travelled to the Gold Coast to attend Queensland hosting of The Big Day in at Griffith University. The event was designed to show students a wide range of emerging and new technologies, potential employment opportunities within the Technology arena and to give students access to some of the most innovative and relevant technology resources in the corporate sector.

We saw many examples of new world innovation including driverless vehicles, drones, virtual reality and augmented reality tours and games.

Presenters from Microsoft, Adobe, IBM, Technology One and a range of other successful IT enterprises. We learned about the importance of effective digital literacy particularly the ability to create content and share that content with the world.

With over 70% of all digital content created for the internet being video students heard about the importance of quality digital movie making for everything from video resumes to video based reviews and information sharing. Many of the world's leading employers including Google and Adobe only use digital employment processes and they only review video resumes which makes students abilities to produce high quality digital video more important than ever.

Another key point made by every presenter was the need for much more gender balance in the IT sector. Only 6% of new workers in the industry are female, something identified as a huge issue, particularly as female intuitive and design skills are so highly desired by the industry.

Students engaged brilliantly with the presenters, several students were awarded for their efforts and identified for their potential and their insightful questions. Next year's event should be even bigger and better!



Shaun Hardy TAS Teacher

TAS FACULTY

TECHNOLOGY MANDATORY

Once again year 7 and 8 Technology Mandatory students are completing their current units of work, ready to move to their next area. Our Catering – For a Crowd functions have had to be held indoors due to our inclement weather, but the students still enjoyed proudly showing their guests what they had been doing.















Janice South TAS Head Teacher

CAREERS FACULTY

UPCOMING CAREERS FACULTY EVENTS AND EXCURSIONS

For all excursions, permission notes are available from the Careers office

Year 12 University of Newcastle Open Day – Thursday 29th June. Year 12 only. Cost \$50 per student.

Year 9-11 Aboriginal Health Careers Expo – Tuesday 25th July. No cost. Aboriginal students are invited to attend the cross school excursion to Kempsey to explore career options within the health sector.

Year 10 – 12 NSW Fair Trading –Revved up talks – Tuesday 25th July. No cost. Learn what to look out for when purchasing you first car.

Year 11/12 Post Options Expo – Wednesday 26th July at the CHEC. More than 70 universities and employers will be available to talk to about careers, courses and post school options. No charge for entry.

Year 10 State Emergency Services school program – 7^{th} – 11^{th} August. Learn more about how the SES operates in this hands on course. Open to 24 students in year 10 only. No charge.

Year 10 – 12 Australian Defence Force Academy Excursion – 25- 27th August. Opportunity to check out the Defence Force facilities and courses in Newcastle and Canberra. Cost \$170 per student.

Calling all Maritime students

Win a trip to visit the Australian Maritime College (AMC) in Tasmania for their Open day during August 11 – 13, 2017.

AMC will fly 15 lucky year 11 and 12 students, and their parent/ guardian, into Launceston to spend a weekend in Tasmania, exploring the world-class facilities at AMC.

Winners will fly out of their capital city into Launceston on August 11, staying in 4 star luxury accommodation at Peppers Seaport Launceston, and depart on Sunday August 13.

Our winners will:

- Learn how to survive at sea
- Cruise the Tamar River
- Visit Launceston Cataract Gorge
- Set sail on our flagship vessel MV Bluefin

Open day is the opportunity for you to the array of world class research and teaching facilities across the AMC campus. The day will be full of demonstrations, simulations, tours and plenty of opportunity to speak with our academics and current students about life and study at AMC.

Enter now at amc.edu.au/competition

Competition closes June 30, 2017 11.59pm AEST

CAREERS FACULTY

SCHOOL BASED TRAINEE SUCCESS

Matilda Potter of year 11 has proven that determination is the key to success. Matilda set out with a resume and cover letter in hand and approached all the local real estate agents in town in search of a school based traineeship in Property Services. Nolan Partners Real Estate were impressed with her tenacity and have offered her a position, working a minimum of one day per week whilst also completing her HSC. Matilda is very excited about this opportunity. Congratulations Matilda!

Congratulations to Sam Rigoni of year 11 for his recent success. Sam completed the SWAP program in year 9 with Burnett Plumbing and then a week of Work



Experience in year 10 at the same place. Sam enjoyed his experience there so much, he approached the employer about the potential to continue working



at Burnett Plumbing in conjunction with his senior studies in the form of a School Based Apprenticeship. This meant Sam attended the workplace (paid) one day per week, school three days per week and TAFE for the formal plumbing training. This week, Burnett Plumbing have decided to take Sam on as a full time apprentice. Congratulations Sam and thank you to one of our many local employers who see the benefits of working with our students.

Other recent School Based success stories include Thelma Mercy (11) and Shellee Hoye-Smith (10) who have both secured a retail school based traineeship with Kmart Toormina.



Dionne Court CAREERS ADVISER

SCIENCE FACULTY

BOVINE SCANNING WORKSHOP – BELLINGEN SHOW FRIDAY 19TH MAY 2017

A presentation/workshop conducted by Bovine Scanning Services Australia's Roger Evans at Bellingen Showgrounds on Friday the 12th of May. At the presentation the students were able to see and learn how the use of scanning cattle with use of ultrasound can assist beef produces, studs and markets to determine the fat score of meat a specific bread or animal will produce whilst still at their farm. The type of scores that can be determined are: the thickness of fat on each cut of meat, and the marbling of fat throughout the meat.

This can assist the farmer to be able to change the diets of the cattle to help meet the market requirements and therefore obtain a better market price.

The students also learned which types of cuts are suited for different occasions and meals. As well as given tips of how to cook the different types of cuts to suit individual needs.



Amanda Joyce SCIENCE TEACHER

GOLDEN GIRL TARA EVERSON WINS 3 GOLD, 1 SILVER & 1 BRONZE AT THE

NSWCHS CANOEING CHAMPIONSHIPS

Congratulations to Tara Everson (Year 9) who represented the school at the NSWCHS Canoeing Championships held in Nymboida earlier this year. Tara was unbeatable and received the following medals in the 15/16 year age category:-

GOLD MEDALS

Flatwater Sprint

(Down River Racer)

Wildwater 3km

(Down River Racer)

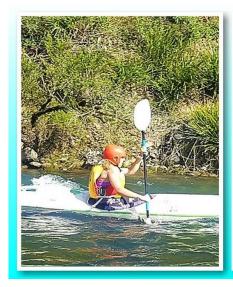
Whitewater Sprint (Down River Racer)

SILVER MEDAL Slalom Team (Open)

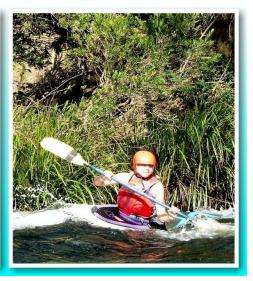
BRONZE MEDAL Slalom Individual

Tara was also awarded 2017 Regional NCCHSSA Canoeing Junior Champion.

Great effort Tara and best of luck for your future sporting career.







Jennifer Pearce PDHPE TEACHER

NORTH COAST ACADEMY OF SPORTS ATHLETE OF THE YEAR 2016

The annual North Coast Academy of Sports (NCAS) awards night for 2016 was held over the weekend with Coffs Harbour High School Year 7 student Charlie Pade picking up a couple of well-deserved awards. Charlie, who was part of the NCAS Tennis Program not only collected the **Most Outstanding Award** for tennis but he was awarded the **Darrel Chapman Athlete of the Year Memorial Award** which is awarded to the most outstanding athlete in all sports. The awards have been going since 1993 and Charlie is the first ever tennis recipient of this award in the 24 years.

Some of Charlie's results from 2016 are:

- January 2016 Selected for NSW for the National Super 10's event held in Melbourne (4 boys only).
 Fantastic acheivement and went through undefeated for both Singles and Doubles playing against all states of Australia.
- February 2016 Winner: 12/u Singles at Southern Downs Junior Chanpionships, Warwick.
- June 2016 Runner Up: 12/u Singles at 89th North Coast Tennis Championships, Grafton.
- July 2016 Finalist: 11/u Singles (Washout) at NSW Country Closed Junior Championships, Forster.
- July 2016 Third Place: 12/u Singles at Churchie Junior Championships in Brisbane.
- October 2016 Winner: 12/u Doubles at Shaw Park Junior Championships in Brisbane.
- October 2016 Fourth Place: 12/u Singles at West Tamworth Junior Tour, NSW.
- November 2016 Quarter Finalist: 12/u Singles at NSW JDS State Finals, Sydney.
- November 2016 Runner Up: 12/u Singles at C.ex Coffs Northern NSW Junior Championships, Coffs Harbour.
- November 2016 Winner: 12/u Doubles at C.ex Coffs Northern NSW Junior Championships, Coffs Harbour.
- December 2016 Third: 11/u Singles at QLD Junior Teams Carnival, Brisbane.
- December 2016 Fifth: 12/u Singles at Bathurst Summer JT, NSW.

Charlie is ranked 5th in Australia and 2nd in NSW for his age. Wonderful results and commitment Charlie. Your school community is very proud of you.



OPEN BOYS KNOCKOUT TENNIS

Our Open Boys team consisting of Charlie Pade (Year 7), Dominic Slaviero (Year 11), Matt Thompson (Year 12) and Marcus Woschitzka have had a smashing run so far this year in the Combined High Schools Knockout Tennis. Round One they met Woolgoolga to play a home game. Brandon Skewes (Year 12) was kind to step in and play for Dominic whilst he was away. It came down to the last couple of sets but we were fortunate to walk away with a win. Round Two sent us to Grafton and all the boys played extremely well in their Doubles and Singles matches to again secure us a win.

Back to home turf for Round Three and we were up against Toormina. The boys were certainly in the swing with their partnerships on the court and smashed them away. The team now travel to Kempsey to play against Camden in Round Four. (team pictured below left)





OPEN GIRLS NETBALL KNOCKOUT

At the beginning of the year our representatives for Open Girls Netball competed in the Knockout Competition held at SportzCentral. Unfortunately, the grils drew a tough game against CHEC in the first round and were knocked out. However, all the girls played well and worked exceptionally as a team. In their following two games the girls had a win and a loss. Overall, it was a great experience for the girls despite the tough competition. Greta Smith was selected into the Possibles and Probables but unfortunately did not make the Mid North Coast Team.

The team consisted of Greta Smith, Teagan Mayer, Bella Grave, Jade Durant, Chelsea Gray, Emma Chaffey, Amber McRae-Mitchell, Claudia Shevlin-Corfe, Cassidy Ronalds, Ashleigh Mavin, Tarryn Arnold and coach Miss Natascha Gehrke. (team pictured above right).

CROSSFIT A SUCCESS FOR SPORT

This year we have been lucky to offer CrossFit as a sport option for students to undertake on a Wednesday afternoon. From only six students in the first term to test out the class, we now have twenty students participating in Term 2 - it is quickly gaining popularity. CrossFit is a great opportunity for students to vary exercise elements from high-intensity interval training to weighlifting to powerlifting to gymnastics to plyometrics and calisthenics. It offers a diverse range of workouts, differing each week for the students and caters to every individual's ability. Students are coached in the correct technique for each exercise to ensure the chance of injury is reduced. CrossFit is run by Athletic Performance Academy – Home of CrossFit 2450.



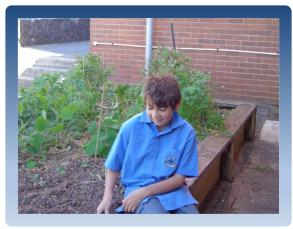
Natasha Gehrke PDHPE TEACHER

SCHOOL LEARNING SUPPORT

NEW GARDEN IN SENIOR AREA

Mr Bourke's class is learning to get their hands dirty in their new garden in the Senior area on Nile Street. Mr Pratt helped dig it over, Mrs Latham supplied the plants and the instruction and Mr Bourke (our garden guru) is making sure that the students water it regularly. Beetroot, dwarf beans, sage, French sorrel, chives, spinach and tomatoes have all been planted. These will all grow well with the companion marigold plants and other herbs like flat-leaf parsley, spring onions, basil and marjoram that were already in the garden. Unfortunately the mignonette lettuce was stolen over the first weekend. Next newsletter there should be pictures of the kids harvesting the vegetables to eat.









Gail Latham TEACHER LIBRARIAN

COMMUNITY INFORMATION

SECONDARY SCHOOLS INTAKE FOR ORARA VALLEY SCHOOLS YEAR 7 2017-2021 REMINDER

As previously advised, in 2017 a shared zone will remain between Coffs Harbour High School and Orara High School for Year 6 students seeking enrolment into Year 7 in 2018. If demand for placements at Coffs Harbour High School exceeds the space available, Orara High School will be the local option available.

From 2018, students seeking enrolment into Year 7 for 2019 will have Orara High School as their local feeder school. This will be the case for all Year 6 students in the primary schools in the Orara Valley.

From 2019 to 2021 siblings of students already enrolled at Coffs Harbour high School seeking enrolment into Year 7 may be offered a place if there is sufficient accommodation available.

HOST AN EXCHANGE STUDENT FROM ARGENTINA IN YOUR HOME!

Open your home and hearts to an exchange student and become an AFS host family.

Your AFS exchange student becomes a member of your family. They live as you do and experience your family's life. AFS has supported Australian host families for 55+ years and is committed to providing meaningful and ongoing benefits to Australian volunteer host families and the exchange students they host.

AFS host families come in all shapes and sizes, from a diverse range of cultural and socioeconomic backgrounds and live in urban and regional Australia. All host families are different; that's what makes each student's exchange experience unique!

To register your interest or learn more about becoming a volunteer AFS host family and the comprehensive support that AFS provides, contact the AFS Hosting Team today on 1300 131 736 / aus.hosting@afs.org / www.afs.org.au/host

29 JULY 2017 COFFS HARBOUR SHOWGROUND



FOR TICKETS AND INFO



CALLING ALL POP CULTURE ENTHUSIASTS

NEXUS CON (FORMALLY LEVEL UP!) IS ON AGAIN!

THINK COSPLAY, DOCTOR WHO, LORD OF THE RINGS, MARVEL COMICS,

DC COMICS, VIDEO GAMES OF ALL GENRES, TABLE TOP,

D&D, MAGIC THE GATHERING, YU-GI-OH, POKEMON, ANIME, MANGA, LARP, FAN

FICTION...AND MANY MORE!

Come along and meet our guests including international Cosplay duo Jin (behindinfinity) and Miguel (merkymerx)



10am

to

6pm

MID COAST COMMUNITIES Where exergence delongs: THANK YOU FOR HOSTING THE EVENT. IT

MADE SO MANY PEOPLE HAPPY AND I'M SURE
A GREAT NUMBER OF PEOPLE WERE AMAZED
TO FIND OUT JUST HOW MANY LIKE MINDED
PEOPLE THERE ARE AND THAT THERE'S
ALWAYS A PLACE TO FIT IN"





Free Two Day Workshop for Parents and Carers

Coffs Harbour 30 & 31 August 2017

Positive Partnerships is coming to a location near you!

Join us for 2 days of learning with other parents and carers of school aged children on the autism spectrum, designed to help you foster productive school, family and community relationships to provide the best kind of support for your child. Our workshops are for parents, carers and grandparents wanting to understand more about autism and learn practical strategies using evidence based resources to help maximise their young person's learning.

What will you gain by attending this workshop?

- An increased understanding of the impact of autism
- Further knowledge about how to develop effective partnerships with your school
- Information to help you access further support both inside and outside of school
- An opportunity to be part of a support network where you can share strategies and experiences with other parents/carers
- An understanding of a planning tool that can be used to share key information related to your child

Workshop details

Venue: Coffs Harbour Racing Club

62 Howard Street Coffs Harbour NSW 2450

When: Wednesday 30 & Thursday 31 August 2017

9.30 am - 2.30 pm (Registration from 8.45 am)

Catering: Morning tea and lunch is provided. Please advise any dietary requirements upon

registration

Register Online: positivepartnerships.com.au Registrations open Monday 19 June 2017 and close

one business day prior to the workshop. Register early as places are limited!

Questions? If you are not able to register online please call the Positive Partnerships

Infoline: 1300 881 971 or email parentcarer@autismspectrum.org.au

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