



COFFS HARBOUR HIGH SCHOOL

Cnr Edinburgh & Nile Streets, Coffs Harbour, NSW, 2450
Telephone: 02 6652 3466

“Light out of Darkness”

newsletter

QUALITY EDUCATION SINCE 1938

Term 4 — 2019/08

16th December 2019

FROM THE PRINCIPAL

As we come to the close of another year at Coffs High, we reflect on the achievements and challenges we have faced. The successes of our students have been celebrated this week with Year Assemblies and our Final Assembly for the whole school. The depth and breadth of student achievement is quite extraordinary across academic, artistic, sporting and civic/cultural experiences.

This newsletter is a demonstration of the incredible range of learning experiences which our students engage in and enjoy. I wish to acknowledge our incredible teaching and administrative staff who work at one speed it seems, fast! We have provided eighty-five curriculum-based excursions and enrichment experiences along with another fifty excursions relating to extra-curricular sport. This, together with teaching staff collectively delivering 7200 lessons this year, with many, many hours of preparation and marking on top of that, is an enormous effort, and a demonstration of the willingness of our staff to go above and beyond, to enrich the learning for our students. In addition, our staff participate in extensive professional learning, much of which is in their own time, in a range of curriculum priorities, along with priorities relating to wellbeing of students including CPR, anaphylaxis, mental health and child protection.

Selected highlights from the year which were celebrated at our Whole School assembly are:

- Our Junior Debating Team won 8 debates in a row, were North Coast champions, travelled to Sydney, kept winning and were defeated by the overall winners who are a Selective High School. Students in the team were Lily O'Connor, Sarah O'Connor, Majella Goulstone, Cayden Close all from Year 8
- Sam Woolford received a High Distinction in the National ICAS Maths Test, and was placed in the top 1% of candidates. He repeated this performance, as did his brother Oscar, in the Maths Competition, both receiving High Distinctions
- Liam Snell, our Vice-Captain attended Secretary for a Day at State office in Sydney, learning about the strategy and priorities of our state education system

FROM THE PRINCIPAL

- Ethan Hart attended the Youth in Parliament event at NSW Parliament, representing our school and Aboriginal youth
- Jan Jaافر was selected on the NSW Youth Advisory committee
- Lucas Navarette was selected for the *Bravissimo* concert for his HSC Music performance
- Twenty-one students were recognised for state level sporting excellence, either winning a medal at State CHS level or representing NSW at National level in a wide range of sports
- Our U15 girls freestyle relay team were awarded North Coast Team of the Year for winning a Gold medal for the third year in a row at State Swimming. Students were Tylani Hickman-Moss, Georgia Kuchel, Benni Maloney and Tayah Teale

This richness in school life for students which adds value to their learning, wellbeing and strengthens our community, is not measured by PISA or NAPLAN and not often discussed when our Politicians speak about our Education system. We trust that our school community is able to appreciate the offerings of their local Public school and reinforce that, at Coffs High, we remain firmly committed to our purpose of providing engaging and innovative learning experiences, supporting and strengthening the wellbeing of students so that they may develop and grow into healthy adults with positive outcomes for their physical, mental, emotional and social health. We remain firmly committed to maintaining a safe and supportive environment for our students and working positively with families and interagency groups to provide support when needed. We strive to build leadership, strength, resilience, independence and high performance among our students. We are proud of what we do in our work each day and of our teamwork and distributed leadership among our staff. We are a school committed to positive relationships and high standards of education and we are prepared to do the incredibly tough work at times to overcome disadvantage and equity gaps in our community, among our students, in our buildings and facilities. Commitment to quality and hardworking, talented people, make our school what it is.

On this last newsletter for 2019, we extend our thanks to our parents and school community for their support and involvement in our school this year. We thank our interagency groups including SCU, Headspace, Mission Australia, PCYC, Wajaana Yaam, Key Employment, TAFE and local businesses who work closely with us to assist our students manage their wellbeing and transition successfully to life beyond school, and we thank them for their support and commitment to our students.

Lastly, we wish our school community a relaxing and happy time together over the holiday break. The bushfires have had an enormous impact on our community with some families directly affected, many involved with the RFS and of course, everyone affected by the smoke and air pollution. We hope that we have rain and for our environment to start to recover, and for our families to have time to settle into the New Year and we look forward to working with you all again in 2020.

Kathy Steward
RELIEVING PRINCIPAL

P&C REPORT



Hello Parents

We have just closed our last meeting for the year (except for our party!) and we have had the chance to reflect on the great accomplishments of our P&C.

The P&C runs the School Canteen which provides a wonderful service to your children and the whole school. The profit from the Canteen is totally re-invested into the school. This Term we have been able to give students sporting and academic grants, provide prizes for Presentation Day and microscopes, laptops and textbooks for students.

That is a lot of funds that help all the students in our school. And all this is accomplished in meetings that go for less than an hour this year! In fact we set a meeting record at 35 mins we think 😊 Our P&C thanks Karen Bryant and Paul Covington for their work as President, Treasurer and acting Secretary at times. We will miss them in 2020 but we are assured of their ongoing support for their replacements.

Our Canteen will supply you with Uniforms and Book Packs and Eftpos is available. Michelle Waugh is our wonderful Canteen Manager and she has capable staff who provide warm, welcoming service to our school consistently. Thank you to Michelle and staff. Volunteers are always needed in the Canteen where you can learn food handling skills and how cool and industrial a dishwasher is!

Please come along to the first P&C meeting of 2020 always on the first Monday of the month - 3rd February at 7pm. Come along to the Front Office entry and you will be directed to the Library. Have a wonderful Christmas season and enjoy the summer holidays

Caitlin Mackie
PUBLICITY OFFICER



FROM THE DEPUTY PRINCIPAL

DAY STRUCTURE CHANGES

The executive at Coffs Harbour High School have been working to improve our school structure to benefit the educational outcomes for students. The focus has been to improve the learning environment with longer blocks for sustained learning and to reduce the amount of transition time students are spending moving between classes. As a result, roll call has been removed and the following timetable structure will take place next year (2020):

Period	Times
Period 1	9:10am – 10:10am
Period 2	10:10am – 11:10am
Break 1	11:10am – 11:30am
Break 2	11:30am – 11:50am
Period 3	11:50am – 12:50pm
Period 4	12:50pm – 1:50pm
Break 3	1:50pm – 2:10pm
Period 5	2:10pm – 3:10pm

Bus times will remain the same and extra supervision will be provided for students travelling on the bus in the main quad until they arrive. All Year 11 and 12 students will be required to attend school for periods 1 and 2 on Wednesdays as they will have timetabled classes. The remainder of the day for Year 11 and 12 will consist of students attending extension classes, TAFE courses or alternative study in the library or at home.

Paul Jones
RELIEVING DEPUTY PRINCIPAL
(YEARS 7, 9 & 11)

IMPORTANT DATES

DATE	EVENT
29 th January	Years 7, 11 and 12 commence
30 th January	Years 8, 9 and 10 commence
17 th February	School Photos
18 th February	Swimming Carnival
24 th February	School Photos catch-up
24 th February	Mid North Coast Swimming Carnival in Grafton
9 th March	Vaccinations (Years to be advised)
1 st April – 3 rd April	Year 7 Camp

SRC LEGACY DAY

LEGACY DAY

Late in Term 3 many SRC and Prefect students helped raise over \$750 in the Coffs Harbour CBD selling Legacy merchandise to contribute towards our local Legacy veterans. After our recent fundraising efforts for Legacy Day we had many students interested in understanding who the money raised was supporting. In conversation with Jane Sury from Legacy we teamed up a visit and were lucky enough to have lunch with many of the residents at the nursing home.

On Wednesday 6th November myself, and nine students from the Prefect body at Coffs Harbour High School visited the Legacy Nursing Home in Coffs Harbour. Our School Captains Emma and Josh were in attendance along with Vice Captains Liam, Megan and Prefects Natasha, Ryan, Tara and Lucy.

It was an amazingly rewarding experience for all involved as our students had conversations with many of the residents about their lives and the journeys they have been on so far.

There were many smiles and the photos say it all. We are very thankful to have visited the nursing home and hope to visit regularly in 2020.

Carly Murray
SRC COORDINATOR



SRC LEGACY DAY



WHEN THE AIR-FORCE COMES TO SCHOOL

With the sounds of roaring fighter jets reverberating through their ears, and dreams of Top Gun or becoming the next Maverick, Ice Man or Goose fueling their ambitions, students recently had the chance to fly an FA-18F Hornet Fighter Jet simulator.

The Royal Australian Air-Force visited the school and allowed 24 lucky students the chance to fly a fighter jet simulator, experience virtual reality flight school and to control the airspace of a busy airport. Students from all years had a glimpse into the life of a top pilot, a multi-tasking systems engineer or airspace/flight control officer for a few hours.

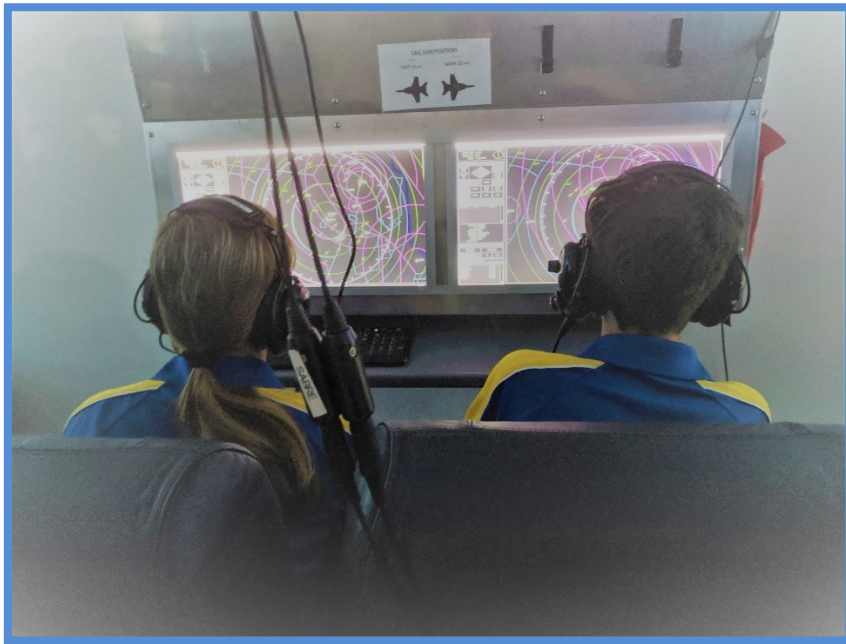
With a mixture of practical activities, flight simulators and interaction with Air-Force pilots and management, students had the opportunity to learn about multiple aspects of life in a modern Air-Force and from the smiles in the pictures, it's evident they absolutely loved it!!

Shaun Hardy
TAS TEACHER



TAS FACULTY

WHEN THE AIR-FORCE COMES TO SCHOOL



DEBATING SUCCESS

Our Year 8 debating team consisting of Majella Goulstone, Lily O'Connor, Cayden Close and Sarah O'Connor, have shown commitment, determination and strong team spirit this year. What began as a winning streak on the local level, saw them into the regional semi-finals. They defeated Camden Haven High School and were named as Regional Champions. Once the excitement of this had worn off, the team packed their bags and were off to the State Debating Championships camp held at the Women's College at the University of Sydney in Newtown. They were really excited and proud to have made it this far, but were wondering if they had any real chance against the best teams in the state.

Over the first two days, Coffs Harbour High School got to debate all five teams in their group, defeating every single team. Word got out that Coffs Harbour High School were a strong team. They made it into the semi-finals on the back of the biggest winning streak of the whole competition. Unfortunately, they were defeated by Fort Street School in the semi-finals; the team who went on to win the grand final. At every stage in the competition, the team showed perseverance and teamwork, and took on every piece of advice offered to them by the adjudicators. They were respectful and showed excellent sportsmanship along the way. Please congratulate them when you see them – they are one of the top three debating teams in the whole state, outcompeted only by two of Sydney's selective schools. Thank you to Mrs Backhouse who was their coach throughout the regional tournament, and Ms Vlasto who accompanied them to Sydney. A big thank you also to Gerry O'Connor who drove, accompanied and supported the team during the three day event.

Ms Vlasto
ENGLISH HEAD TEACHER (rel.)



Majella, Lily and Sarah convincing the adjudicator that every second Prime Minister should be a woman.

JETTY FLASH FICTION CREATIVE WRITING COMPETITION

This year over thirty students entered the Jetty Flash Fiction Creative Writing Competition which is currently in its fourth year. Over the first two rounds, writers competed against the other people in their group and were given a unique genre, setting and object that they had to use to come up with an original short story of less than 1000 words in ten days. The top three writers in each group progressed to the final round where they competed for the prize money given to first, second and third places. This year the final round stimulus was; Genre: Cli-Fi (a subgenre of Science Fiction that seeks to speculate on the impacts of climate change); Setting: a famous tourist attraction; Object: a mirror.

This year Ms Vlasto employed her talented Extension English students Emma Chaffey and Joshua Milne as co-judges, and in the final round it was unanimously agreed that the winning story was 'Unfathomable' by Tibby Holmes. Tibby has been entering the competition since she was in Year 7 and is the well-deserving winner this year. The setting of the flooded city of Venice provided her with an opportunity to draw on her knowledge of Science, History and Art to come up with a wistful story about what is at stake if we can't halt rising sea levels. All finalists will have a selection of work published in a book available early in the New Year. We also ran a photography competition to find an image to put on the front cover of the books; an image that captured the essence of the final round theme. The winning photograph was taken by Adiba Ahmed (also a finalist) and was clever in its use of the mirror as a central object. The synopsis for the winning photograph is below:

Jetty Flash Fiction Winners – 1st Tibby Holmes, 2nd Indy Wightman, 3rd Taylor Cassady
Photography Competition Winner – Adiba Ahmed



Synopsis for 'Unfathomable' – Rising sea levels caused by global warming means Venice has finally sunk, and the human race has taken refuge underwater, determined to forget their mistakes. But one of their number can't resist exploring the ruined city; she stumbles across an intriguing piece of the past which suggests someone may have predicted the future...

TEACHER'S WRITING COMPETITION

This year the writing elective ran and judged a writing competition for teachers. It was fun to 'turn the tables' on the teachers and the students found out how difficult it is to give constructive feedback on writing and got an idea of the volume of marking that teachers have at assessment task time. Thank you to all the teachers who entered. The four finalists were Lee Wall, David Dun, Kate Pullinger and Patti Kearns. The students unanimously decided that the overall winning story was one called 'In the Wind' written by Ms Wall from the English faculty. It was an emotive Science Fiction piece that speculated on how rising carbon dioxide levels in the atmosphere can lead to memory loss. Thanks to the teachers who entered. Their work will be published in our class magazine which will be available early next year.

Olivia Towler
YEAR 9 STUDENT

The below image is a key scene in the story, created by the talented illustrator, Chloe Badman.



NORTHERN NSW PHILOSOTHON

Students from the Year 10 Philosophy elective class were recently invited to take part in the Northern NSW Philosothon held at Bishop Druitt College. They faced tough competition from around one hundred other students from public and private schools as far north as Tweed Heads, and as far south as Port Macquarie.

Throughout the two days, they participated in a range of philosophical activities in which they were judged on their critical and creative thinking skills, their inquiry skills and their discussion and teamwork skills. Students were placed in groups and participated in four 'Community of Inquiry' discussion groups based on the following topics: What is the value of art? (Aesthetics); Where does your mind reside? (Metaphysics); Should everyone be treated equally? (Ethics); and What does it mean to 'be yourself'? (Human Nature). Students also participated in Applied Philosophy sessions which involved groups brainstorming solutions to ethical dilemmas and problems within society, and then reflected both the short term and long term consequences of their solution in an engaging role play activity.

A huge congratulations to the 2019 Philosothon team: Fian Sullivan, Grace Morris, Tynarra Townsend and Lilli Varley (top row), and Oscar Woolford and Alexander Newman (front row). All students displayed insightful knowledge on each topic and proved themselves to be valuable discussion members with a broad depth of philosophical thinking skills.

Next year, any students from Years 7 – 12 who wish to get involved with the Philosothon and engage in philosophical activities and discussions are invited to join a lunch time Philosophy group. Ms Montgomery will have more information for interested students in the new year, so please stay tuned!

Anika Montgomery
ENGLISH/PHILOSOPHY TEACHER



LIBRARY NEWS FROM MRS LATHAM AND MRS GREENHAM

Term 4 is always busy in the Library with Year 12 leaving and Year 11 beginning Year 12 work. This means lots of returns and re-issuing of textbooks. Some textbooks can cost up to \$100 each and are costly to replace if they go missing.

Mrs Greenham has been producing a printed copy of items newly received into the Library. Students should take the time to browse the publication which is created after new deliveries of books arrive. The new arrivals are also on the My Library home page and appear on the carousel on the right hand side of the inquiry screen. Students can access the page through their Student Portal to keep up with new fiction and non-fiction items.

Another reason to enter the Student Portal is to check if you have been contacted regarding any Library items that have become overdue. The notices are generated fortnightly and emailed through the student portal so it is important to check school emails regularly.

Stocktake of the Fiction books has been completed swiftly and without major disruption while in progress. There have been very few losses since last stocktake which is gratifying.

It has been a sad occasion to farewell Mrs Helen Quinn who has worked in the school Library for many years. Helen was very knowledgeable about current reading trends and was happy to share her suggestions with students and staff. She was always patient, attentive and kind to students and made many friends in the school and the wider community. I know that she is enjoying a well-earned retirement. Helen's position as Library Assistant has been filled by Ms Janine Oakley and Ms Angela Whelan who bring the strength of their school and world experience to the Library. Welcome to both ladies.

The Library needs a re-vamp sometimes to accommodate flexible learning spaces that fit well with modern technology. Last year the Lower library received some new high backed lounges and this year, some new lounge furniture has been ordered to complement existing furniture on the upper level. Some of the existing lounges will be re-upholstered. The curtains in the lower Library will be replaced by new blinds and will bring a whole new look to the room. Come in after the holidays and have a look at your new furniture. Because it is yours, I have high expectations that it will be treated with respect so that it stays clean and in good condition.

Hopefully the new covered area at the rear of the Library nearest the Hall will be built over the school holiday break and could give another learning space and a more functional and useful area. During Week 8 (2nd of December) students were reminded that they need to begin to clean out their lockers. Locker hire does not carry over from one year to the next. All student locks must be removed over Week 9 (9th December). If the student has lost the key or the combination please encourage them to come to the Library and removal of the lock can be arranged to retrieve possessions. Further advice will be given in the Daily Notices closer to the date. Lockers will be available for issue to all years in Week 2 of the new school year. \$15.00 for a year is good value.

My main message to students is, that you are welcome in the Library. New Fiction books are purchased frequently with students varied preference for genres and formats catered for. The borrowing statistics show that girls are still the main borrowers. When books are purchased, boys tastes in literature are considered equally. Sadly the boys are not taking advantage of borrowing and getting involved in reading regularly. Parents can encourage borrowing by using the School Portal to access the School Library holdings and perhaps suggesting some titles their boys might like to borrow.

I am currently trying to recoup all of the clip-on ties for girls and the neck ties for boys that have been loaned to students when they have borrowed jackets to represent the school. The storage box is empty. Ties can be returned to the Library with no questions asked and only gratitude for their return. Please help.

Enjoy your holiday break. I will be doing lots of reading and hope you will too.

Gail Latham
TEACHER LIBRARIAN

YEAR 9 PEER SUPPORT PROGRAM

In November, twenty Year 9 students undertook a peer leader training workshop in the school library. Our Year 9/10 peer leaders play an integral role in easing the transition of the incoming group of Year 7 students into Coffs Harbour High School.

During the workshop students learnt about their role and responsibilities as peer leaders, and what types of qualities effective leaders display. Staff leading the training included the incoming Year 7 Year Adviser, Mr Kai Lawson, Head Teacher of Wellbeing, Mr Ryan Hardie-Porter and Ms Fiona Webb. The workshop was also designed to prepare students to be part of a program which increases well-being and helps create a positive school culture. Anticipated outcomes of the program include better connectedness, improved resilience, positive relationships and a sense of responsibility for others.

One of our activities on the day (pictured) was 'communication origami'. Students were each given a sheet of paper and asked to close their eyes. Students were amazed to see the wildly varying final results when they were allowed to open their eyes! This activity helps students understand that each individual listens to and interprets information differently, and that context is everything.

Many of our peer leaders ably and confidently led tours of the school recently for our Year 6 into Year 7 parent information evening, and they all took part in the Year 7 Orientation Day on the 3rd of December. Some students will then be selected to attend Year 7 school camp in 2020. Teachers will continue to offer students ongoing training and support, with further upskilling and training throughout 2020. We would like to pass on our appreciation for the eager involvement and hard work put in by all our peer leaders so far; they have been an absolute pleasure to work with.

Kate Pullinger & Amanda Guthrie
YEAR 9 YEAR ADVISERS



COFFS HARBOUR HIGH SCHOOL CRICKET – OPEN BOYS

Congratulations to our Coffs Harbour High School Opens Boys Cricket Team who advanced deep into the North Coast Knockout Draw throughout 2019.

After a bye in Round 1 the boys came up against Toormina High School and were able to record a tight victory on the back of some strong batting and bowling performances. Notable scorers were Lachlan Carlyle (26 runs) and Blake Austin (23 runs). The best of the bowlers were Blake Austin (3 wickets for 10 runs off 5 overs) and Hayden Cross (3 wickets for 13 runs off 6 overs). The boys won by 12 runs.

Round 3 was against Orara High School at Jetty Oval. Batting first, Coffs Harbour High School made 207 runs with Blake Austin (64) and Lachlan Carlyle (68). After making a strong start to their run chase, Orara were bowled over for 149 with Hayden Cross (4 wickets), Lachlan Carlyle (4 wickets) and Kody Mavin (2 wickets) the wicket takers among a strong bowling performance by all bowlers.

Their last game was against Grafton High School in Grafton and the game went down to the wire. Batting first, Coffs Harbour High School made 8 for 155 off 30 overs. Hayden Cross made 47 runs, Lachlan Carlyle 32 and Blake Austin 25. Grafton's innings was on a knife's edge and it took Grafton until the very last over to reach their target and win the match. The best of the bowlers were Hayden Cross (2 for 17 off 6 overs) and Flynn Taylor (1 for 9 off 3 overs).

The boys are to be commended on their sportsmanship and conduct throughout the entire series as they represented Coffs Harbour High School admirably and with pride.

Adam Mason
CRICKET COACH



*Front row (L-R): Ryan Cross, Lennox Weiley, Kody Mavin, Kieran Austin, Lachlan Squires
Back row (L-R): Emmanuel Degle, Lachlan Carlyle, Flynn Taylor, Cole Johnson, Hayden Cross,
Blake Austin (Captain) Adam Mason (Coach)
Absent: Ryley Koelmeyer, Reuben Kelsall*

COFFS HARBOUR HIGH SCHOOL AUSTRALIAN RULES FOOTBALL

Over the course of 2019 many boys and girls were fortunate enough to represent Coffs Harbour High School in the sport of Australian Rules Football. These matches were spread across Terms 1, 2 and 3.

15s Boys – Combined High School Knockout

Well done to our 15s Boys Australian Rules Football team on their endeavours in the Combined High Schools Knockout Competition. The boys played in a Gala Day way back in Term 1 to decide the Mid North Coast winners and were successful, beating Toormina comprehensively.

They were made to wait months before playing their next game which was against Melville High School in Kempsey. We all piled onto the mini-bus for the trip down and although the boys did not win, they displayed excellent sportsmanship and behavior on the day and should be proud of their efforts. Final scores were: Coffs Harbour High School 4 – 8 – 32, Melville High School 10 – 9 – 69.

Goal scorers: Emmanuel Degle 1, Ama Mite 1, Brendan Herbert 1, Kody Mavin 1.

The team: Hudson Barry, Cayden Close, Emmanuel Degle, Carter Deveson, Isaiha Kelly, Cooper Little, Kody Mavin, Luke McLennan, Jordan Telfer, Brendan Herbert, Ama Mite, Dylan Morris, Kai Panozzo, Luke Panozzo, Liam Papisidero, Luke Willis, Levi Bannerman, Kye Parsons.

Thank you to the following boys for their help on the day: Reuben George, Zeke McFaull and Mark Yanga.

Swans Cup Gala Day

On a fine Coffs Harbour day a team comprising boys from Years 8, 9 and 10 attended Leisure Park East to participate in the Swans Cup Gala Day for 2019.

Our boys played extremely well throughout the course of the day, displaying great sportsmanship and also playing a high quality brand of football.

They played games against Bishop Druitt College, Orara High School, Toormina High School, Bellingen High School and John Paul College. It was a successful day with the boys beating Toormina to claim top spot and be awarded the champion team for the day.

Well done to all players involved.

Adam Mason
AUSTRALIAN RULES FOOTBALL COACH

NORTH COAST SCHOOL SPORT AWARDS

On Monday 2nd December, Mrs Pearce was honoured to attend the North Coast Sport Award Presentation at the Coffs Harbour Education Campus. Athletes can be nominated by the sport department and coaches for a number of awards including recognition, citation or the prestigious Sporting Blue. The following students were presented with a recognition award for representation with distinction and their contribution to North Coast School Sport.

Hunter Churchwell – Rugby Union

Breah Fischer – Hockey

Hayley Kitching – Athletics, Cross Country and Basketball

Georgia Kuchel – Athletics, Swimming, Cross Country and Basketball

Zeb Misios – Rugby Union

Charlie Pade – Tennis

Jack Sheehan – Athletics

The highest NCSSA sport award is the 'Blue Award'. A 'Blue' award is presented to students who have represented NSW Combined High Schools in an Open team, or have won a gold medal in an Open's event or refereed at a School Sport Australian Championship. Year 12 students Oscar Churchwell and Zane Misios were awarded the 'Blue' for their representation in Rugby Union.

Guest speaker Chris Fydler OAM, who was a member of the 'awesome foursome' freestyle relay team in 2000 Sydney Olympics spoke to the students about the finer details of the event that won Australia the gold medal for the first time in history against the US team.

Our own 'golden girls' freestyle relay team were announced as the North Coast Sporting Team of the Year and awarded the prestigious trophy by Chris himself! The team consisted of Tayah Teale, Georgia Kuchel, Benni Maloney and Tylani Hickman-Moss. The girls have won the gold medal over the last 3 years at NSWCHS.

Congratulations to all students and their families for receiving these special awards.

Mrs Pearce
CHHS CARNIVAL COORDINATOR



Back Row (L-R)
Chris Fydler, Jack Sheehan,
Zeb Misios, Zane Misios,
Hunter Churchwell

Front Row (L-R)
Hayley Kitching, Benni
Maloney, Tayah Teale, Tylani
Hickman-Moss, Georgia
Kuchel

YEAR 11 HERON ISLAND EXCURSION

Year 11 continued the long and proud Coffs Harbour High School tradition of going to Heron Island for a week in Term 4, and our students were once again treated to an amazing week. Every day was spent snorkeling, and for some, scuba diving, getting up close and personal with turtles, sharks, rays, fish, octopus, and a whole plethora of amazing wildlife.

Among the many highlights, students were lucky enough to witness a number of mature female turtles laying their eggs on the beach and return to the ocean.

This diligent group of students also completed their school work set for each subject for the week.

Since returning to 'real life' students have commented that they now really miss being in the water every day, wish they could wake up on a tropical island each morning, and for some, how proud they are of themselves for conquering their fears.

A special thanks to the students for their excellent participation and behavior, and also to the staff – Mr Mackay, Mr Austin, Mrs Bailey, Mrs Steward and Miss Joyce. An extra special thank you must go to Mike Davey from Jetty Dive. Without him, our students would not be able to have the incredible experience of scuba diving on The Great Barrier Reef. His underwater photography and videos were also a highlight of the nightly slideshows on the island.

Amanda Joyce
SCIENCE TEACHER



YEAR 11 HERON ISLAND EXCURSION



Underwater photos taken by Mike Davey, Jetty Dive

YEAR 11 HERON ISLAND EXCURSION



Underwater photos taken by Mike Davey, Jetty Dive

YEAR 11 HERON ISLAND EXCURSION



YEAR 10 AGRICULTURE

ANCHOR'S WHARF RESTAURANT EXCURSION

Once again the wonderful owners of Anchor's Wharf Restaurant at Urunga have sponsored the Coffs Harbour High School Agriculture students through the Herb Project. Students in Year 10 grew herbs throughout the year for use in the restaurant. At the end of the year, students are rewarded for their hard work with a free breakfast at the restaurant. Owners Steve and Denise Ryan look forward each year to this event, as do the students who gained valuable horticultural experience participating in the project.



UNIVERSITY OF NEW ENGLAND 'FAR OUT SCIENCE' EXCURSION

On Friday 8th November a highly motivated group of Year 9 and 10 Science students comprised primarily of students from the Year 9 Self Select class, travelled to the University of New England in Armidale to participate in the annual 'Far Out Science' event.

The students were able to participate in a number of fantastic learning sessions, including a session using the brand new microscopes in the soil science lab to observe live nematodes. Students then conducted an experiment to see how the nematodes behaved under the influence of alcohol (answer: they behaved increasingly erratically until their demise).

A popular session included creating various fake wounds and infections on themselves and each other using simple household ingredients with realistic results. Some parents received interesting and surprising photos from their child after this workshop!

One of the final sessions involved searching the UNE grounds for insects. UNE Postdoctoral Fellow, Dr Manu Saunders, contacted the school following the excursion very excited to let us know that our students had actually discovered an insect that had never been found so far north before. The moth was identified as *Torticoptsis uncinella* – a species that, until our excursion, had never been documented north of Canberra!

During lunch a quiz was conducted by the scientists, and it was very exciting to have our very own Sam Woolford and Wil Goodwin be crowned the winners out of all the schools and competitors in attendance.

This was once again a fantastic learning experience for our students and a chance to have a little taste of university life.

Amanda Joyce
SCIENCE TEACHER



SCIENCE FACULTY

UNIVERSITY OF NEW ENGLAND 'FAR OUT SCIENCE' EXCURSION



CANTEEN / UNIFORM SHOP OPENING DAYS PRIOR TO TERM 1 2020

Monday 20 th January 2020	9.00am to 2.00pm
Tuesday 21 st January 2020	9.00am to 2.00pm
Wednesday 22 nd January 2020	9.00am to 2.00pm
Thursday 23 rd January 2020	9.00am to 2.00pm
Friday 24 th January 2020	9.00am to 2.00pm
Monday 27 th January 2020	CLOSED
Tuesday 28 th January 2020	CLOSED
Wednesday 29 th January 2020	normal school hours

Boys Uniforms Years 7 – 10

\$30.00	mid blue collared shirt, with sleeves and school logo
\$35.00	grey shorts
\$33.00	unisex blue and yellow sports shirt
\$25.00	unisex royal blue sports shorts

Girls Uniforms Years 7 – 10

\$30.00	lemon blouse, with sleeves and school logo
\$43.00	royal blue and yellow checked skirt
\$35.00	royal blue tailored shorts
\$33.00	unisex sports shirt
\$25.00	unisex sports shorts

Book Pack

The canteen sells a "Book Pack" for Year 7 students for \$85.00. This includes a calculator, 4GB flash drive and contains all of the requirements needed by Year 7 students.

COMMUNITY INFORMATION

YOUR TECH GIFT GUIDE FOR THE HOLIDAY SEASON

Be smart and secure when choosing tech gifts for children and young people this year with our **eSafety Gift Guide**. The Guide helps inform parents and carers about what to look out for with tech gifts and provides practical advice on how to stay safe, including setting strong passwords, turning off location settings and limiting the amount of personal information shared.

Check the safety of popular tech gifts like drones, smart toys, smartphones, tablets and even wearables for pets before making your purchases this holiday season.

The screenshot displays the eSafetyparents website interface. At the top left is the logo 'eSafetyparents'. Below it is a large video player showing a man and a child looking at a tablet. The video title is 'Advice for parents and carers to help children have safe experiences online'. To the right of the video is a 'In this section' menu with six items: 'The big issues', 'Skills and advice', 'Gift guide', 'Time online', 'Sexting and sending nudes', and 'Cyberbullying'. Below the video are four smaller content cards. The first card is titled 'Gift Guide' and includes the text 'Be smart and secure when choosing tech gifts for children and young people this year.' with a right-pointing arrow. The second card is titled 'Safer Internet Day for families' and features an image of a woman and a child. The third card is titled 'Good habits start young' and includes the text 'Build digital intelligence and help your child act responsibly online.' with a right-pointing arrow. The fourth card is titled 'The hard-to-have conversations' and features an image of a woman and a child.

Parents

Find advice for parents and carers to help children have safe enjoyable experiences online.

Help in languages other than English

Explore online safety and advice and resources in other languages.

Report abuse

Make a report about cyberbullying, image-based abuse or illegal and harmful content.

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Become a global citizen with AFS!

AFS is an inclusive community of global citizens: students, schools, families and volunteers determined to build bridges between cultures.

HOST AN EXCHANGE STUDENT

An amazing cultural journey for the entire family! Hosting an exchange student in your home is a great way to learn about a new culture and share your own culture and values. **Start your application now to welcome a new family member in July 2020!**

GO ON EXCHANGE

Live with a new family in another country, go to a new school, learn a new language and find ways to connect with people from other cultures and backgrounds. **Check out our sending programs!**

Find out more on afs.org.au or give us a call on 02 9215 0077