



COFFS HARBOUR HIGH SCHOOL

Cnr Edinburgh & Nile Streets, Coffs Harbour, NSW, 2450
Telephone: 02 6652 3466

“Light out of Darkness”

newsletter

QUALITY EDUCATION SINCE 1938

Term 2 — 2021/04

16th June 2021

FROM THE PRINCIPAL

The recent passing of Gumbaynggirr Elder, Uncle Mark Flanders was sad news for our community and local public schools. Mark had been involved in Aboriginal education programs and events across many schools. Members of our Aboriginal Education team attended Mark's funeral on behalf of the school. Out of respect for Uncle Mark and his family, we have chosen to postpone our NAIDOC celebrations and the opening of our Yarning Circle until Term 3.

Extracurricular activities and competitions

On a happier note, from the pictures and articles in this newsletter, it is clear that students and staff have been busy this term with a range of activities and excursions now that restrictions have eased slightly with COVID. There have been several school camps and excursions as well as opportunities for students to compete in extracurricular competitions. We even managed fine weather for our athletics carnival at the CEX stadium last week.

Most recently, we have had students competing in dance competitions and music eisteddfods. On Saturday June 5th, the Coffs Harbour High School String Group continued its winning streak and won first place in the Coffs Harbour Eisteddfod in the Schools Section. They played a beautiful piece based on an English folk song by a contemporary English composer called John Rutter. They have been preparing for this performance for many months and are delighted their hard work paid off. The group has been running for 7 years and is made up of present and past students, some of whom come to the Friday morning rehearsal on their way to the Senior College. They are led by teacher Zillah Hawley who is extremely proud of their commitment and musical achievements. The Stage Band has also performed at the Coffs Harbour Eisteddfod with fantastic results. They received Highly Commended in the Schools Section. Congratulations for the hard work and dedication of the members of this group. They are conducted and led by teacher Maryann Montgomery who is very pleased with the result.

PARENT TEACHER NIGHT

Coffs Harbour High School will be hosting a parent teacher interview night on Tuesday 20th July (Term3 Week 2) from 3:30pm to 7:00pm. Interviews can be booked through the school's Sentral Parent Portal:

<https://chhs.sentral.com.au/portal2>

Manual bookings can be made by contacting the front office. Interviews will be 5 minutes in length and it is recommended that parents spread bookings out to include a space after each interview, to avoid falling behind time. You can start selecting your interview times from 9am Monday 21st June through to 3pm Monday 19th July.

FROM THE PRINCIPAL



School improvements

We have had significant construction work going throughout the first two terms of this year that has required some adjustment as we have had to alter rooming to accommodate the Cooler Classrooms program. The good news is that it is expected that this work will be completed by the start of Term 3 and our rooming will then return to normal. Whilst such significant work has been somewhat disruptive for students and staff, the benefits will far outweigh any inconvenience as we move into summer conditions later this year with air conditioned and environmentally controlled classrooms. No matter the quality of teachers or resources, we cannot expect students to learn effectively if they are in a room with 30 other people and temperatures in the high twenties to low thirties. While most office workspaces have been airconditioned for some years now, education has been lagging and so this project is a most welcome improvement to the learning conditions of our students. The system not only involves the installation of air conditioning units, but also special window fans in each room that draw in fresh air from outside when sensors detect a build-up of carbon dioxide. It is also important to note that, to offset the increased electricity use from this system, the government is also installing additional solar panels on the roof along Harbour Drive – something we expect to see installed prior to the end of year.

In addition to this work, we have also recently had fencing upgraded along two boundaries of the school and we expect to have work start on the new outdoor basketball court sometime next term. Again, this will involve some short-term disruption for some long overdue long-term gain. It will be fantastic to finally have an outdoor court for student use during break time and sport.

Rural Access Gap – increased technology for rural public schools

We seem to be on a bit of a roll as far as recent improvements in facilities and resources. While there is still a long way to go and a lot of room for further significant government investment in public education, it is with great pleasure that I can also inform parents of the school being included in the Department of Education Rural Access Gap technology infrastructure rollout. This is a significant program that aims to increase student access to technology in regional and rural areas. It acknowledges the deficit that has existed in comparison to metropolitan schools. As a result of this initiative, Coffs Harbour High School will receive the following additional technology equipment:

- 67 x Teacher Windows Notebooks
- 20 x Student Apple Macbooks
- 33 x Student iPads
- 58 x Student Chromebooks

FROM THE PRINCIPAL

- 30 x Student Windows Notebooks.
- 51 x Interactive Touch Panels for classrooms (combination of 75- and 86-inch displays)

Due to a world-wide demand on technology stemming from COVID, it may take some time for this equipment to arrive, but we are expecting it to be here within the next six months. In addition to this boost in resources, the school will also receive an additional day per week of teaching time to assist with supporting teachers across the school in implementing digital technologies in the classrooms.

Reports and Parent-Teacher evening

Parents and carers will likely already be aware that half-yearly reports are being finalised and will be available for all years by end of Term 2. These reports will be issued in electronic form only and will be available from the SENTRAL Parent Portal. As part of our reporting process, we will also be holding a Parent-Teacher evening on Tuesday 20th July (Week 2 of Term 3). We expect to have online booking available from Week 10 of this term – details to follow.

As a parent, I appreciate that there is value in students receiving a printed hard copy of their report, especially where families may not have ready access to printers. I believe that students should have personal pride in their reports and recall that I was always proud of my own reports as a student and still retain a copy of every one of my academic reports in a special resumé folder. As such, we will return to issuing printed hard copies of student academic reports for the end of year and all subsequent reporting periods. Parents/carers will still be able to access a digital copy in addition to the issued hard copy.

Q&A regarding proposed mobile phone restrictions

The school will have an information kiosk available at the Parent-Teacher evening in Term 3 to help explain proposed changes to restrict student use of mobile phones at school, and answer any questions parents may have. I hope to have an unlocking device and phone pouch available to demonstrate how the system works. This will then be followed up with a short online survey of parents to obtain feedback on the proposed changes. I thought I would take this opportunity to list a few commonly asked questions and answers, based on my experiences implementing this system at a previous school.

Q: Why is the school doing this?

A: There is clear evidence that student use of mobile phones has become an increasing issue at Coffs Harbour High School, as it has in most other schools. Misuse of phones causes a major distraction to learning for all students, even those not using the phone. There are issues with misuse of phones to access social media and cyberbullying. All school access to the Internet is filtered to prevent student exposure to inappropriate material, but mobile phones effectively bypass this filtering and security. They are an expensive item and are often the cause of distress and dispute when they are damaged or stolen at school. It should be noted that there are a great many schools on the North Coast who have already successfully implemented similar restrictions on mobile phone use and to great effect, including Toormina High School and Woolgoolga High School.

Q: Are schools allowed to restrict phone use in this way?

A: Yes. The NSW state government made changes to allow all schools to restrict student mobile phone use from 2020 onwards. Student mobile phones are completely banned in all state primary schools. Secondary schools, following consultation, are authorised to impose their own restrictions ranging from complete bans through to complete use. In our case, we are looking at a system where the student has restricted access to their phone during the school day. They will retain possession of and responsibility for their phone but will not be able to access it, as it will be locked in a pouch. This means that students who need their phone before and after school for safety or other reasons will still be able to access their phone outside of school hours.

FROM THE PRINCIPAL

Q: My child has a medical condition that requires that they use a phone app – will this be allowed for?

A: There are phone apps to assist students with medical conditions, such as those with Diabetes who need to monitor blood-sugar levels. There are also students with significant disability who may have a genuine need to access their phone. Parents will be able to make an application for an exemption from use of the phone pouch based on significant medical condition or disability, with appropriate supporting documentation. These students would be granted a pass to allow them access to phones. They will still be expected to only use their phones for the prescribed conditions/reasons and would be disciplined no different to any other student if they used their phone inappropriately.

Q: How will I contact my child during the day?

A: Just as I have contacted my own children when they were/are at school and just as I am contacted when I am working, parents will be able to ring the school landline and office staff will ensure that important messages are passed to students. Students who need to contact a parent for an urgent matter will be able to come to the office, with their teacher's permission, and we will ensure that a parent is notified/contacted. It is important to note that, while at school during school hours, school staff are the primary carers for all students. This is something that is known in legal terms as "LocoParentis", which is Latin for "in the place of a parent". For example, if a child is ill at school, it is important that school staff are first aware and can provide care for a student. As part of this process, we would then contact a parent/carer. In the case of senior students being contacted by employers and for less urgent contact from parents, we would encourage the use of text messaging, which the student can then access at 3:10 pm when they unlock their phone on leaving the school. The school learning environment should be as free from outside distraction as possible to maximise student learning and wellbeing – something we all want.

Q: What happens if a child does not place their phone in the pouch at school?

A: Students will turn off their phone and place it in the pouch when they enter school. The pouch will go in their bag for the day. Staff will not and cannot search student bags. Essentially, if we do not see a student using a phone then there is no issue. From experience, some students may simply opt not to bring their phone to school and hence not use the pouch at all – which is fine. If a student is seen using a phone, then they will be dealt with under the school's discipline system. The detail on the response to student use of phones will be finalised after further consultation, but it will involve a graduated approach with at least one warning before formal disciplinary action is taken, which will ultimately lead to suspension from school where a student repeatedly refuses to refrain from using their phone at school. We acknowledge that this will involve a significant change in habits for many students and so we would expect a staged implementation where there may be some initial additional reminders and warning when the new policy is implemented, to help students to make this important change in their behaviour.

Q: What will happen if a teacher needs students to use a phone for their learning in class?

A: Teachers will not rely solely on student phones for learning experiences because we need to acknowledge that not all students have phones and there is significant variation in the types and functions of phones for those students who have one. However, if a teacher feels that there is an educational use for a phone in a particular lesson then they will be able to access a portable unlocking station to allow students to unlock and use their phones for that lesson only.

Q: Will students be allowed to use phones on excursions?

A: For non-local excursions, the use of phones will vary depending on the nature of the excursion and will be left up to the organising teacher as part of their excursion organisation and risk assessment. It is expected that students on overnight excursions will retain access to their phones. In the case of local excursions, such as trips to the jetty area, students will not need access to their phone as teachers will be able to use a school mobile for any emergency contact.

Peter South
PRINCIPAL

IMPORTANT DATES

DATE	EVENT
14 th – 17 th June	Self Select Science Sydney Excursion
25 th June	Last day of Term 2
10 th – 16 th July	Year 10 Snow Excursion
13 th July	Students return to school Term 3
16 th July	NSW All Schools Cross Country
19 th July	MNC Athletics Carnival
20 th July	Parent Teacher Meeting
29 th July	NC Athletics Carnival
31 st Jul – 6 th Aug	Year 9 Snow Excursion
9 th – 20 th Aug	Year 12 Trial Exams
16 th – 17 th Aug	In Concert Sydney
24 th – 25 th Aug	Bell Shakespeare's Hamlet - Sydney
25 th – 27 th Aug	CHS Athletics Carnival – Sydney Olympic Park
6 th – 17 th Sept	Year 11 Exams
14 th – 17 th Sept	Sydney Self Select Science Excursion
17 th September	Last day of Term 3
18 th October	Year 7 Vaccinations
8 th – 12 th Nov	Year 11 Heron Island Excursion
11 th November	Year 12 Formal
23 rd November	Year 7 2022 Orientation Day

P & C REPORT

The CHHS P&C meets on the 1st Monday of the month in the School Library at 7pm. In our last meeting we discussed the Canteen and uniforms, some policies, the new Basketball Court and how to use Ag farm produce in the Canteen. We do still need a treasurer so we are looking for a willing volunteer. The Canteen does have a paid bookkeeper and everything is computerised. The Treasurer needs to be able to look over Profit and Loss statements and report at P&C meetings on the best way to maximise Canteen profits- and also suggestions on how to spend the money!

We also wanted to do some Mythbusting!

Myth #1- *Helping on the P&C means cupcake stalls and sausage sizzles. I hate wearing an apron.*

Our High School Canteen is the only fundraiser that our P&C has. It is run by paid workers and the P&C is the employer. You get input into what your child has available to them at school and also the way the profits are spent. More sporting equipment or technical devices? Money for Drama? Art Equipment? Your vote at our meeting decides where the Canteen profits are spent. And they do have to be spent !

Myth #2- *I did my time in my child's younger years in Primary School. I can't do that again.*

Our High School P&C has a different emphasis on parent involvement. As children become teens they still need their parents. Parental involvement in school enhances their life. Social, Academic and Emotional outcomes are positively correlated to parental interest and involvement in their scholastic life. We also are a fairly diverse group of parents with children who have disabilities, struggle at school, excel at school, hate school, love school. But- we all get along. We need all family and carer interests represented in our P&C.

We would love to see you on Monday 2nd August at 7pm in the School Library.



Warm Regards
Caitlin Mackie- P&C President



SCHOOL UNIFORM PANTS ARE
AVAILABLE FROM THE SCHOOL
CANTEEN UNIFORM SHOP FOR \$30-00



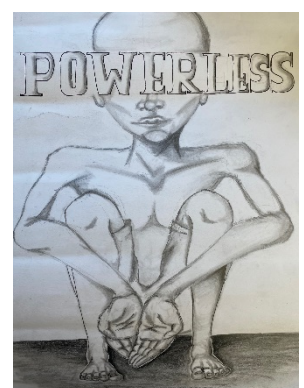
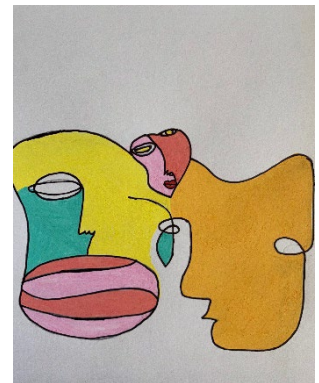
UNESAP Let's Hang it Exhibition Finalist!

Congratulations to Kristabella Badman who has been selected as a finalist in the 2021 University of New England School Acquisitive Art Prize. There were 471 art entries this year and out of those 60 were selected as finalists. Kristabella's work will be exhibited at the New England Art Gallery in this years annual art prize. The opening of the 2021 University of New England School Acquisitive Art Prize (UNESAP) *Let's Hang It!* exhibition will be held at 6pm on Friday 30 July 2021 at the New England Regional Art Museum (NERAM) in Armidale and the exhibition will be on display until Sunday 15 August 2021.

Congratulations to all students who entered works: Kristabella Badman, Grace Scadding, Laila Smith, Bao Nam Nyuyen, Nada Ali, Gozal Gozal, Rizil Golosinda and Lilla Mazzina, the art entries this year demonstrated the application of a very high standard of technical skill as well as creative expression. Well done to all.



CHHS Student: *Kristabella Badman*



Natasha Heinrich
CAPA HEAD TEACHER RELIEVING

Movie Reviews

Did you know **Year 10 student Max Grant** has had over 1 million online views of his film and TV reviews since he started reviewing this year? He has a considered opinion and great advice, so if you're looking for something to watch this month, make sure you read his reviews.

'What to Watch this week'



A Quiet Place 2 (2021)

Directed by: John Krasinski

Rating: ☆ ☆ ☆ ☆

A Quiet Place 2 continues the story of a family trapped in a world with vicious sound sensitive aliens roaming around and where even the slightest of sounds mean the aliens will hunt you down and kill you. The director John Krasinski originally refused to make this sequel as his thought process was that due to the first movie's grand success, a sequel may ruin a perfectly made world. Krasinski's producing partner from the first movie begged him to at least write up a rough plot for a sequel that they could give to a new director. Krasinski realised midway through writing the plot that he had once again fallen in love with the world he had created, hence he agreed to direct the sequel and every single audience member should be glad he did.

A Quiet Place 2 may just have one of the best sound designs in cinematic history! It builds off the strong foundations of playing with sound in natural and home environments in the first movie and decides to dial that up to eleven. Every step a character takes and every choice they make is only brought into a greater light by the most detailed of sound design. The film also manages to create fantastic character bonds and relationships through the movie, even though throughout the full 1 hour and 37 minute film there is only around 20-30 minutes of dialogue. A great character to mention in the movie is the strong female lead of Reggan Abbott, played fantastically by real life deaf actress Millicent Simmons. Millicent creates a smart and powerful character who drives to fight for humanity.

Although the film should be greatly praised, there is one drastic problem: the sudden and anticlimactic ending. Although at the end of the movie the threat that is near the characters is vanquished and they are all safe, there isn't a real sense of victory, only the sudden jolt of the story stopping. It's sad to see such an ending affect the film, but it's lackluster performance sends shockwaves throughout the rest of the film.

Although the ending is quite disappointing, A Quiet Place 2 is a must watch film and its fantastic sound design will forever affect the future of films that follow.

Max Grant

Year 10 Student

ENGLISH FACULTY

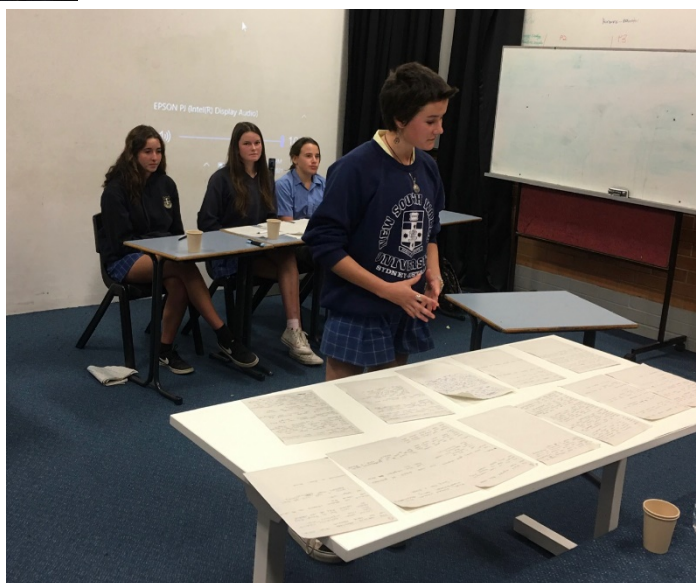
Debating Team

Our Year 9/10 debating team is off to a great start, defeating both Bellingen and Toormina this week. It was fitting that today, during National Reconciliation Week, that they successfully argued 'that we should require Australian state and national sports teams to include at least two indigenous players.' In her opening address, Majella spoke with conviction and confidence and said that Australian elite level sport would be enriched when "non-indigenous athletes, along with Aboriginal athletes, can walk and work beside each other and play proudly for our country."

Well done team!



CHHS students: Majella Goulstone, Lily O'Connor, Oscar Henry, Sarah O'Connor



Kristin Vlasto
RELIEVING HEAD TEACHER ENGLISH

HSIE FACULTY

10 Geography Excursion to Urunga and Hungry Head

On Monday 24th May the Year 10 Geography students enjoyed a day of fieldwork at Urunga and Hungry Head with Mrs Bailey, Mr Bullock, Ms Scriven, Ms Hutson and Mr Donald. After studying coastal management in Term 1, Year 10 Geography students got to see the coastal processes in action as well as the effects of erosion on human and natural landforms in our local area.

Enjoying the fine weather students and teachers spent a sunny morning exploring the Urunga Boardwalk environment, identifying local species including sting rays, tree snakes and water dragons and the diverse and evolving mangrove environment. They also saw first hand the destructive impact of the East Coast low pressure systems, where stormy waves and winds have imperiled the Surf Life Saving watch tower at Hungry Head.

The excursion was of great benefit for students' learning and a nice reward for their efforts in the classroom. The HSIE faculty will run the excursion again in Semester 2 for the Year 10 students who switch over from History to Geography. The day was also a bit of a 'taster' for the Year 11 and 12 Geography course which involves further fieldwork studies.

Thank you to all the wonderful students for their participation!



Simon Donald
HSIE HEAD TEACHER

Year 8 History

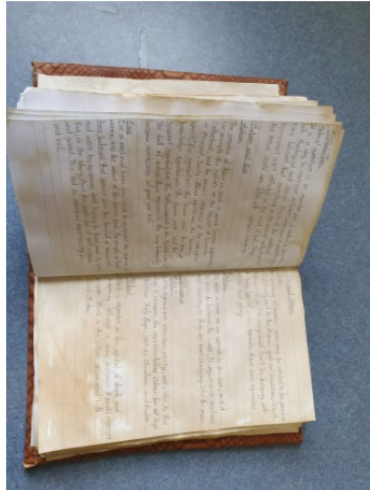
This term as part of the Medieval Europe Unit, Ms Bonney's 8HiE class took on a project based learning task where they were able to select a topic/point of personal interest within the Medieval time period. Students were able to get as creative as they liked. They produced some outstanding projects ranging from Medieval swords, plague masks, reports on witch craft, torture and intricate Minecraft replica Castles... even Notre Dame.

Ms Bonney was even treated to a Medieval feast including liver, cheese and a selection of stew, preserved fish and bread! Yum!

'Plague Mask'



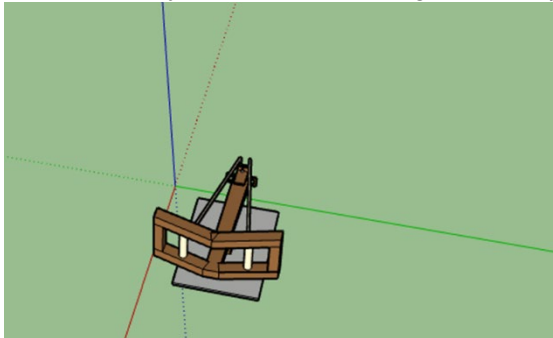
'Medieval Symbols/Diary'



'Medieval Feast' by Dan Craig



'A Ballista' By Jesse Smith – using 'Sketch Up'



'Witch Craft' – By Lani Cooper. Using Google Sites



Minecraft Medieval task

By Alex Dent

Planning:

I'm going to be building warwick castle in england.

Or try to at least

This is it to the right >

I'm going to be using ideas from videos to recreate it



The blocks I'll be using.



Summary of Warwick castle.

This medieval castle, situated on a bend in the River Avon, dominates the town of Warwick. Rebuilt in stone in the 12th century on the site of the original castle built by William the Conqueror.

Kristal Bonney
HSIE TEACHER

'Medieval Torture' -By Ian Dun Mosquera



Medieval torture

Flogging

Probably one of the most boring types of torture, but just as painful. So the torturer would get a whip, flails or cat o'Nine tails and just flogged the victim who was suspected of a crime (they most likely didn't commit) until they confessed.



'Medieval Sword' By Joel Twiddle



HSIE FACULTY

On Friday, Mr Dun and Ms Hutson accompanied by four Year 12 Spanish Beginners students to Sydney to take part in the HSC Practice Speaking Day. This was an excellent opportunity for the students to gain valuable experience for their HSC Oral Exam, which is a 5-minute conversation conducted entirely in Spanish.

At the end of the long drive to Sydney we tucked in to a wonderful dinner of Spanish tapas in the heart of the city. We spent Saturday morning in the CBD before heading to SCEGGS Darlinghurst for the Speaking Day. There were Spanish teachers and students from several Sydney High Schools taking part, with the students getting a taste of the exam conditions they will be facing later in the year. The Sydney teachers were very impressed with the dedication shown by our students and showed their appreciation by giving us extra sessions as a reward for taking the long trip down.

After one more amazing meal of Vietnamese crispy pork rolls we made the long trek back. It was a long but worthwhile trip and we would like to send a special thankyou to Ms Hutson who gave up her Saturday to accompany students from outside of her subject area.



CHHS Students: *Moirra Rogers, Dureti Getahun, Simeran Getahun, Oscar Hood with CHHS Teachers Mel Hutson and David Dun.*

David Dun
HSIE TEACHER

LIBRARY NEWS

The Library continues to be a wonderfully busy place during break times, with many students regularly using the space to read, study, draw, play Uno or chess, or use the computers. Ms Montgomery would like to thank everyone who has been doing the right thing and helping to make the Library such a positive, inclusive space for all.

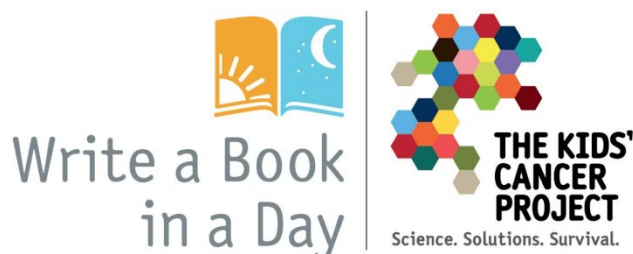
New books continue to arrive all the time, which is always exciting! Information about all our new resources can be found on the Library catalogue homepage, which also includes book recommendations, featured authors, referencing guides and information about events coming up in the Library. The page is updated regularly and can be accessed here: <https://oliver114.library.det.nsw.edu.au/oliver/home/news>

Parents - would YOU like to borrow a book to read? Or would you like some assistance in getting your child to read more frequently?

Don't hesitate to email Ms Montgomery: anika.montgomery@det.nsw.edu.au

Coming soon: **WRITE A BOOK IN A DAY**

Write a Book in a Day is a fun, creative and collaborative competition for students in years 7 to 12. Teams of 5-10 students have just one school day to write and illustrate a book from start to finish. To make it even more fun, unique parameters must be included in the story. Digital editions of the completed stories are made and shared with children's hospitals across Australia.



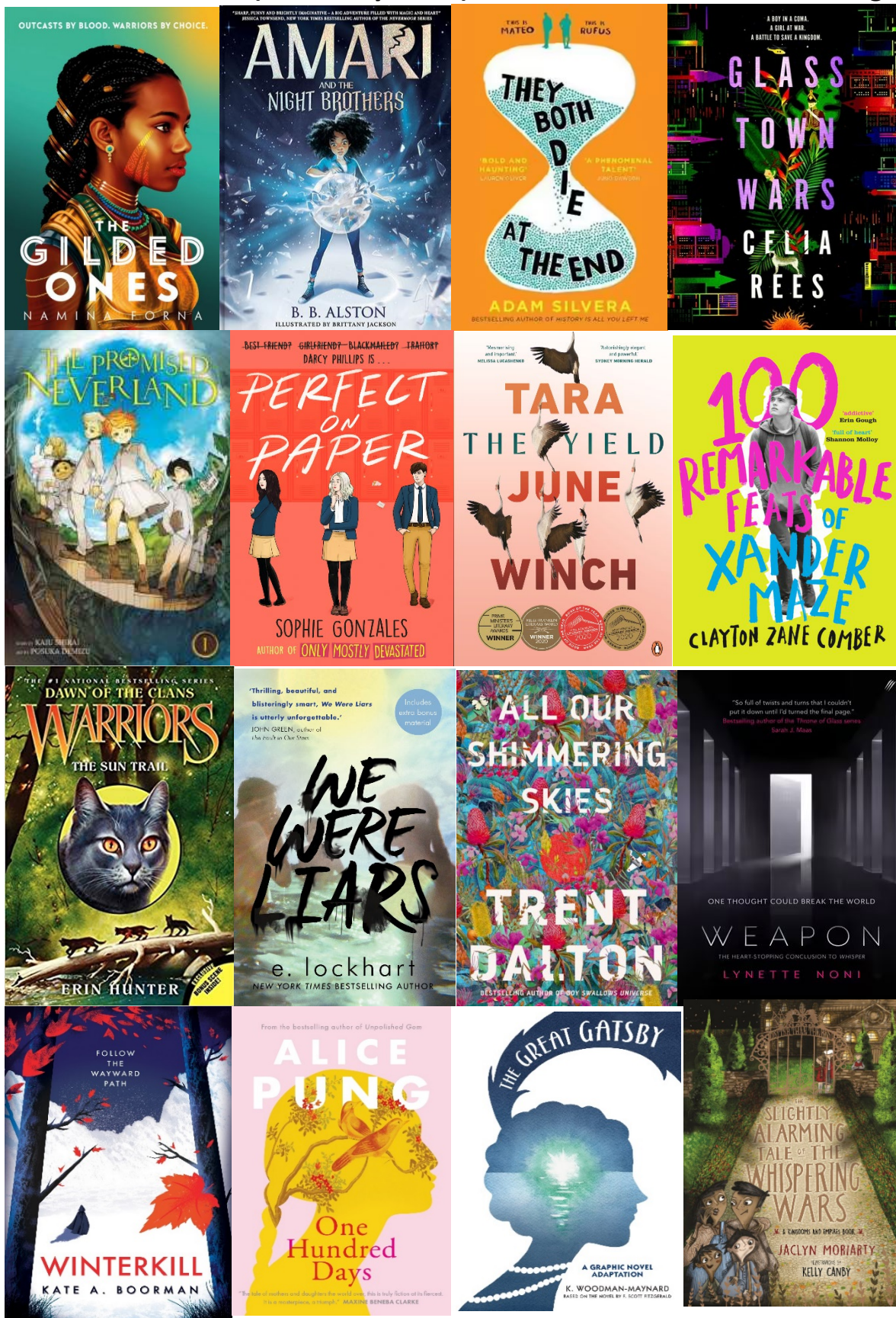
Funds raised through sponsorship go to The Kids' Cancer Project, a national charity supporting childhood cancer research. Last year, a record \$537,000 was raised during the competition!

Students wishing to participate should see Ms Montgomery in the Library to register their interest. You might like to form your own team (remember to include writers and illustrators) or Ms Montgomery can place you in a team. The event will take place early in Term 3 so there will be plenty of time to prepare and start fundraising.

Anika Montgomery
TEACHER LIBRARIAN

LIBRARY FACULTY

These NEW BOOKS (and many more) are now available for borrowing!



Anika Montgomery
TEACHER LIBRARIAN

Open Table Tennis Competition

Coffs Harbour High School Table Tennis team played Coffs Harbour Senior College and Hasting Secondary College - Port Macquarie in the Open Table Tennis competition this term. The team was victorious against CHSC where all members of the team had a win in either the single format or in the doubles. Lachlan Dierkx and Aiden Wilson played outstanding in both of their games and won convincingly. We then came up against a strong opponent in Hastings Secondary College where some great games were played and some very close results. Andrew Martin had an excellent match and walked away with a great victory. Jyden Pike played well but was narrowly beaten by a tough opponent and Tallyn Whitcher provided some excellent support play across the competition. The boys enjoyed the competition and had a great experience and are already looking forward to next years competition.



CHHS Students: Andrew Martin, Lachlan Dierkx, Aiden Wilson, Jyden Pike, Tallyn Whitcher



Tom Adams
PDHPE TEACHER

NSW CHS Open Girls Hockey Championships

Breah recently played hockey for North Coast at the NSW CHS Open Girls Hockey Championships in Lismore. North Coast won with a 3-0 victory, breaking Hunter's 5 year winning streak as well as breaking a 28 year drought for North Coast with the first win for North Coast since 1993!

Breah was also selected in the NSW CHS U16s State team to play a tri series match against the NSW Catholic and NSW Independent Schools later this year.

Breah and her team also won the U18s Hockey NSW State Championships the weekend before, bringing home 2 GOLD medals in 6 days...



Article and photos supplied by parent Susan Fischer

Heron Island 2021

The Heron Islander took a bunch of sleep deprived teenagers, gifted us with sea sickness, and left us on an island in the Great Barrier Reef. Together, we held each-others hair back as paper bags became our new face, and within the first minute offered our life savings for some internet. Under the kitchen bench there lay a stack of assorted biscuits, and suddenly, it was all worth it.

That's where it began.

It was non-stop from then on in, we swam with sharks, turtles, manta rays, stingrays, moray eels, starfish, corals, sea cucumber, clams, and probably more but we cannot remember the names at this point in time and if we describe them we wouldn't sound like the researchers we were sent to this island to be. In Mr Mackay's exact words, "Heron Island is not a holiday", which doesn't explain the late-night games of poker and intense UNO games which mostly consisted of Dino hiding cards in his hoodie, but perhaps it does explain the hours we spent in the kitchen, taking more time than necessary to cook fish and chips and pouring cordial into cups that was always too watery or impossibly sweet.

We saw beautiful sunrises and went on reef walks, but the stories we tell will most likely be of our teachers in nothing but towels, hosting a trivia night that had kids eating Weet-Bix dry and stuffing their faces with 'puss and bloody fingers'. It sounds worse than it was. Actually, no it doesn't. After we let the spit of the cold shower wash the trivia game off, and hung our towels in the windy rain, we always came back to the packet of assorted biscuits beneath the kitchen counters.

Who would have ever thought that a packet of biscuits would be the glue that held us together, because once again, it all became worth it.



Travis Mackay
HEAD TEACHER SCIENCE

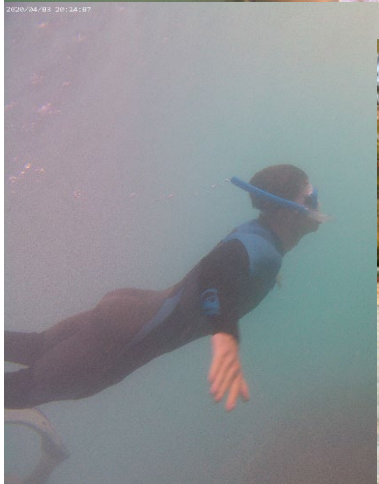
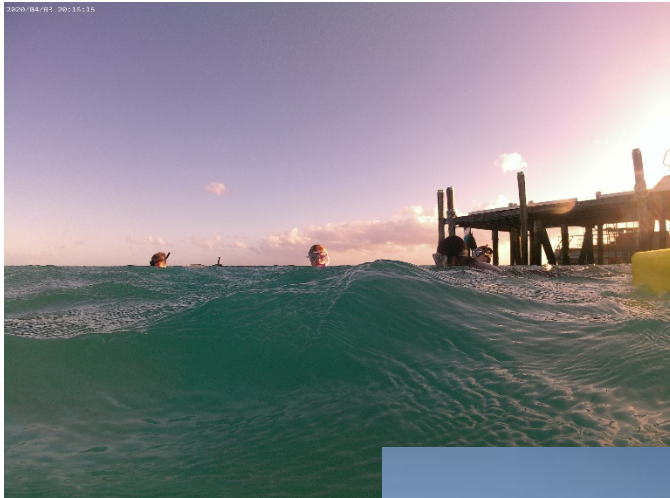
SCIENCE FACULTY

Year 12 Heron Island Photos



SCIENCE FACULTY

Year 12 Heron Island Excursion Photos



Combined High School Squash

On Tuesday May 4th, Coffs Harbour High School boys and girls team played in the Combined High School Squash at the Coffs Harbour Squash Centre.

The boys team consisted of Lachlan Walmsley, Joshua Walmsley, Sebastian Williams, Baxter Corcoran and Lachlan Dierkx (reserve). The girls team consisted of Emily Nargar, Lani Cooper, Arteia Yekrop and Annika Clay.

There were four school teams in total. Coffs High boys team played against two of the four teams and the girls teams got a bye in the first round and got to play the winning team of the other two schools.

The boys team won all matches in the first round against Coffs Harbour Senior College and moved on into the second round. The final against Grafton High School was a lot closer with each match more intense. But in the end the boys team was able to come out on top with a 3-1 victory. Lachlan lost 3-2 in games, in a very close five set match against his opposite number one player.

In the girls second match, they played South Grafton High tied 2-2. Unfortunately they lost on a countback by a single game.

The boys team now goes to play another region which will be confirmed later.

Overall it was a great day and everyone enjoyed themselves. Everyone was well mannered and played with sportsmanship. Thanks for Mr Dierkx for some valuable tips and for supervising on the day.

Some of our players also recently tried out for the North Coast Schools Squash rep team. Lachlan Walmsley, Joshua Walmsley, Emily Nargar and Sebastian Williams (reserve) were successful in making it.

Written by Joshua Walmsley



Students: Annika Clay, Arteia Yekrop, Emily Nargar, Lani Cooper,

Lachlan Dierkx, Lachlan Walmsley, Seb Williams, Joshua Walmsley

Michael Dierkx
ORGANISING TEACHER

SPORTS

U 15's State Hockey Finals

Four CHHS students brought home the win in their division for Coffs Coast in the U15's State Hockey Finals in Armidale.

Well Done!



CHHS students: Felix Sutherland, Alex Dent, Charlie Dent and Levi Fischer



Article and photos supplied by parent Paula Dent

Experience It! Girls in STEM

With STEM (Science Technology Engineering & Maths) one of the latest buzzwords in education and with the topic so popular with educators, parents, and politicians alike it can be easy to miss the fundamental aspects of what STEM really is. Designing solutions to meet specific needs.

Equally easy to see in STEM is a massive gender bias. Girls don't do STEM. Statistically, almost 5 times more boys than girls choose STEM subjects. Careers in STEM are 9 times more likely to be filled by males than females. The number of females employed in STEM activities has actually decreased since the 1990s. Sadly, many studies and a massive body of research all suggest that we have a societal belief that boys are better at STEM subjects.

At Coffs Harbour High, that imbalance is changing. We have many girls enrolled in a wide variety of STEM classes across all years and in all fields. We aim to promote STEM to all students and are working with the community, students, and a lot of agencies to promote STEM to all students but with a particular focus on girls in STEM.

Recently we ran an all-day workshop called Experience it! The event was attended by 16 female students from Year 8 & 9. The girls got the opportunity to work with engineers, designers, and programmers, across a variety of real-world challenges.

Some of the girls in our recent Experience it! Engineering workshop.



They created digital music by programming Microbit controllers with Python code. They then turned their focus to sustainability and designed, built and tested wind turbines to generate electricity. They finished the day by making water filtration units in a simulation of global water security challenges.



The girls built water filtration systems (first pass on the right, third pass on the left)

The girls all rose to a variety of challenges, some of them at a University level, and represented their school, their subjects, and most importantly, their gender to prove girls can do STEM, and do it very well! This was our first of many of these programs for all years, all subjects, and all genders. Keep your eyes out for our next event in the next few months.

To learn more about gender bias in STEM, check this recent story from the Harvard Business Review.

<https://hbr.org/2015/03/the-5-biases-pushing-women-out-of-stem>

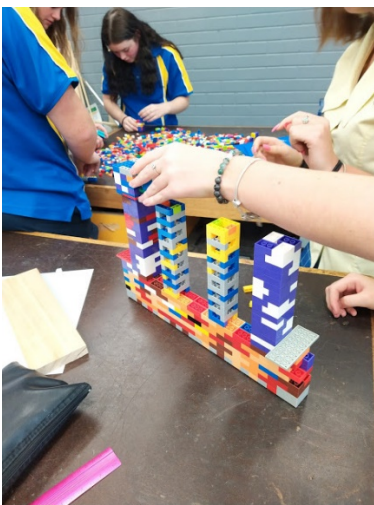
Shaun Hardy
RELIEVING HEAD TEACHER TAS

Design & Technology Towering Ahead.

Our Year 9 Design & Technology class recently completed a series of challenges to design, create and test a number of towers made from a variety of materials including Lego, Tape, Paper, and Spaghetti.

With an eye on the competition and a flair for creating amazing structures using minimal materials, this class has broken many records for the subject by building their towers taller and stronger than ever before.

Here are a couple of examples in action. For the record, the tallest freestanding Lego structure reached over 2 meters tall and our strongest spaghetti structure supported well over 35 times its own weight!



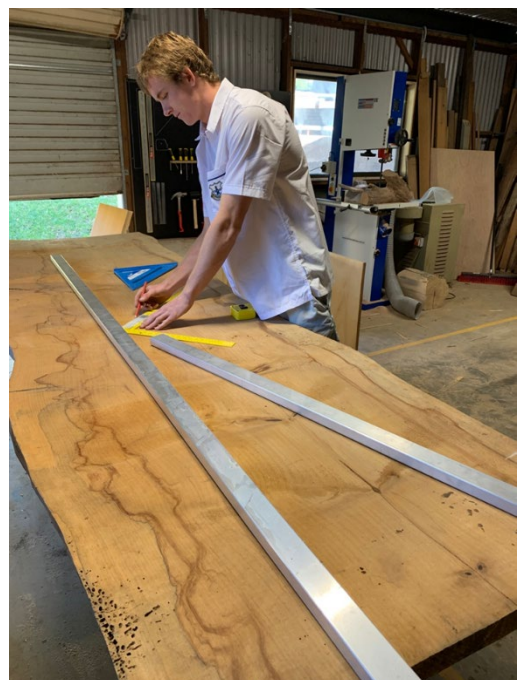
Shaun Hardy
RELIEVING HEAD TEACHER TAS

HSC Timber Major Project

Year 12 Industrial Technology – Timber have been working hard on their Major Projects this Term as the due date fast approaches. Students have been creating a variety of projects utilising skills learned in Year 11. All are using locally sources Australian hardwood for their availability and grain features. Projects are dues mid Term 3.

Pictured - Cole Johnson marking out his large pine slab to be turned into a bar-top with waterfall edge.

Joshua Myles
TAS TEACHER



CHHS Student: *Cole Johnson*

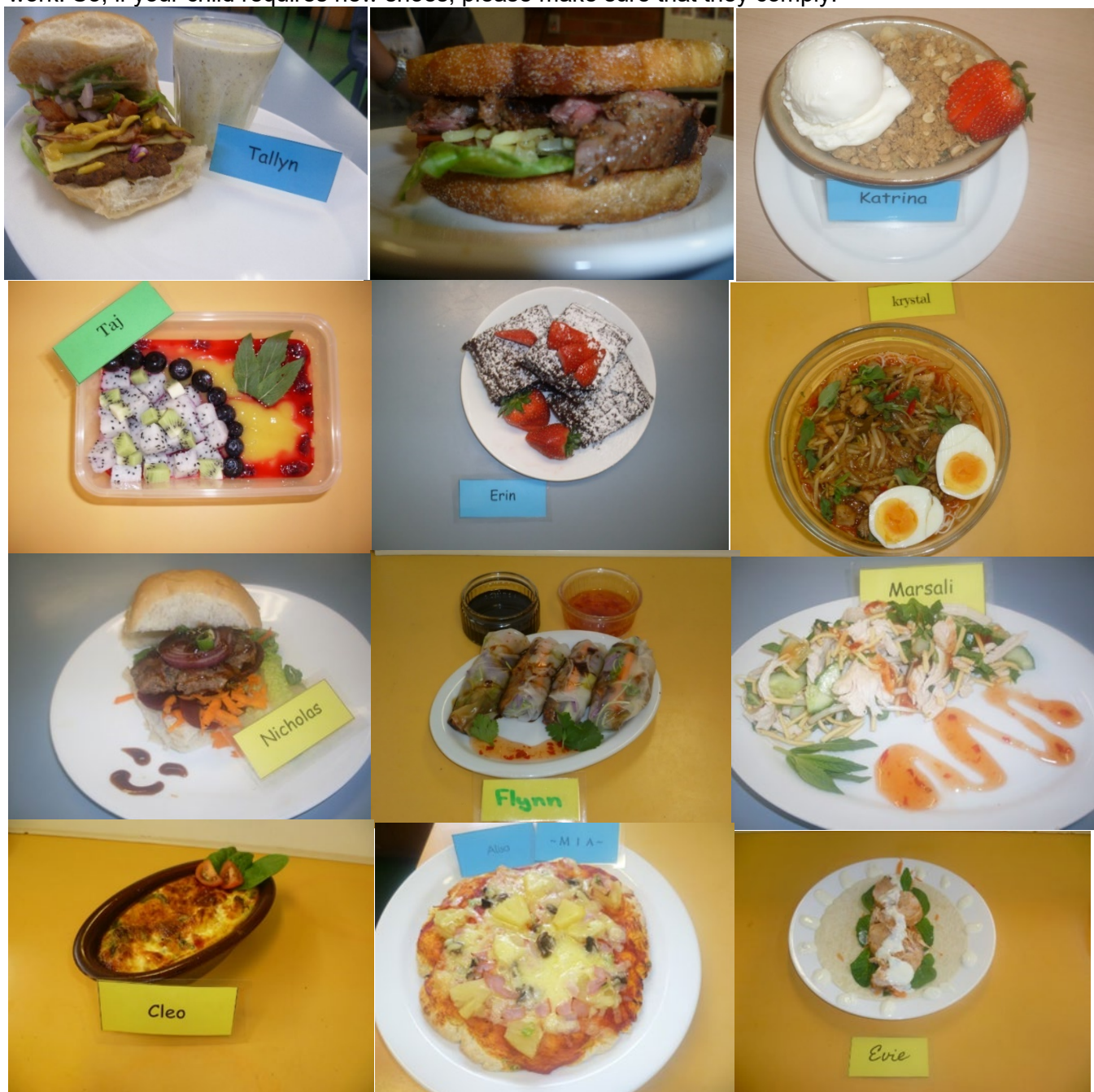
TAS FACULTY

What has been happening in the kitchen

Currently we have 4 Senior Hospitality classes, 3 Food technology classes and 4 Interest elective classes in stage 5 and various classes in year 7 and 8 cooking up a storm in the Food Laboratories. The students have been making a variety of dishes, taking into account many different dietary requirements. Students enjoy the practical application, but as at home their least favourite part is the clean-up. Below is a variety of photos that have been put on the 'wall of fame' at the back D05. The students take their own photos of their food presentation.

Year 10 Food Food Food have just completed an assignment where they made foods from a chosen celebrity chef. Year 9 Food Technology are looking at Food Equity and Year 9 Food Glorious Food are looking at food nutrition.

Please note that towards the end of this year and the beginning of next year there is going to be a push to get all students into the government required solid leather upper shoes for any practical work. So, if your child requires new shoes, please make sure that they comply.



Janice South
TAS TEACHER

SRC had a great fundraiser for Reconciliation Week. This year's theme was "More than a word, Reconciliation takes action".

To stand by this motto we held a bake sale, face painting and hair spray which inclusively raised \$261. These funds will be put towards two organisations. One is children's ground; an organisation that works to support disadvantaged children in their communities. The other organisation is happy boxes, where a collection of toiletries and beauty products are put together and sent to women in remote communities, throughout Australia.



Student Representative Council

WELLBEING YEAR7 EXCURSION

Gnarly Adventurous Bonding Cold

The Year 7 Great Aussie Bush Camp was a welcome reprieve from the bustle of school life and an amazing opportunity for Year 7 to jump out of their comfort zones and into the world of teamwork, crisp mornings and mud-filled socks.



WELLBEING YEAR 7 EXCURSION



WELLBEING YEAR 7 EXCURSION



WELLBEING YEAR 7 EXCURSION



Amy Kay
YR7 YEAR ADVISER

COMMUNITY INFORMATION



Expression of Interest Assisted Travel Support Officer (ATSO) Position

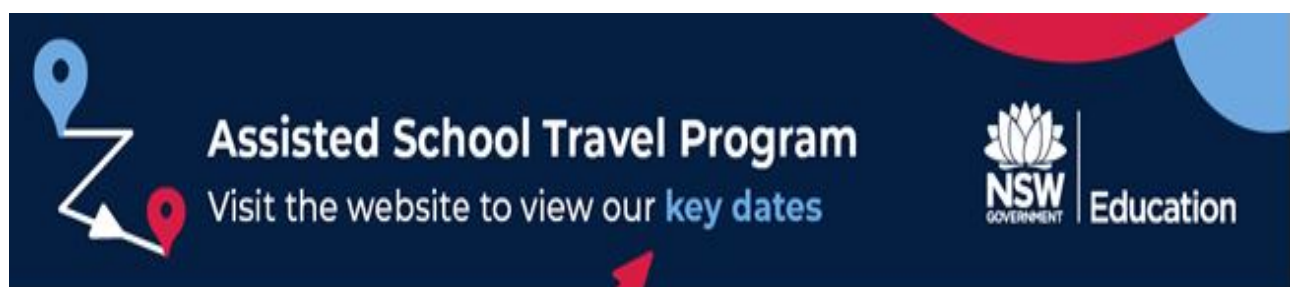
The Assisted School Travel Program (ASTP) often provides additional support to students with disabilities on transport. Assisted Travel Support Officers (ATSOs) support students with complex health or behaviour needs to ensure their safe travel to and from school.

If you are interested in temporary part-time work as an ATSO the following website contains information on the role, and how to apply for the position:

<https://education.nsw.gov.au/public-schools/astp/atso>

For further information please contact ASTP on 1300 338 278, or

email ASTP at atso.astp@det.nsw.edu.au





Discover Engineering Newcastle - Online Forum

**A free online forum for all high school students
interested in engineering as a career choice.**

4:30pm, Tuesday 22nd June 2021

Online via Webex - Link will be provided upon registration

Discover Engineering provides a unique opportunity for high school students interested in an exciting engineering career in to hear real life experiences from young engineers from various disciplines who will share their career path and practical first hand knowledge.

University & TAFE NSW representatives will also participate in the Q&A session to answer questions on course information and subject selection.

Upon registration, you will receive a link to access Your Virtual STEM Resource Kit!

engineersaustralia.org.au

FREE TO ATTEND!

Scan the Code:



or Click Here:

[REGISTER HERE](#)

Register early to secure
a place!



Free Community Suicide Prevention Training with Wesley LifeForce

Hi Everyone,

Please see attached flyer for FREE Community Suicide Prevention Training with Wesley LifeForce.

A number of sessions are available across the region. These training sessions are designed to be accessible to all members of the community, so no prior knowledge required. The course is for over 18s and it isn't recommended for people recently bereaved by suicide.

Thank you to the Healthy North Coast PHN for the funding and to Coffs Coast Suicide Prevention Initiative for advice and promotion.

Please share widely among your contacts, friends and family included. Lets work together to create a strong and resilient community! The more people who know how to help, the more lives we can save.

Any questions or concerns, please contact me.

[Link to FREE Community Suicide Prevention Training flyer](#)

COMMUNITY INFORMATION



Funded by the Healthy North Coast through the North Coast PHN program, open to North Coast NSW residents and businesses located between Tweed Heads and Port Macquarie.



Wesley LifeForce will be conducting a **FREE Suicide Prevention Workshops** for community members in Coffs Harbour, Nambucca Heads, Kempsey, and Grafton.

Our Suicide Prevention Workshops are designed to teach people how to identify the signs that someone may be at risk of suicide and appropriate action to take. Effective interventions can make a real difference and save lives.

The training is open to community members over the age of 18. It is not recommended for those who are recently bereaved by suicide.

Morning tea & lunch provided at each session. Please click the Register button to find out more and register your attendance.

Wesley LifeForce Suicide Prevention Workshop **COFFS HARBOUR**

Date: Monday, 7 June 2021
Time: 9:00 am – 4:00 pm

[REGISTER](#)

Wesley LifeForce Suicide Prevention Workshop **NAMBUCCA HEADS**

Date: Thursday, 17 June 2021
Time: 9:00 am – 4:00 pm

[REGISTER](#)

Wesley LifeForce Suicide Prevention Workshop **GRAFTON**

Date: Thursday, 24 June 2021
Time: 9:00 am – 4:00 pm

[REGISTER](#)

Wesley LifeForce Suicide Prevention Workshop **COFFS HARBOUR**

Date: Tuesday, 15 June 2021
Time: 9:00 am – 4:00 pm

[REGISTER](#)

Wesley LifeForce Suicide Prevention Workshop **KEMPSEY**

Date: Tuesday, 22 June 2021
Time: 9:00 am – 4:00 pm

[REGISTER](#)

Want to do more in your community for suicide prevention?
Contact **Coffs Coast Suicide Prevention Initiative**
jocelyn.box@wesleymission.org.au
0429 036 579
@CoffsCoastSPI



COMMUNITY INFORMATION



**headspace
Coffs Harbour**



Application form: Family and Friends Reference Group

Personal Details

Name	<input type="text"/>
Phone	<input type="text"/>
Email	<input type="text"/>
Address	<input type="text"/>
	<input type="text"/>
Date of Birth	<input type="text"/>

Do you identify as Aboriginal or Torres Strait Islander?	Yes	No
Do you have a relationship (family / friend) with a young person who has experienced mental health difficulties?	Yes	No
Is this something that you would be happy? (and feel comfortable) talking about?	Yes	No
Do you have regular access to telephone and internet?	Yes	No
Do have (or willing to obtain) a Working with Children Check?	Yes	No

COMMUNITY INFORMATION

Where did you hear about the youth reference group?

About You

Please tell us a bit about yourself? *(For example: education/work history, hobbies etc)*

Please describe your interest in youth mental health and why you have applied for this voluntary role with headspace Coffs Harbour?

Are you involved in any other organisations? If yes, which ones and what is your involvement?

Is there anything else you would like to tell us?