



COFFS HARBOUR HIGH SCHOOL

Cnr Edinburgh & Nile Streets, Coffs Harbour, NSW, 2450 Telephone: 02 6652 3466

“Light out of Darkness”

newsletter

QUALITY EDUCATION SINCE 1938

Term 1 – 2023/01

7 March, 2023

FROM THE PRINCIPAL

Welcome to all our new students and staff and welcome back to those who are returning this year. Term 1 is always a busy term, but this year it has been even busier. We have already had our school photos, swimming carnival, Year 7 Meet the Teacher evening and our Year 7 students are off to their Wellbeing camp this week at Darlington Park. We have a few other major events this term including the Year 10 Road Trauma and Safety presentation this Wednesday, NAPLAN exams for Years 7 and 9 starting next Thursday, and the Year 8 Great Aussie Bush Camp in Week 9. We have also made a number of changes this year including the addition of a roll call each morning and a new House Points system, where positive student actions and achievement contribute to an Inter-House competition.

Being the first newsletter for the year, I thought I would take the opportunity to explain some aspects of school operation that have become relevant more recently.

School Uniform

Coffs Harbour High School has an established school uniform. There are several benefits to having a school uniform. The decision to require students to wear school uniform is one that was made, as it is in all public schools, in consultation with parents, staff and students.

We have a very flexible and accessible uniform that includes a unisex sports uniform, practical footwear requirements and multiple options for students. We also offer assistance to families who are experiencing financial difficulties and are unable to afford uniform. We are very lucky to have a P&C-run uniform shop, that opens prior to school recommencing each year, to make school uniform even more accessible to students and parents.

As principal, I am expected to support this policy and ensure that students wear school uniform.

FROM THE PRINCIPAL

There is an expectation from the school community that there is some consequence for students who choose not to follow this requirement. Accordingly, it has been the practice for several years that teachers check school uniform and that students who are not in uniform are asked to provide a note from a parent to ensure that the parent is aware. As part of our expectations around uniform, students who do not wear school uniform without a note explaining good reason are warned and eventually prevented from participating in non-curriculum and non-mandatory school activities for the following school term. These activities include things such as representative sport, school socials, and non-mandatory school excursions. We allow for the fact that there are days when a student may be out of uniform and is unable to supply a parent note by allowing students 5 days each term where they can be out of uniform without explanation.

Now that we have a separate roll call, we are able to more consistently check for uniform on a daily basis (senior students have uniform checked Period 1 each day). Unfortunately, a small number of students choose not to wear school uniform on a regular basis, and this has led to these students being issued with letters warning them that they risk being prevented from participating in non-mandatory extracurricular activities. I must stress at this point that I have spoken to students on multiple occasions on assembly regarding these requirements and students are reminded regularly in roll call when they are asked why they are out of uniform. The letters that are sent home are only to inform parents that their child is out of uniform, as their child will already be well aware of the issue. Obviously, a student who continuously chooses not to wear school uniform will very quickly accrue these warning letters and combined with delays in post, it is quite possible for parents to receive the letters together or even out of order. However, I must stress again that these students will be well aware of the issue by the time letters arrive home and will have been provided with opportunities to supply notes and gain support with getting into uniform.

In all cases, when a student is prevented from attending no-compulsory school activities, they can apply to the principal in writing to explain any particular circumstances and request permission to attend these activities. In cases where a student can demonstrate that they have made a committed effort to follow our school uniform requirements they will be permitted to attend these activities.

Timetable changes and class cover for absent teachers

I wrote to all parents last week to explain that, as part of the normal staffing procedures that all NSW public schools operate under, the school was required to reduce our staffing this year and that this would require a change in student timetables. In that letter/email I provided a brief explanation of the reasons for this reduction. The changes that were made have included reducing the number of classes in Year 9 to reflect the reduced number of students in that year and reducing the number of face-to-face teaching periods for smaller senior classes. I have had concerns raised by some parents and students regarding these decisions and I thought I would explain a little further here to reassure parents and students. School staffing is extremely complex in a school of the size of Coffs Harbour High School. Managing classes and

FROM THE PRINCIPAL

staffing requires that I adhere to industrial awards and agreements, NSW Department of Education policy around things such as class sizes, curriculum policy, etc, and do so while staying within budget. There are a number of constraints that impact decision-making, but our overall goal is always to maximise the curriculum delivery opportunities and quality within these constraints. The circumstances we have found ourselves in this year are no different to those I have experienced previously at other schools or are currently being experienced by other schools. The solutions we have been required to develop to overcome some of the challenges associated with managing these requirements are equally common among schools. In the case of reducing face-to-face teaching periods for students, the only alternative to reducing teaching periods would have been to cease to offer subjects with smaller class sizes and then force students, who have been studying these subjects for some weeks now, to reselect from remaining subjects. By instead retaining these subjects with smaller classes, we have allowed students to continue with the subjects they selected last year but doing so requires that we reduce the face-to-face teaching periods to balance our overall reduced school staffing. In doing this we are acknowledging that teaching very small numbers of students allows teachers to get through content at a faster rate than larger classes.

Coupled with these changes are ongoing concerns regarding uncovered classes or classes under minimal supervision. These issues are unrelated to the need to reduce teaching periods, but they obviously cause concern regarding their impact on student learning. Unfortunately, the need to have classes uncovered is a consequence of the fact that we do not have enough casual teachers available to cover all staff absences. However, I wanted parents and students to be assured that we are doing all we can to minimise the impact through measures such as:

- Purchasing additional resources and texts to make available directly to students to support their independent study and learning.
- Not requiring senior students to attend roll call each morning and instead making available a teacher from each faculty so that students can seek assistance with their work during this time.
- Ensuring teachers utilise existing resources such as MS Teams and Google Classroom to help set work and better communicate with students.
- Where teachers are aware of an upcoming absence, providing work for students to complete independently.
- Providing all students with access to a copy of syllabus dot points, scope and sequence or other appropriate curriculum documents to help track their progress through course outcomes AND have students engage with this document to mark off work as they complete it to reassure them that they are meeting outcomes and remaining on track.
- Providing additional space in the library for seniors to complete schoolwork. This will include the Lighthouse Learning Hub area, which is currently under-utilised.

FROM THE PRINCIPAL

I appreciate the support of students and parents under these circumstances, and I am confident that, through these strategies and the hard work of teachers, we will be able to ensure that students remain on track with their work and able to achieve results commensurate with their ability and efforts.

School Uniforms

Juniors



Seniors



Peter South
PRINCIPAL

DUX OF YEAR 12 2022

DUX OF YEAR 12 2022

Congratulations to Georgia Kuchel, Year 12 Dux for 2022.

Georgia studied Biology, Chemistry, Mathematics Extension 1 and 2, English Advanced and English Extension 1 and 2 in Year 12 with a sensational ATAR of 96.9. She was also recognized on the NESA Top Achievers list for English Extension 2 and the Distinguished Achievers list for English Advanced, English Extension 1 and English Extension 2.

As a result of her commitment to her studies and significant personal organisation, Georgia was offered a number of university placements across Australia. She has accepted an offer to undertake medicine with UNSW.

Georgia was awarded her certificate at our recent whole school assembly. Congratulations to Georgia for her outstanding results!



IMPORTANT DATES

| | |
|--------------------|---|
| 7-9 March | Year 7 Excursion Darlington Park |
| 13 March | North Coast Swimming Carnival |
| 16 March | Year 10 Geography Excursion |
| 17 March | School Social |
| 22-24 March | Year 8 Great Aussie Bush Camp |
| 27-28 March | Ag/Garden Club Excursion |
| 28 March | Year 7 Vaccinations & Year 8 Catch-up Vaccinations |
| 6 April | Last Day of Term 1 |
| 26 April | Students Return for Term 2 |

SCHOOL BYTES PAYMENT SYSTEM

All NSW public schools have moved to a new finance system this year. We have transitioned to this upgraded finance system called 'School Bytes' on 21 February.

What this means for you:

- Any existing payment links sent to you in previous emails can still be used after we change to School Bytes
- As of 21st February, a School Bytes portal will be available for you to register and begin using. The link to access this is: <https://portal.schoolbytes.education>
- All previous payments made will be recorded in the new School Bytes system
- You will find a 'Make a Payment' tab on the home page of our school [website](#).

What is the School Bytes portal:

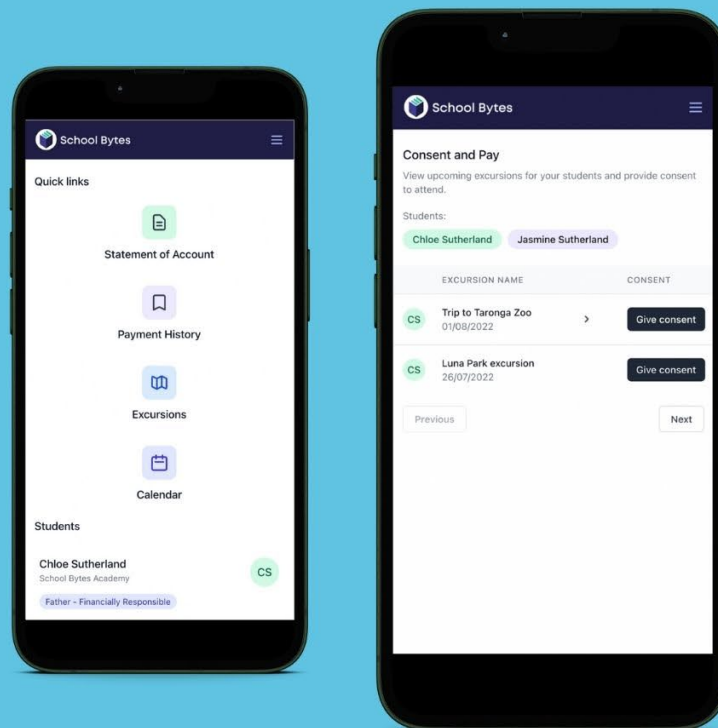
- Make school payments online
- Use any credits held on your account to pay for an activity or school contribution
- Download receipts for payments made
- View all payments you have made
- Request a refund if required

If you have any further questions or require assistance with the School Bytes portal please contact the school office.



AVAILABLE NOW!

We are excited to announce our school will be transitioning to a more flexible and simplified way parent/carers can make payments



The Parent Portal

- Easily make a payment online
- Download your receipt
- Sign and return permission notes digitally
- Use any credits on your account to make payment
- View your complete payment history
- Request a refund

AVAILABLE DURING

TERM 1



School Bytes

Register for the Parent Portal via the QR Code or visit

<https://portal.schoolbytes.education>

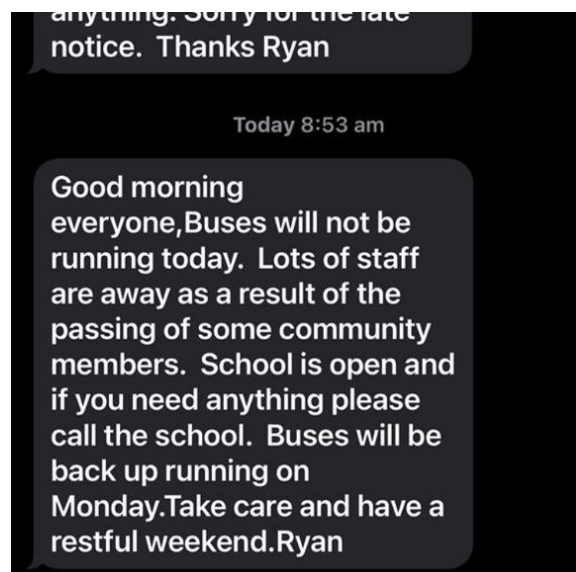




! FAKE SCHOOL BUS CANCELLATION TEXTS !

Busways has been informed that some parent/guardians from selected schools have received fake texts advising their school bus service has been cancelled.

Please be aware that these text messages are not sent from Busways, and all school bus updates would be informed to schools via a phone call and email from your local depot and or Busways Customer Service team.



For updates on route services that also service school areas, visit the [Busways website](#).

If you have received a text message and are unsure, please contact our Customer Service number on 1300 692 929.

NSW Department of Education



Compulsory school attendance

Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

What are my Legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age of 17 years. The Education Act 1990 requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the NSW Education and Standards Authority for home schooling.

Once enrolled, children are required to attend school each day it is open for students.

The Importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

education.nsw.gov.au



ATTENDANCE

NSW Department of Education

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An Application for Extended Leave may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.

My child won't go to school what should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department of Education may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

- Application to the Children's Court – Compulsory Schooling Order

If your child's attendance at school remains unsatisfactory the Department may apply to the Children's Court for a Compulsory Schooling Order. The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

- Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

What age can my child leave school?

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

Working in Partnership

The NSW Department of Education recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.

education.nsw.gov.au

ATTENDANCE

NSW Department of Education

Days missed = years lost

A day here and there doesn't seem like much, but...



More information

Further information regarding school attendance can be obtained from the following websites:

Policy, information and brochures:

Please visit the Department of Education's Policy Library AND The Department's Attendance Matters Website

The school leaving age:

Please visit the Department of Education's Wellbeing and Learning website

Do you need an interpreter?

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on **131 450**. You will not be charged for this service.



education.nsw.gov.au

TERM 1, SRC REPORT

The SRC and Prefects have been busy working out our events/Fundraisers for 2023. Our first event for this year will be a school social. We have not had school socials for many years at Coffs Harbour High and would like to bring them back, so we are hoping for your support. Many teachers have given up their time to support this event and we thank them for doing this to allow it to run.

This event will be held on **Friday 17th March** at school in the hall. To attend you will need to bring back a permission note and pay \$10.00 at the school office.

The school social begins at 6.00 pm (doors open at 5.45 pm) and ends at 9.00 pm sharp. The doors will be closed at 6.10 pm for security reasons. If your child is arriving late or leaving early, they must make prior arrangements with Mrs Guthrie, Mrs Austin, or Ms Mead so we can have someone on the door to let them in/out.

The theme for the night is “FAMOUS PEOPLE”. There will be prizes for the best-dressed, best dancing and lucky door prizes. (Students will need to hand in their ticket on entry to be included in the draw – write your name on the back). The social has been organised by the Student Representative Council and will be supervised by staff from Coffs Harbour High School. It will be a fantastic evening and all students are strongly encouraged to attend.

On the night the SRC will be running a canteen with snacks and drinks for you to purchase.

The following week is Harmony Week. This week celebrates Australia’s cultural diversity. In school we celebrate inclusiveness, respect, and a sense of belonging for all Australians, from the traditional custodians of the land to those who have come from many countries around the world.

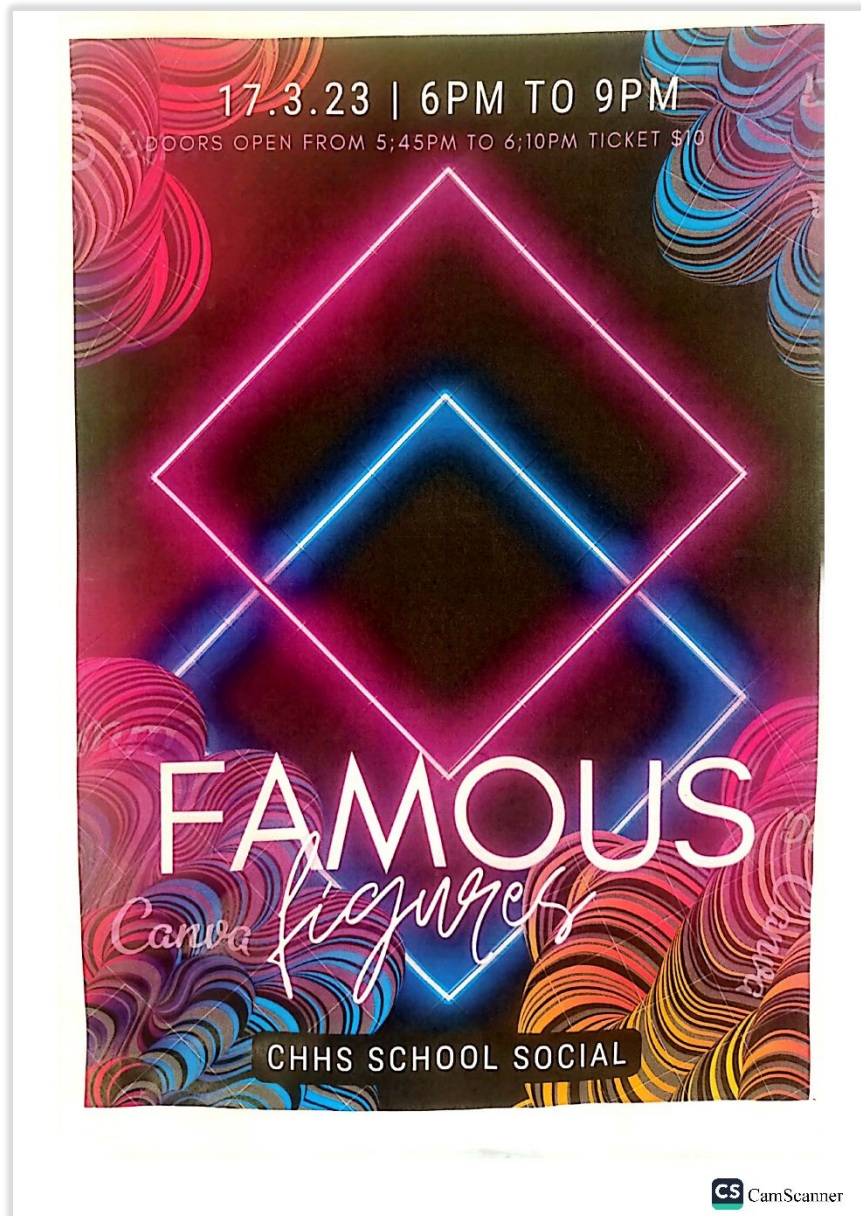
During this week we will celebrate Harmony Day - on **Tuesday 21st March**. We will celebrate with the wearing of either cultural dress or orange. To participate in this mufti, you will need a gold coin donation. This will be collected in Roll call on the day. SRC and Prefects are going to use this money to buy a culturally inspired piece of artwork to be placed in the library as recognition of our diverse culture at Coffs Harbour High School.

This day also falls on a school assembly day, so we are looking for cultural items to be presented. If you have a musical item, poem, traditional dress you would like to exhibit, a dance or any other item related to your culture, please see Mrs Guthrie, Ms Mead, or Mrs Austin.

STUDENT REPRESENTATIVE COUNCIL

Lastly, we will soon be inviting Year 7 to nominate for a position on the SRC. If you believe you are a leader, have ideas to support our school and want to represent your year group, then keep your eye out for a nomination form.

So, we hope to see you at a first school social in many years dressed as your famous person and participating in Harmony Day.



The SRC and Prefect Body

COFFS HARBOUR HIGH SCHOOL

Parents have a big influence on their child's future career.
Got the skills to guide them?



Parents guide to jobs, skills and career conversations

Join career coach experts and local employers to:

- Understand your child's career personality and its impact on their career decision making.
- Take a deep dive into how young people make transitions from education to employment – the wanderers, stragglers, and sprinters.
- Learn about your local economy and career opportunities for young people in the region: PLUS hear direct from local employers about skills in demand.
- Unpack Vocational Education & Training, and its value in skills development.
- Tips, tools and strategies to support your success in that next career conversation.

This workshop is free for all parents of high school aged students in Clarence Valley. Light snacks provided.

BOOK NOW

Please register early, numbers are capped.



Grafton:

Tuesday 28th March 2023

PCYC, 300 Powell Street, Grafton

<https://www.eventbrite.com.au/e/parents-guide-to-career-conversations-grafton-tickets-518348954677>



Coffs Harbour:

Wednesday 29th March 2023

HUB 2, Coffs International Sports Stadium
Stadium Drive, Coffs Harbour

<https://www.eventbrite.com.au/e/parents-guide-to-career-conversations-coffs-harbour-tickets-518371772927>

5.30pm arrive (light snacks)

5.45pm workshop starts

7.45pm finish



This initiative is funded by the Australian Government Industry Training Hub.



LIBRARY NEWS

We've had a wonderful start to the new school year in the Library and it's been lovely meeting new students and welcoming back familiar faces. We've already been getting new shipments of books arriving, with manga, graphic novels and contemporary realistic fiction being the most popular choices so far! All students are encouraged to continue to read regularly throughout the year and are welcome to chat to Ms Montgomery if they need help to find a book they'd like to read.

The Library opening hours are:

Before school: 8:40 - 9:05

Break 1: 11:30 - 11:50

Break 2: 1:50 - 2:10

Students in Years 7 - 10 are welcome to come into the Library during the above times to browse, borrow and read, draw, study or play quiet games such as Uno, cards or chess, or use the computers. Senior students are welcome to use the Library to study any time in the school day that they do not have timetabled classes.

Library Website

Students can access the Library website and catalogue of books by logging into their Student Portal and clicking on 'My School Library', or by going to <https://oliver-11.library.det.nsw.edu.au/4/home/news>

The website shows our new resources, book of the week, recently returned items, and has tips on how to correctly reference assignments. Students can request books they'd like to read for the Library, as well as reserve items and write reviews. House Points are awarded to consistent student borrowers and anyone who leaves a rating or review on a book they have borrowed.

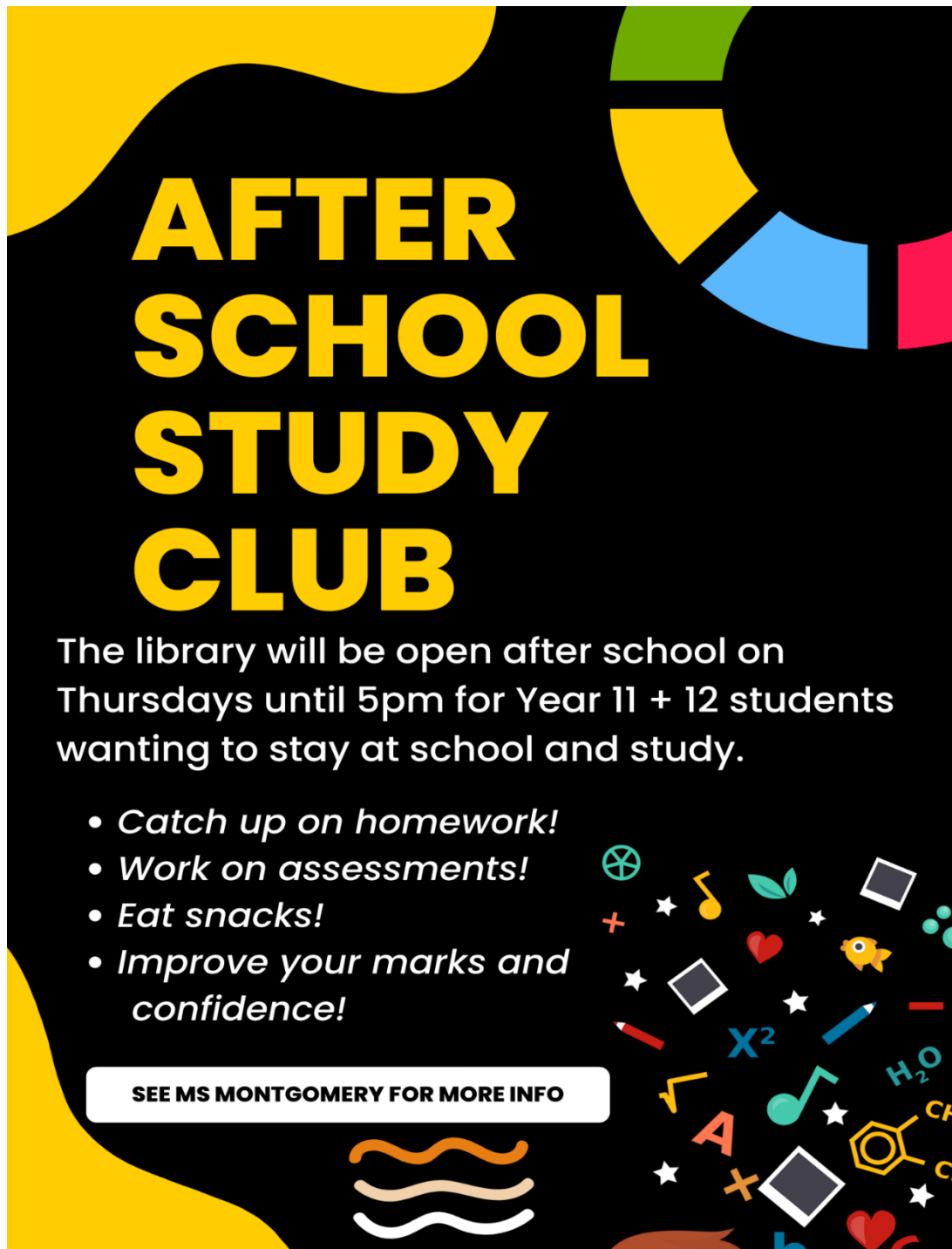
Senior Study Assistance

As part of the Teacher Librarian role, Ms Montgomery is available to work with senior students and provide assistance with their school work, including assessment tasks, for all writing-based subjects including English, History, Society and Culture and more. Assistance can also be provided to senior students in devising study timetables, creating effective study routines and advice on managing workloads. Students are encouraged to see Ms Montgomery in the Library to work out a suitable time to receive assistance.



After-School Study Club in the Library

The Library will also be open on Thursday afternoons until 5pm for students in Years 11 and 12 who would like to study, complete homework and work on assessment tasks.



AFTER SCHOOL STUDY CLUB

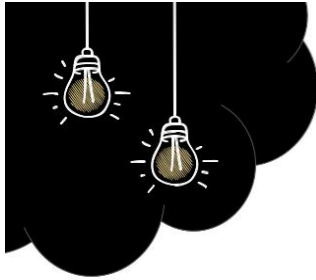
The library will be open after school on Thursdays until 5pm for Year 11 + 12 students wanting to stay at school and study.

- *Catch up on homework!*
- *Work on assessments!*
- *Eat snacks!*
- *Improve your marks and confidence!*

SEE MS MONTGOMERY FOR MORE INFO

What's On?

We have a number of exciting opportunities coming up for students, including the Game Changer Challenge!



Are you *creative*?

A good **problem solver**?

Can you explore issues from **multiple perspectives** and consider **new ways of doing things**?

If so, the **GAME CHANGER CHALLENGE** might be for you!

This design thinking challenge is open to public schools across the state and focuses on exploring solutions for a real-world problem:

Invent or innovate something that will change our world and leave a lasting impact.

Teams of 5 students will work together on a range of design thinking challenges and on finding a solution to their problems.

Virtual heats will be held and then the finals will be in Sydney.

See **Ms Montgomery in the Library** if you'd like to be involved.



DESIGN THINKING PROCESS



EMPATHIZE



DEFINE



IDEATE



PROTOTYPE

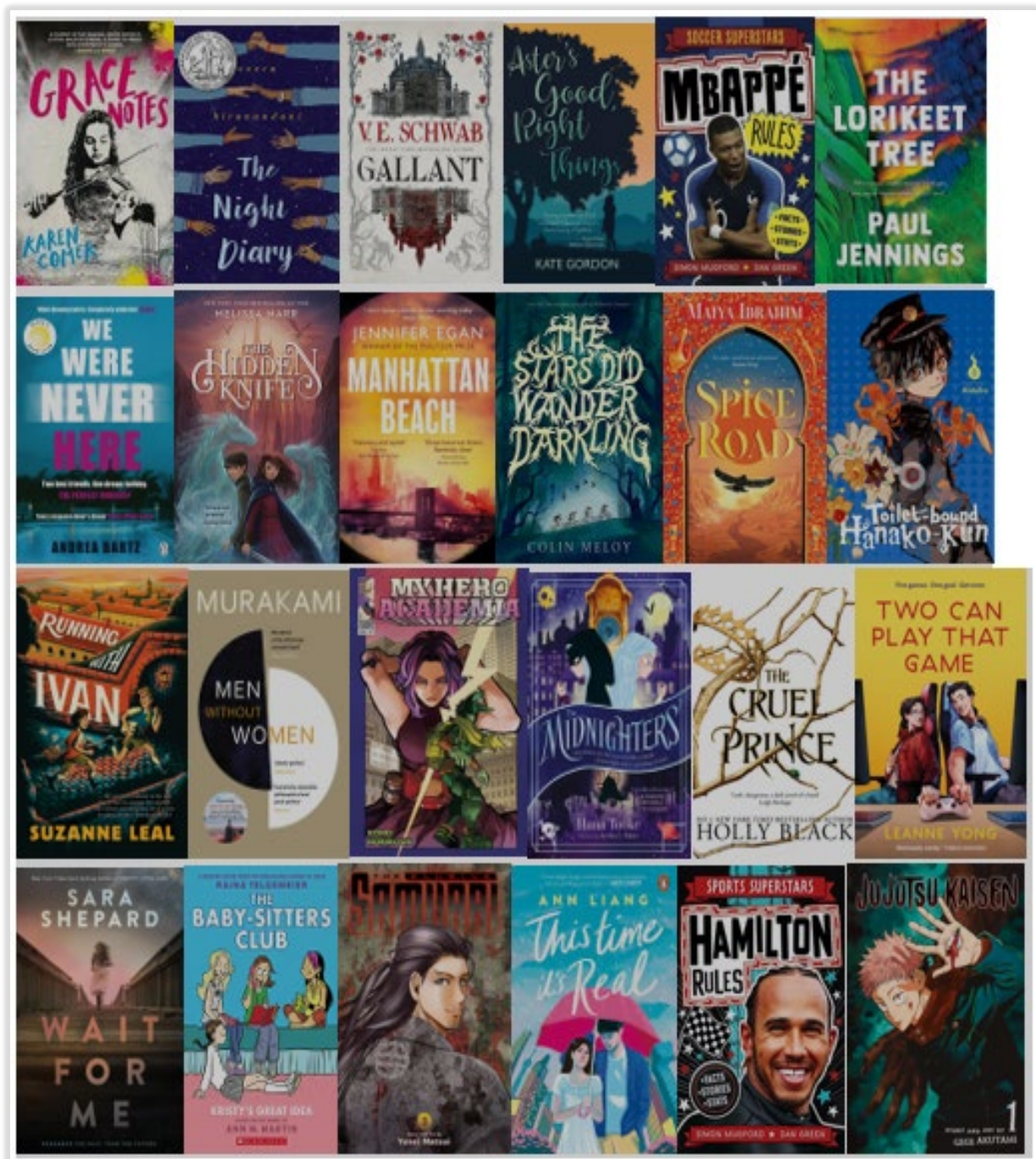


TEST



LIBRARY

NEW BOOKS NOW AVAILABLE FOR BORROWING



Anika Montgomery
TEACHER LIBRARIAN

BOYS TOUCH FOOTBALL

The boys started the day against a red-hot Grafton team that went through the day undefeated. The second game was against Orara, an intense game played at high speed. They played excellently to come away with the win in a close game. They finished the day with two wins, a draw, and a loss. The team displayed excellent sportsmanship and a wonderful team spirit throughout the day.



(in no particular order) Tom Craig, Jayden Chipchase, Zane Guthrie, Noah Cadman, Andrew Martin, Tyler Mitchell, Alex Taylor, Dan Craig, Charlie Morrison, Stanley Morrison

Matthew Valentine

PDHPE TEACHER

SCHOOL SWIMMING CARNIVAL REPORT

What a fabulous day for a school swimming carnival! We had a fantastic turnout with swimmers competing for age champion and to qualify for MNC Swimming. The house captains and the Year 12 students entertained us with house war cries, bright colourful outfits and excellent organisation skills for the relays. It was wonderful to see school spirit amongst the seniors and juniors. Thank you to all students and staff for attending, especially Year 12 and Mr Macdonald for the scrumptious bbq. Let's not forget the Student/ Teacher relay race! The Gallows Teacher Team (comprising of Mr Ven, Mr Uikelotu, Mr Valentine and Mrs Pearce) came 3rd overall, but smashed the other teacher team! Go Gallows!

House Points

| | | |
|-----------------|------------------------------|-----|
| 1st place | Gallows House | 342 |
| Equal 2nd place | Sapphire House and Mccauleys | 270 |
| 4th place | Emerald House | 130 |

AGE CHAMPIONS 2023

Congratulations to the following Age Champions for 2023.

| Age Champions 2023 | Boys | Girls |
|--------------------|----------------|---------------|
| 12 Years | N/A | Zoe Tarlinton |
| 13 Years | Flynn Townsend | Jarrah Onley |
| 14 Years | Leo Tarlinton | Layci Teale |
| 15 Years | Finn Pengelly | Lani Cooper |
| 16 Years | Titan Barry | Lexi Weiley |
| 17 Years | Oscar Croak | N/A |

| | | |
|-----------------------|-----|-------------|
| 12 & Over Multi Class | N/A | Sara Bergen |
|-----------------------|-----|-------------|

SPORT

| Records | Swimmer | New Record |
|-------------------------------|----------------|-------------------|
| Boys 15 100m Freestyle | Finn Pengelly | 59.00 |
| Boys 17 & Over 100m Freestyle | Oscar Croak | 54.32 |
| Boys 15 50m Freestyle | Finn Pengelly | 27.05 |
| Boys 17 & Over 50m Freestyle | Oscar Croak | 25.22 |
| Boys 15 & over 100m Butterfly | Oscar Croak | 1.04.39 |
| Boys 17 & Over 50m Butterfly | Oscar Croak | 27.76 |
| Boys 15 50m Backstroke | Finn Pengelly | 30.92 |
| Boys 17 & Over 50m Backstroke | Oscar Croak | 30.96 |

Multi Class Records

| | | |
|----------------------------------|-------------|---------|
| Women 12 & Over 50m Freestyle | Sara Bergen | 39.36 |
| Women 12 & Over 50m Backstroke | Sara Bergen | 44.98 |
| Women 12 & Over 50m Breaststroke | Sara Bergen | 57.63 |
| Women 12 & Over 50m Butterfly | Sara Bergen | 38.81 |
| Women 12 & Over 100m Freestyle | Sara Bergen | 1.28.14 |

We wish our swim team the best of luck at MNC Swimming.

Jennifer Pearce

PDHPE CHHS Carnivals Coordinator

SPORT



SPORT



STUDENT ACHIEVEMENTS

RURAL AUSTRALIANS FOR REFUGEE CONFERENCE

The RAR is a conference that is held every two years. It is an opportunity for groups to come together, share experiences, learn from each other, and listen to inspiring speakers.

Last year the conference was held at Katoomba, in the Blue Mountains NSW on the 16th-18th September 2022.

Coffs High student Nada Ali attended along with other members of Coffs Harbour's All One Under the Sun group. Nada presented a freestyle poem and led the group in Ezidi dancing. She found the guest speakers inspiring and motivating. It was also encouraging to see others passionate about making change.



Nada Ali

YEAR 12 STUDENT

STUDENT ACHIEVEMENTS



STUDENT ACHIEVEMENTS

ALL SCHOOLS TRIATHLON

Recently the Barry brothers competed in the Combined High Schools Triathlon, with Hudson finishing 2nd and Titan taking out bronze in his age division.

This is a fantastic achievement which should be celebrated. Well done, Hudson and Titan!



Titan Barry – 3rd in Age Division (Photo by Trish Barry)



Hudson Barry – 2nd in Combined High Schools (Photo by Trish Barry)

STUDENT ACHIEVEMENTS

SCHOOL OF ROCK

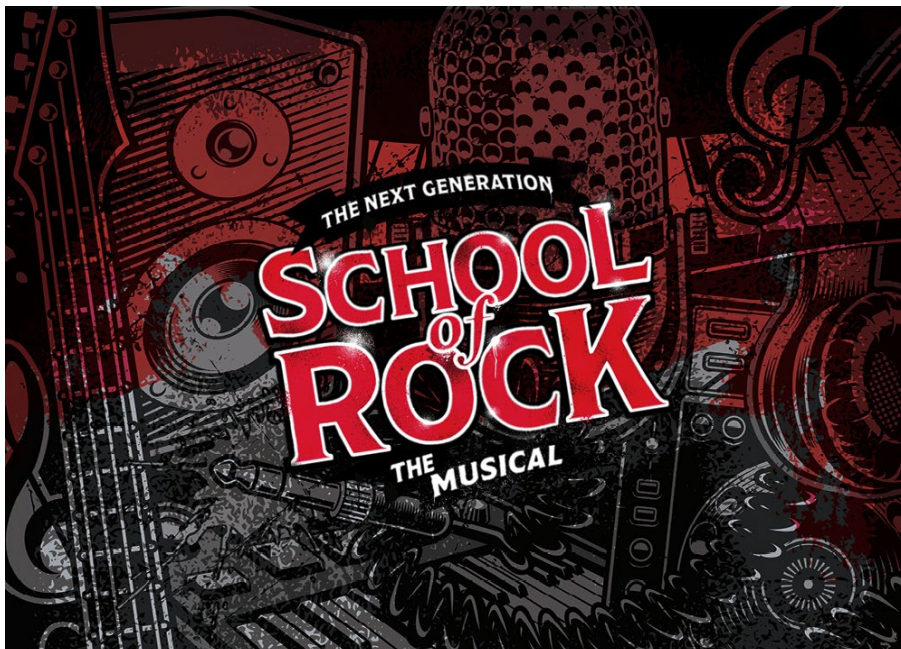
Rock got no reason, rock got not rhyme! You better get me to school on time!

Coffs Harbour High School has two students who have been cast in the local production of School of Rock, Shanaya Pitt (year 10) and Hugo Weiley (year 8).

Shanaya has been cast as Zack Mooneyham, while Hugo has been cast as classroom student James.

The show will be on at the Jetty Memorial Theatre from May 12th - June 4th.

Get your tickets at <https://www.jettytheatre.com/school-of-rock-the-musical/> or by following this QR code:



JOIN NOW



Australian
Air League
NSW Group

NSW GROUP IS NOW ENROLLING



Since 1934 the Australian Air League has been teaching young boys and girls nationwide all about aviation, while helping them develop important life skills like leadership, discipline, self confidence and teamwork. When you join the league you will make new friends and take part in fun and exciting activities, on the ground and in the air.

Each week you will attend your local squadron where you will learn valuable skills and take part in fun and interesting activities and classes. Some of our classes include Meteorology, Navigation, Photography and Community Service. Squadrons also attend training camps, sport and recreational days, flying experiences and ceremonial drill.

We welcome boys and girls from the age of 8 years old from all different cultures and backgrounds. Parents and families are welcome to support or even join their local squadron as a volunteer. All adult members and volunteers are Working with Children Checked.

The Australian Air League is running both a fun and educational programme that is making fine citizens out of our young Australians.

**FOR MORE INFORMATION ON THE AUSTRALIAN AIR
LEAGUE AND YOUR CLOSEST SQUADRON
PLEASE CONTACT**

Email: development.nsw@airleague.com.au
www.airleague.com.au Email: info@airleague.com.au

Free Call: 1800 502 175



COMMUNITY NOTICE



HEALTH4ME

Supporting young people to eat healthy and be physically active, tackling the issues important to YOU!

The Health4Me research study provides support through text messages about physical activity, nutrition and wellbeing. We want to find out if this program can help to improve your health. If you're between the ages of 12-18 and have an active mobile phone, consider joining our study!

All participants will receive a gift voucher for their time completing each of the study activities.



THE UNIVERSITY OF
SYDNEY

This study has received ethics approval from The University of Sydney HREC (approval number 2022/402)

CONTACT US



health4me.study@sydney.edu.au



0468 684 450



health4mestudy.com

COMMUNITY NOTICES

Hi, my name is Beau Klaassen. I am coaching the U18's at the Sawtell Panthers. We have previously always been strong in this age group with bolstering numbers, however, this season we are light on with numbers. I am just putting this out there to see if there were any students who turn 17 or 18 this year and would be interested in playing rugby league for us.

Our training is of a Tuesday and Thursday from 6pm and will finish around 7-7:15pm at Rex Hardaker Oval. Usually, our games are played on a Sunday with the occasional Saturday game throughout the year. Anyone is welcome whether they are new to the game or have played before, we as coaches can and will teach them how to play with proper techniques.

Our first grade coach is Clint Greenshields who has previously played NRL for the Dragons and Cowboys as well as playing in the English Super League.

They or their parents can contact me on 0431 321 360 or via email bklaassen_93@hotmail.com



